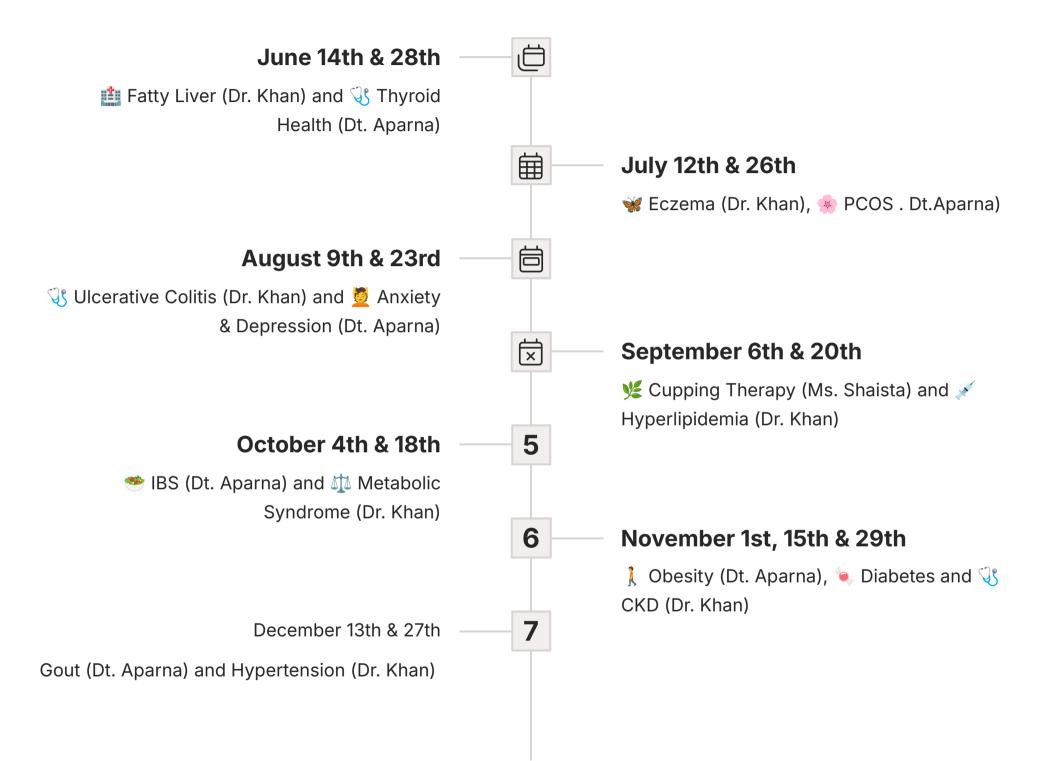


# **Complete Webinar Schedule 2025**



All webinars will be held from 6:00 PM to 7:00 PM IST on their scheduled dates. Join our expert speakers Dr. Khan, Ms. Aparna, and Ms. Shaista as they share valuable insights on these important health topics throughout 2025.



## Learn & Earn Training Calendar 2025

Join our comprehensive series of health webinars featuring expert speakers Dr. Khan, Dt. Aparna, and Ms.Shaista as they cover a wide range of important health topics throughout the year.

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### **June Webinars**

DATE	🕰 Time (IST)	TOPIC	o SPEAKER
June 14th	6:00 PM - 7:00 PM	Fatty Liver	Dr. Khan
June 28th	6:00 PM - 7:00 PM	😗 Thyroid Health	Dt. Aparna



# **July Webinars**

DATE	🕰 Time (IST)	TOPIC	o SPEAKER
July 12th	6:00 PM - 7:00 PM	🦋 Eczema	Dr. Khan
July 26th	6:00 PM - 7:00 PM	🌸 PCOS	Dt. Aparna

#### Eczema Webinar

Dr. Khan will discuss causes, symptoms, and treatment options for eczema on July 12th.

#### **PCOS Webinar**

Ms. Aparna will cover polycystic ovary syndrome management on July 26th.

### **August Webinars**



DATE	🕰 Time (IST)	TOPIC	စြ SPEAKE R
Aug	6:00 PM -	🕄 Ulcerative	Dr. Khan
9th	7:00 PM	Colitis	
Aug	6:00 PM -	Depression	Dt.
23rd	7:00 PM		Aparna

Join our August webinars focusing on digestive health and mental wellbeing. Dr. Khan will present on Ulcerative Colitis on August 9th, while Dt. Aparna will discuss Anxiety & Depression on August 23rd. Both sessions run from 6:00 PM to 7:00 PM IST.



# **September Webinars**



DATE	🕰 Time (IST)	TOPIC	👩 SPEAKER
September 6th	6:00 PM - 7:00 PM	🌿 Cupping Therapy	Ms. Shaista
September 20th	6:00 PM - 7:00 PM	💉 Hyperlipidemia	Dr. Khan



#### **Cupping Therapy**

Ms. Shaista will introduce the traditional practice of cupping therapy and its potential health benefits on September 6th.



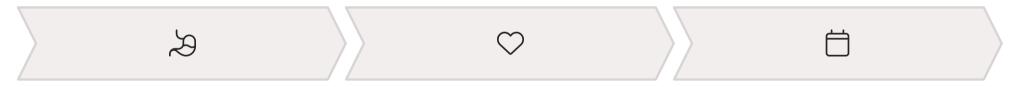
#### Hyperlipidemia

Dr. Khan will discuss the management of high cholesterol and lipid disorders on September 20th.



### **October Webinars**

DATE	🕰 Time (IST)	TOPIC	👩 SPEAKER
October 4th	6:00 PM - 7:00 PM	🥗 IBS	Ms. Aparna
October 18th	6:00 PM - 7:00 PM	🎶 Metabolic Syndrome	Dr. Khan



#### **IBS Webinar**

Ms. Aparna will discuss Irritable Bowel Syndrome on October 4th from 6:00 PM to 7:00 PM IST.

#### Metabolic Syndrome Webinar

Dr. Khan will present on Metabolic Syndrome on October 18th from 6:00 PM to 7:00 PM IST.

#### Registration

Register for these important digestive and metabolic health webinars to secure your spot.



## **November Webinars**

DATE	🕰 Time (IST)	TOPIC	6 SPEAKER
Novembe	6:00 PM	)	Dt.
r 1st	- 7:00 PM	Obesity	Aparna
Novembe	6:00 PM	🍬	Dr. Khan
r 15th	- 7:00 PM	Diabetes	
Novembe r 29th	6:00 PM - 7:00 PM	S CKD	Dr. Khan



Our November webinar series focuses on metabolic health and its complications. Ms. Aparna will present on Obesity management on November 1st, followed by Dr. Khan's presentation on Diabetes on November 15th. The month concludes with Dr. Khan discussing Chronic Kidney Disease (CKD) on November 29th. All sessions run from 6:00 PM to 7:00 PM IST.



### **December Webinars**

DATE	🕰 Time (IST)	TOPIC	👩 SPEAKER
December 13th	6:00 PM - 7:00 PM	🚶 Gout	Dt. Aparna
December 27th	6:00 PM - 7:00 PM	🍬 Hypertensio n	Dr. Khan



Our December webinar series focuses on Gout and its treatment, present by Ms. Aparna. The month concludes with Dr. Khan discussing on Hypertension on December 27th. All sessions run from 6:00 PM to 7:00 PM IST.