



Arizona Blooms

News from Scottsdale Garden Club

Member of Arizona Federation of Garden Clubs

Pacific Region Garden Clubs

National Garden Clubs

May 2025
Vol 3, No 8

President's Corner |

Carol Parrott



Dear Members,

It has been an honor to be President of Scottsdale Garden Club. I have learned so much from all of you.

I have seen how our club members work together at our FUNdraiser and how they all participate in our signature event, an NGC Standard Flower Show.

But the continued success of our club depends on you. What can one person do? As was suggested at our April meeting, you can use this summer to come up with ideas for new Club projects.

Examples: Sponsor a girl scout troop in earning a "Junior Gardening Badge". Members can assist Scout leaders in the program and purchase the \$3.50 badge.

Library, Senior Center or Nursery presentations are a wonderful way to increase membership. Proven subject winners include Container Gardening, Snowbird Gardening, Native and Desert-Adapted Plants.

I can't wait to hear what ideas you come up over the summer!

Thank you all for two fun years.

With Love, Carol

For
the May 5th, 2025, Meeting
Deadline to Sign up or Cancel:

Wednesday, April 30th, 2025, by Noon
RSVP via Email or Text:
susansalembier14@gmail.com
or 602-743-9133

If you have pre-paid, you **must** cancel, or
your account will be charged.

Pay by Check, Cash or Zelle
(sgcTreasurer100@gmail com)

\$39 per lunch incl tax & tip

May 5th Meeting Preview | Jeanne Isbell

"Annuals – Where, What, When, in the Phoenix Valley"

Elizabeth Tansley will be our guest speaker.

Elizabeth has a degree in Urban Horticulture from Arizona State University and has extensive knowledge about what to plant in our gardens, where to site it, and when to plant for maximum success.

Thought for the Summer | *Climate Change*

"Indeed, if we don't deploy the resources we now wield, many years into the future our story of failure will simply be this:

We understood the threat, we were very smart and exceedingly capable. We had money and we had tools. And we chose not to act."

-Jon Gertner

Mark Your Calendar

May 16-18, 2025

Maricopa County Home & Flower Show
Westworld, Scottsdale

June 2, July 7, August 11, September 8

Summer Informal Lunches
McCormick Ranch Golf Club Restaurant

July 12 – 14, 2025

Maricopa County Home Show
State Farm Stadium

October 6, 2025

Scottsdale Garden Club Lunch & Meeting
McCormick Ranch Golf Club 11:30–2:30pm



Horticulture Tidbit | *Judy Shelton*



Mexican Flame Vine

Pseudogynoxys chenopodioides
(syn. *Senecio confusus*),
commonly known as

Mexican Flame Vine, orange-flowered groundsel, and orange glow vine, is a climber in the family Asteraceae, native to Central America and the West Indies.

This vigorous vine features thick evergreen, deep green leaves and bright orange daisy-like flowers, which bloom in clusters throughout the year.

I received cuttings of this plant from one of our garden club speakers about a year and a half ago. Initially, I started the cuttings in water until roots appeared, then planted them outside next to a six-foot trellis.

The vine now covers the trellis, winding around it multiple times, and continues to bloom bright orange blossoms. It thrives best in full sun.



The Mexican Flame Vine is a pollinator magnet, low maintenance, and suitable for beginner gardeners and those with less commitment.

I am happy to share cuttings.



May Birthdays



Happy Birthday Members!

Rea Heesch	May 1
Joan Yagoda	May 4
Sally Bradford	May 16

Arbor Day 2025 | Tree Planting

On Friday, April 25, Scottsdale Garden Club celebrated Arbor Day by planting a live oak tree at Comanche Park in Scottsdale.



Councilwoman **Maryann McAllen** read Mayor **Lisa Borowsky's** Arbor Day Proclamation and introduced SGC's President **Carol Parrott**.

Following the tree planting, the SGC members (pictured below) met up at Luci's at the Grove for coffee/breakfast.



Meeting Minutes | Joan Yagoda

McCormick Ranch Golf Club
April 7, 2025



The meeting was called to order at noon by our president, **Carol Parrott**.

We celebrated the April birthday of our incoming president **Jeanne Isbell**.

Adorable Easter Tablescape, featuring decorated fabric holders and Kalanchoe plants, were crafted by **Evie Campbell** and **Barbara Mlnarik**.

Evie Campbell's spring blessing included wishes for peace.

Our speaker was **Dr. Jenna Dye** (a Naturopathic and Conventional Family Practice Physician) discussing Seasonal Allergies.

Her suggestions for allergy relief included an air purifier, food modifications, clean beauty and cleaning products and managing stress (which negatively affects the immune system) by exercising regularly, getting enough sleep and having healthy relationships. Her diet recommendations were incorporating green leafy veggies and oxidant rich fruits while avoiding dairy products and processed and sugary foods.

To boost the immune system, she suggested daily Vitamin C, local raw honey and a saline rinse such as a neti-pot.



Supplements and herbal remedies that can be beneficial are: Vitamin D, Vitamin B12, Magnesium, Quercetin, NAC, Bromelain and Stinging Nettle. Recommended herbs were thyme, echinacea, chili peppers and nasturtium.

Dr. Dye's presentation was interesting and informative, especially since spring allergy season is upon us.

March Minutes were approved.

Susan Salembier presented the Treasurer's report. **Jen Donovan** motioned, and **Nancy Jones** seconded a motion reinvesting our CD for another 6 months. For Arbor Day Friday April 25, SCG will be participating in planting a Live Oak in Comanche Park, 7639 Paseo del Norte, Scottsdale 85258. If you would like to attend please get in touch with **Susan Salembier**.

Diane Davis is collecting hygiene items and socks for Homeless Veterans. Also, she suggested sending a card to **Sofia Gawron** who recently had surgery.

We had a Horticulture Moment with **Carol Parrott** featuring Bougainvilleas.

Judy Kennedy gave us an update about the upcoming AFGC State Convention. She highly recommended attending a demo and a workshop given by **Brent Leech** on Sunday April 27th. Details are on the AFGC website azgardenclubs.com.

Meeting was adjourned at 2:45PM.

Treasurer's Report | Susan Salembier

February 1 – March 31,
2025



Starting Balances (01/01/25)

Checking/Savings \$7,247.49 / \$879.07

INCOME

Table Centerpieces	82.00		
Plant a Tree Collection	49.00		
<u>Dues</u>	<u>30.00</u>		
TOTAL INCOME	161.00	/	0.01

EXPENSES

Speaker Fee	50.00		
<u>Flower Show</u>	<u>1,333.72</u>		
TOTAL EXPENSES	1,383.72	/	0.00

Ending Balances (03/31/2025)

Checking/Savings	\$5,478.00 / \$879.08
CD	\$6,275.66

LUNCH RECONCILIATION

Prepays as of Jan 31	\$ 1,431.76
Feb/March Income	+1,443.00
<u>Members' Lunches</u>	<u>-1,989.77</u>
Prepays as of Mar 31	\$ 767.61



Gallery | *Susan Salembier, Photographer*

Susan Salembier spent a day exploring Lyon Arboretum, nestled at the upper end of Manoa Valley, just 5 miles from Waikiki Beach in Hawaii. It's a nearly 200-acre research unit of the University of Hawaii. She shared these pictures.

"The lush, terraced hillsides were overpowering to us desert dwellers. Some areas were highly manicured. Others, jungle-like. We felt dwarfed by the sprawling buttress roots of the myriad trees. Of course, bird chatter abounded. There were many varieties of orchids which were cultivated in huge swaths. A Buddha statue's hand position signified teaching or reassurance."



