

# BENDIGO

Australia



## Y Service Club of Bendigo Inc

*"To acknowledge the duty that accompanies every right"*

### Golden City Bulletin April 2020



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**Dinner + Programs:**  
Thursday 6:30 pm  
Strathdale Community  
Centre  
Crook Street, Bendigo

First meeting of the month  
is the business meeting

**President:** Colin Lambie  
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Editor Next Month:  
Colin Lambie

#### Contents:

EDITORIAL.....	1
Ten ways to reduce your risk of <i>Coronavirus</i> .....	2
Birthdays this month .....	2
Anniversaries .....	2
Our Club's time with our IEO's .....	2
Evening with The IEO's on Friday 28thFeb .....	3
Film Night April .....	3
April 2020 Programs .....	4
Programs for June .....	4
Coronavirus a wakeup call. .....	4

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### EDITORIAL

#### Why do we continue to attend our Club?



As service clubs in developed countries struggle to remain relevant and viable quite the opposite is occurring in developing nations.

While we struggle to count our total region's membership in hundreds it is clubs that are numbered in hundreds in regions in several developing nations.

Many reasons are suggested regarding why this should be so but attempts to reverse the loss of members frequently bear little fruit.

Drawing on experiences of local clubs in our own organization one notable feature has been that clubs that are unable to sustain their projects seem to lose members quite rapidly.

Could it be that projects provide tasks that become the responsibility of individual members who see themselves as part of a team that is depending on each person accepting responsibility for their allotted tasks that bring us together on a regular basis? Then these gatherings become the social settings from which benefits of togetherness, a sense of brotherhood and the fellowship that follows. Is it perhaps the duties and responsibilities not the associated social benefits that keep us coming to our clubs on a regular basis.

Using the Bendigo club, my club, as an example, I find myself wondering whether friendships made, club

programs and regular Thursday evening meals would have been sufficient to keep me involved on a weekly basis for 45 years. For me personally, it has been the opportunity to serve the club and in turn the wider community as a member of a team of like-minded people that makes a significant contribution to our local community that has sustained me through those long years.

As the line in the prayer of St Francis states, "it is in giving that we receive". Those valued friendships, the social interaction, the sense of belonging, in fact, one's "raison d'être" (purpose for someone's existence), all stem from getting involved. And it is these benefits that have been proven to be so beneficial to one's physical and mental wellbeing, particularly for those in their older years.

Club projects provide a range of tasks, some organizational, some physical, some weekly, some annually: so there is something that every member is capable of so they can all feel that they are part of the team.

The benefits of club projects are very positive and provide a focus for so much of the life of a club and, as funds raised are dispersed into the community, the giving goes on to create a range of positive outcomes in the wider community.

So I suggest that maintaining club projects provides a very important contribution towards the longevity of the club itself.

RG.

## Ten ways to reduce your risk of *Coronavirus*

**Wash** hands often with soap and running water, for at least 20 seconds. **Dry** with paper towel or hand dryer.

**Try** not to touch your eyes, nose or mouth.

**Cover** your nose and mouth with a tissue when you cough or sneeze. If you don't have a tissue cough or sneeze into your upper sleeve or elbow.

**Isolate** yourself at home if you feel sick. If you take medication ensure you have adequate supplies.

**Phone** your GP first if you need medical attention. They will tell you what to do.

**Continue** healthy habits: exercise, drink water, get plenty of sleep, and now is the time to quit smoking. Call the Quitline 137 848.

**Don't** wear a face mask if you are well.

**Buy** an alcohol-based hand sanitiser with over 60 per cent alcohol.

**Get** the flu shot (available April).

**Shaking hands** is optional!

## About Coronaviruses

Coronaviruses are a large family of viruses which may cause illness in animals or humans.

Coronavirus (COVID-19) is a new virus that can cause an infection in people, including a severe respiratory illness.

The most recently discovered coronavirus causes coronavirus disease COVID-19.

## Birthdays this month

Rob Green

Ken Morrison

Stan Thomas

Ashley Perrett



## Anniversaries

Dennis Dole 17 years

Ken Ludeman 39 years

## Our Club's time with our IEO's

It was indeed an honour to have our International Executive Officers not only hold their recent midyear meeting in Bendigo but also join our Club's excursion to Rochester on the 27<sup>th</sup> of February when we visited the Sportsmen's Museum at the railway station.

"Forbesy," John Forbes, came from humble beginnings on a farm at Mitiamo. But his love of sport and involvement in local sporting organizations saw him go on to be National Promotions Manager at "Puma Australia" for 22 years. With his admiration for the achievements of the sportsmen and women he helped sign on to "Puma" sponsorship, he won their admiration in return. This resulted in him amassing a private collection of sporting memorabilia given to him by team members from an array of sports during this time.

These were gifted to the Rochester Lions Club who were prepared to safeguard and display the collection into their hometown.

With the IEO's joining us we became a party of about 28 for the visit which was great for us and with a donation of \$200 good for the Lions Club.



The group outside the Sports Museum.



Collector, John Forbes.



