



MENTORS

A **FavHER Mentor** is a wise woman who is a devoted follower of Christ that is mature in faith, capable of leading by example and strives to live a godly life through every season. She willingly listens, shares skills, and gives a positive perspective for life experiences. She provides encouragement and sound guidance because she knows the path a little better.

MENTOR QUALITIES

- Respectful Character | Titus 2:3
- Committed to Learn, and Teach | Ezra 7:10
- Prepared and Gentle | 1 Peter 3:15
- Encouraging | Isaiah 35:3,4
- Self-sacrificing | Acts 2:44-45
- Devoted | Galatians 6:2
- Prayerful | Colossians 1:9

MENTOR EXPECTATIONS

- Commit to one-year of mentorship once connected with a young woman.
- Connect weekly with your mentee. Be creative; email, texting, facetime, skype, etc.
- Pray daily for the person you mentor.
- Attend two bi-monthly T2 gatherings each year and consider being a host.
- Participate in community outreach .
- Practice regular devotional time.
- Practice intentional soul-care and self-care.
- Search for someone to mentor you as well as someone for you to mentor.
- Be an ambassador for the FavHER Mentoring Network.
- Maintain a respectable image publicly (work, social media, community) and privately (home, relationships).

MENTOR TRAINING & EVENTS

- Initial in-person mentor training session.
- Annual in-person mentor training.
- Mentor retreats and fellowships.

Woman of FavHER™

Older women are to teach what is good - Titus 2:3-5

MENTOR REQUIREMENTS

Prospective mentors must be recommended by a current WOF mentor or participate in a minimum of three FAVHER events before being connected with a mentee.

MENTOR PRACTICES & TIPS

- Always tell her the truth.
- Talk about yourself. Share your life, thoughts, and struggles.
- Ask lots of questions to engage.
- Be slow to give unsolicited advice.
- Keep favorite books on hand to lend or give away.
- Share the truth in love, without judgment.
- Do not excuse or uphold wrongdoing.
- Never share what your mentee has communicated in confidence.
- Share how you read the Bible and pray.
- Talk about how you deal with temptations to worry or gossip.
- Invite women into your home. Let them see how you run things. Don't try to make your house look perfect.
- If you're married, welcome a single woman into your family, especially on difficult occasions.
- If you're single, model godly relationships with the opposite sex.
- Enlist young women's help in helping others.
- Be generous with praise and encouragement:
- Sit next to a younger woman and ask how she's doing.
- Remember details and ask her about them.
- Write encouraging notes, telling her how you've seen her grow in godliness.
- Ask how you can pray for her.
- Cook a meal with her.
- We are human; talk through disagreements.
- Never put her in a compromising position.

