

BACKGROUND

PROFESSIONAL & RESEARCH INTERESTS

I am a thoughtful, critical, and committed social impact leader who has advocated to develop, implement, and advance more accessible, equitable, and inclusive spaces in social, academic, and professional settings. This perspective allows me to critique global and local configurations of power, navigate complex social and cultural issues, and work at the intersections of equity, policy, racial justice, mental wellbeing and anti-oppression ideology. In the next 5 years I hope to combine my analytical and clinical skills to engage in interdisciplinary approaches to researching psychoactive drugs in humans. Ultimately, my goal is to investigate the efficacy of psychedelic substances in facilitating transformative emotional and psychological shifts in sense of self for Black Americans which will hopefully give way to enduring changes for long term well-being.

Research Interests:

- ❖ *Racial Trauma & Psychedelics*
- ❖ *Existential Psychotherapy*
- ❖ *Psychological Consequences of Trauma*
- ❖ *Roles of Authenticity & Selfhood in Wellbeing*
- ❖ *Social Determinants of Health*
- ❖ *Health and Access Disparities*

EDUCATION

Bachelor of Arts in African Diaspora Studies | DePaul University, 2016

Master of Arts in Critical Ethnic Studies | DePaul University, 2019

➤ *Final Portfolio: Race, Intersectionality, Self Care, and Defying Silence (Advisor: Dr. Ann Russo, PhD)*

Master of Clinical Social Work | University of Maryland, Baltimore, 2022 | GPA 3.9

- *Behavioral Health Workforce Integration Service & Education (BHWISE) Fellow*
- *Behavioral Health Specialization: My specialization allowed me to gain an understanding of the ongoing integration of mental health, substance abuse and somatic health taking place at multiple levels from clinical practice to social policy.*
- *While developing competencies in evidence-based practices, I was also able to incorporate my research interest in psychoactive treatment as an emerging intervention through courses like: Advanced Clinical Interventions, Mental Health and Social Policy, Integrated Behavioral Practice, Clinical Social Work Practice: Adult Trauma, and Psychopathology*

LICENSURE

- **Licensed Master Social Worker (LMSW)** | Maryland State Board of Social Work Examiners
Date Issued: July 15, 2022
Current #28885

PUBLICATIONS

- 2020** **The Superior Solution: Early Learning Literacy Curriculum**
Co-Founder & Program Leader (Baltimore County Public Schools)
A curriculum is informed by a variety of anti-racist initiatives to address educational and societal inequities.
- 2021** **The Grim Reaper's Rifle: Poems, Stories, & Essays**
Self Published
- 2022** **Unloveable Pt. II**
Finding Paradise: A Black Mental Health Anthology (Mural Arts Philadelphia)

INTERNSHIPS & RESEARCH POSITIONS

University of Maryland School Mental Health Program | 07/2021 - 07/2022

Role:

School Social Worker

Program Description:

Through the provision of school mental health services, the University of Maryland School Mental Health Program (SMHP) seeks to enhance the learning environment of Baltimore City Public schools by removing the barriers to learning and actively promoting the social, emotional, and behavioral well-being of students.

Research Skills, Services, & Responsibilities:

- Record and Monitors Service Plan
- Clinical Data Management (Case Report Form designing, Data-entry and Validation, Data discrepancy management, and Goal Attainment Scaling, Telemental Health, Diagnostic evaluations)
- Program Evaluations (Formative, Process/Implementation, Outcome/Effectiveness, Impact, and Summative)
- Clinical Practice (Building Rapport, Individual, group, and family therapy, Crisis interventions, Teacher consultations)
- Support programs (prevention programs for substance abuse, Mental health education for teachers, families and classrooms, Supporting parents in building competencies, connecting families to needed resources)

Baltimore's Promise (GRADS2CAREERS) | 06/2020 - 07/2021

Role:

Mental Health Social Impact Intern

Program Description:

My role in the 'GRADS2CAREERS' initiative included working to establish a pathway for recent BCPS Graduates (who are not planning to enter college full-time within the next year) into career-track jobs in growing industries, on the path to a family-supporting wage.

Research Skills, Services, & Responsibilities:

- Record and Monitors Service Plan
- Clinical Data Management (Case Report Form designing, Data-entry and Validation, Data discrepancy management, and Goal Attainment Scaling, Telemental Health, Diagnostic evaluations)
- Program Evaluations (Formative, Process/Implementation, Outcome/Effectiveness, Impact, and Summative)
- Clinical Practice (Building Rapport, Individual, group, and family therapy, Crisis interventions, Teacher consultations)
- Handled outreach and recruitment for potential participants
- Conducted phone screens to recruit
- Collected & manage paper-based and electronic self-report questionnaires

The Office of Multicultural Student Success, Depaul University | 09/2016 - 07/2018

Role:

Graduate Research Intern

Program Description:

OMSS works to improve the retention and graduation rates of students of color and first-generation students, students who demonstrate financial need, undocumented students and students with marginalized genders and sexualities.

