

Lemonade Life Coaching

General Coaching

When you just need to talk to someone who's on
your side

I need some direction

How do I set goals?

I feel stuck

I need someone to hold me accountable

Where do I go from here?

I need someone who can relate

I feel lost

I need someone who gets me

Where do I begin?

What's Included:

Personal journal

Customized workbook

Personalized coaching tools

Weekly sessions

\$75/session

Chrissi Nappe

720-340-8455

www.lemonade-life-coaching.com

[chrissi@lemonade-life-](mailto:chrissi@lemonade-life-coaching.com)

coaching.com