SIMPLE SHOELACE SOLUTION

Stand behind

Stand Behind the Child

it is best to have the shoe off the foot, on a table and to stand directly behind the child. To provide gentle prompting,

Highlight laces

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Use tape on one lace or use specialised two-coloured laces to make it easier to distinguish and easier to provide instructions (e.g. blue side over red)

Offer praise

Offer Praise at Each Step

Reinforce each step with positive feedback, focusing on effort. Try comments like, “Great job crossing those laces!” or “You’re doing awesome making that bunny ear!”

Establish instructions

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Using the same instructions for each step is vital. Tailor them to the child’s understanding. This also helps you track which steps they know to monitor progress.

Select learning style

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Adapt to the child’s preferred learning style. If helpful, create a short, personalised video or image sequence of the process.

Julia Kelly
Independent Milestones
Paediatric Occupational Therapy

www.independentmilestones.com.au