



# High Kick Technique Clinic Summer 2024

## Taught by Mrs. Page

**Hosted by Melissa Page & Kathryn Dobrow**



**Date:** Tues. June 25, 2024

**Time:** 1:30 pm - 3:00 pm

**Location:** **Carroll Senior High School**

**Ages:** 6<sup>th</sup> - 12<sup>th</sup> grade

**Cost:** \$100.00

**Attire:** T-shirt & shorts or dance attire with either tennis shoes or jazz shoes.

**Questions:** Email Kathryn Dobrow: [dobrowk@icloud.com](mailto:dobrowk@icloud.com)

- ❖ Learn the correct way to do high kicks, as well as stretches that will help increase flexibility for kicking.
- ❖ Practice using correct technique in both across the floor and kick combinations.
- ❖ Please bring a water bottle or a water jug with the dancer's name on it.

**Registration: Online through**  
[www.emeraldbelles.com](http://www.emeraldbelles.com)