

WFES NEWS

Strengthening underserved individuals and families; equipping them to effectively lead in their communities.

AWARENESS CORNER

Fear, Stress, and Anxiety on Times of Pandemic

There has been evidence that COVID-19 caused moderate to severe levels of stress and anxiety. Participants between 18 and 30 years of age show the highest distress levels. WFES mentoring relationships addresses these challenges.

Soares, Luciana Adib, University of North Florida



NEW NEWS



FavHER Mentoring Network is a program dedicated to helping young women between the ages of 18-35.

We provide individual and group mentoring with a special emphasis on the personal, spiritual, and emotional well-being of young moms.

[Become a Mentor](#)

NEED TO KNOW

Volunteers Needed

Board Member
Event Coordinator
Event Planner (2)
Researcher

90-day Calendar of Events

6/9: Advisory Council Meeting
6/18: Mommy Mini-Camp
7/7: Advisory Council Meeting
7/30 - Finding FavHER
8/4 - Back-to-School Outreach

In-Kind Donation Requests

LCD Projector
Large storage bins
Tripod
8ft folding table

WHAT WE'VE BEEN UP TO



T2 MENTORING EVENT

On May 21st we hosted a mentoring event where twenty-five girls, young ladies, and women joined together to discuss godly womanhood.



#FEEDJAX4SPRING

On March 10th we provided 380 children at Normandy Village Elementary School with bags of food to last them during the spring break holiday.

WFES Donors & Volunteers,
Your support is invaluable. It enables us to care for, encourage, and strengthen families around the Jacksonville area.

[Visit our Website](#)



**Women and Family
Enrichment**
Services of Jacksonville, Inc.

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