

## WHAT MIGHT GOD DO IF WE JUST PRAYED?

This isn't the end; it's just the beginning. Samuel Chadwick said, "The greatest answer to prayer is more prayer." We have seen God answer our prayers. But that has only increased our awareness of our need for his intervention in our lives. He has delighted us and satisfied us with his great love. Praying has called us to pray even more.

Jesus made an astounding promise to us: "You did not choose me, but I chose you and appointed you so that you might go and bear fruit—fruit that will last—and so that whatever you ask in my name the Father will give you" John 15:16. God chose us to bear fruit and bring him glory. He promised to hear and answer when we pray. What would it look like for you to continue to call out to God for his people and his purposes in the world?

We want to encourage you to continue some of the disciplines you've developed over the last few weeks. Maintain a set time to pray each day. Commit to fasting as you continue to seek God. Keep a prayer journal, writing out your prayers.

Participate in prayer gatherings like the Women's Prayer Meeting and Men's Prayer Breakfast. Print out the 21 Days of Prayer & Fasting guide and work through it again. There's too much at stake for us to stop now.

Let's pray.

# 21 DAYS OF PRAYER & FASTING

# A GUIDE TO PRAYER & FASTING

## PRAYER

Throughout the 21 days, you will be praying for specific areas in your life, our church, and our mission. Each day we'll pray for a specific ministry or event at Second Baptist Church. Let's put our faith into action, trusting in the promises of God for us and our church. Below are helpful tips on how to use this guide.

- Commit to a specific time each day to devote to prayer. Find a place where you can be free of distractions and alone with God.
- Use this information to focus and fuel your praying. Write the Scripture and reflection questions on a card and carry it with you. Use them daily and invite others to join you in praying.
- Journal your prayers each day. Pray with friends or members of your Bible Study Group. Pray together as a family.

## FASTING

Why do we fast? Simply put, the goal of fasting is to turn ourselves from worldly things and set our minds and hearts fully on God. It is not a way to manipulate God or coerce him to hear and answer our prayers, but rather it acknowledges our complete dependence on him. Fasting awakens us to the reality that we are so often driven by our fleshly desires and appetites. It humbles us and awakens us to our great need for and reliance on God. As you consider fasting, we want to encourage you to listen to the Holy Spirit. Ask God to lead you in this time of seeking his face. Below are some fasting options.

- A selective fast, eliminating certain things from your diet.
- A partial fast, which is refraining from eating for a set period of time each day.
- A complete fast, refraining from eating and only drinking liquids for particular days or even an extended period of time.
- If fasting from food is not possible, consider fasting from something else, such as social media, television, or certain times or activities on your cell phone.

**READ** the passage below.

**REFLECT** and reflect on the following questions: What part of your spiritual journey does this passage cause you to remember? What sin does this passage bring to mind that you need to repent of? What action step does this passage lead you to take?

**PRAY FOR** the ministry or event listed.

DATE	READ	PRAY FOR
JANUARY 14	PSALM 19	DADDY DAUGHTER DANCE   FEB 3
JANUARY 15	PSALM 139	THE BRIDGE BIBLE STUDY   FEB 21
JANUARY 16	REVELATION 7:9-17	WHAT'S AT STEAK   MAR 1
JANUARY 17	JOHN 1:1-18	MAUNDY THURSDAY   MAR 28
JANUARY 18	ISAIAH 9:1-9	EASTER   MAR 31
JANUARY 19	ISAIAH 6:1-8	SPROING CAMP   APR 12-13
JANUARY 20	PHILIPPIANS 2:5-11	WOMEN'S RETREAT   MAY 17-18
JANUARY 21	COLOSSIANS 1:14-20	VBS & VBS XTREME   JUN 17-21
JANUARY 22	HEBREWS 1:1-4	GUATEMALA MISSION   JUNE 29-JUL 6
JANUARY 23	LUKE 2:1-20	YOUTH CAMP   JULY 15-19
JANUARY 24	PSALM 66	CHILDREN'S CAMP   JULY 22-26
JANUARY 25	PSALM 67	COLLEGE DAY   OCT 13
JANUARY 26	NEHEMIAH 12:27-43	COM THANKSGIVING MEAL   NOV 24
JANUARY 27	JOB 38:1-20	CHRISTMAS EVE SERVICE   DEC 24
JANUARY 28	JOB 38:21-40	THE PARK & KIDVILLE
JANUARY 29	GENESIS 1:2-3	412 STUDENT MINISTRY
JANUARY 30	PSALM 24	WOMEN'S MINISTRY
JANUARY 31	EZEKIEL 1	MEN'S MINISTRY
FEBRUARY 1	REVELATION 5:8-14	BARNABAS 55+ MINISTRY
FEBRUARY 2	REVELATION 21	WIDOW MINISTRY
FEBRUARY 3	ISAIAH 40:1-5	BIBLE STUDY GROUPS

**DOWNLOAD THE PRAYER GUIDE AT [JAXSBC.ORG/21-DAYS](http://JAXSBC.ORG/21-DAYS)**