Research Skills, Services, & Responsibilities:

- Drafted literature reviews
- SQL/Advanced Spreadsheets
- People Analytics
- Manipulating and analyzing data sets to distill insights and convey insights to institutional leaders
- Data Management: Set, execute, and measure progress on diversity, equity, and inclusion goals (Types of Data demographic representation, attrition, promotion, and survey responses)
- Oversight of the college transition program
- Handled outreach and recruitment for potential participants
- Conducted phone screens to recruit
- Collect & manage paper-based and electronic self-report questionnaires

PRESENTATIONS

- 2015** **Sharing Social Knowledge: Sociology Undergraduate Research Conference**
Depaul University
- 2016** **Professional Development Symposium**
Depaul University
- 2021** **Anti-Racism in Family Science: Introspection, Application, and Integration**
- 2022** *National Council on Family Relations Annual Conference*
- 2023** **DEI: From Community Engagement to Policies & Procedures**
Maryland Municipal League (Fall Conference)
- Black Author Book Festival (Presenter)**
Planet Word Museum (Washington D.C.)
- DEI Program Evolution amidst Changing Leadership**
Maryland Municipal League (Summer Conference)

AWARDS, HONORS, & FELLOWSHIPS

- 2013** **Dean's List**
Depaul University (Multiple Quarters)
- 2014** **The National Society of Leadership and Success, Sigma Alpha Pi Nominee**
Phi Sigma Pi National Honor Fraternity
- Universal Woman Scholarship Award**
Epsilon Delta Chapter of Lambda Theta Alpha Latin Sorority, Incorporated
- 2015** **Ronald E. McNair Post-Baccalaureate Achievement Program**
Depaul University
- National Society for Collegiate Scholars**
Depaul University
- 2016** **College of Liberal Arts and Social Sciences: Outstanding Senior Award**
Depaul University
- 2020** **Pamela and John Corckran Scholarship Fund Award**
The University of Maryland, Baltimore (School of Social Work)
- James & Sylvia Earl Scholarship Fund Award**
The University of Maryland, Baltimore (School of Social Work)
- 2021** **The Behavioral Health Workforce Integration Service & Education (BHWISE) Fellowship**
The University of Maryland, Baltimore (School of Social Work)
- 2023** **The City Manager 's Award**
The City of College Park

Kayla Aliese Carter, LMSW kaylaliese@gmail.com
She/Her/Hers Baltimore, Maryland

LEADERSHIP & AFFILIATIONS

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| 2013 | Community Peacemakers (CPM) Program (Student Teacher)
<i>Depaul University</i> |
| 2015 | Alpha Kappa Alpha Sorority, Inc.
<i>Tau Mu Chapter, Depaul University</i> |
| 2017 | Black Graduate Student Association (BGSA)
<i>Depaul University</i> |
| 2020 | National Association of Social Workers (NASW) |
| 2021 | The Alliance for Anti-Racist Social Work Practitioners, CoChair
<i>The University of Maryland, Baltimore (School of Social Work)</i> |
| 2022 | Council of Governments (COG)
<i>Metropolitan Washington</i>

The Government Alliance on Race and Equity (GARE) |
| 2023 | The City of College Park's Restorative Justice Commission
Prince George's County Human Trafficking Task Force |

PROFESSIONAL EXPERIENCE

Racial Equity Officer · *The City of College Park [May 2022 - Current]*

As the city's 'Racial Equity Officer' I provide guidance on government policies and practices that have negatively impacted specific populations and then establish processes to implement, support, and sustain plans and actions to advance racial equity in the city's communities. Additionally, I also chair College Park's GARE (Government Alliance on Race and Equity) Cohort, serve as staff liaison for the city's 'Restorative Justice Commission', and most importantly, advocate for and work on behalf of the citizens of College Park who have been victimized by unjust policies and practices.

Research Skills & Responsibilities:

- *Intersectional data collection and analysis, moving away from research that simplistically presents women, LGBTQI2S or other groups as homogenous.*
- *Tracking how initiatives with good intentions, even those that have demonstrated traction and progress, created unintended outcomes — both positive or negative.*
- *Balancing multiple high priority initiatives/project management*
- *Program Evaluation*