Merv Hughes Sweater and Batting Helmet

Just one example of the huge collection of sporting memorabilia on display.



Bob Spencer and John Forbes at the meal at the Criterion Hotel.

### Evening with The IEO's on Friday 28thFeb

A widely representative group from all local Clubs had a very enjoyable get-together with our visitors which gave time for several presentations from IP Jennifer and each of the Executive Officers.

Of particular interest was the story about the finding of the lost place of interment of our founder Paul William Alexander. However a persistent search finally located the spot and there is now a fine new headstone in place.

Also achieved at this time was the local recognition of his founding of Y'sMen International by the naming of a park in Toledo, Ohio in his honour. This was achieved with great

support from the local Mayor of the city who was previously quite unaware of his founding of our, now world-wide, organization.

Jennifer also spoke about the Legacy Fund and the current search for a more permanent home for IHQ in Geneva. It was mentioned that at present ISG Jose and his staff work in a rented space smaller than the Kangaroo Flat clubrooms. She urged both clubs and individuals to consider a donation to the fund which at present is only a third of the way to the target of US\$1,000,000.

IPE Jacob Kristensen spoke of his home club in Denmark which operates a second-hand shop which sells everything but clothes. The club members meet and enjoy fellowship several times during the week to prepare for the next opening of the shop for 4 hours on Friday and 4 hours on Saturday and they net US\$100,000 per year! Could this be an indication that our club should go ahead with the establishment of an outlet in Bryan and Gwen Baker's shop in the Hargreaves Mall.?

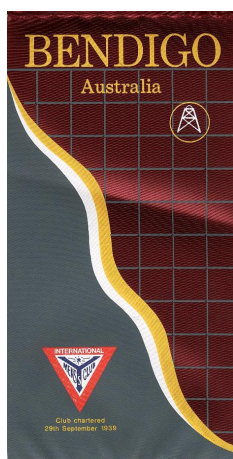


ISG Jose Varghese, IPP Moon Sang-Bong, IP Jennifer, IPE Jacob Kristensen and IT Philips Cherian.

### Film Night April

The next film night will be on Wednesday 1<sup>st</sup> April. After some deliberation the film chosen this month is "On Golden Pond" starring Henry Fonda, Katharine Hepburn, Jane Fonda and Doug KcKeon. This 1981 movie won 14 awards including Henry Fonda, best actor, Katharine Hepburn, best actress and Ernest Thompson, best screen play writing from another medium.

Cantankerous retiree Norman Thayer and his conciliatory wife, Ethyl, spend their s summers at their New England vacation home on the shores of Golden Pond and visiting relatives and friends get involved in frayed relationship repair attempts. A very well rated older film.



## Y Service Club Programs for April 2020

*Strathdale Community Centre*

*Crook Street Bendigo*

*Fellowship from 5:45 pm for 6:30 pm dinner*

*Come along and enjoy our fellowship & activities! \$15.00*

### April 2020 Programs

Thursday April 2<sup>nd</sup>

**Business Meeting**

**Squire:** Bryan Baker **Table Talk:** John Holland **Reflections:** Ken Morrison

**Duty Team #3:** Keith Kelly (Captain), Alan Campbell, Bruce Ramage, Peter Searle, Ian Randall

Thursday April 9<sup>th</sup>

**“Quiz with Dennis**

**This is the night before the Book Fair.**

**Duty Team #1:** Doug Turnbull (Captain), Bryan Baker, Kevin Lockett, Stan Thomas

Wednesday April 15<sup>th</sup> **We visit Kangaroo Flat**

**Duty Team #2:** Ken Morrison (Captain), Bryan Curnow, Jon Lebek, Ken Ludeman

Thursday April 23<sup>rd</sup>

**The Doles in Europe.**

**Duty Team #3:** Keith Kelly (Captain), Alan Campbell, Bruce Ramage, Peter Searle, Ian Randall

Thursday April 30<sup>th</sup>

**Annual General Meeting**

**Duty Team #1:** Doug Turnbull (Captain), Bryan Baker, Kevin Lockett, Stan Thomas

Thursday May 7<sup>th</sup>

**Business Meeting**

**Squire:** Bruce Ramage **Table Talk:** Harold Allen **Reflections:** Kevin Lockett

**Duty Team #2:** Ken Morrison (Captain), Bryan Curnow, Jon Lebek, Ken Ludeman

### Programs for June

A reminder for the team planning the programs for June: Leader Peter Searle and Bob Spencer. (Owen Peters was your third member)

#### Coronavirus a wakeup call.

Recent events since the start of the coronavirus event have caused me to recall the book “Surviving the 21<sup>st</sup> Century” by Julian Cribb in which he examines humanities great challenges and how we can overcome them.

In his review of the book Professor Bob Douglas, Epidemiologist at the ANU Canberra comments: “This erudite and highly readable analysis of the interlinked threats to the future of the human species is essential reading. It presents us with the greatest test of our short history – will we have the collective wisdom to overcome those threats.”

The immediately evident threats of drought, flood, fire, and now a pandemic are quick to come to mind but, amazingly in the last few weeks, we have witnessed panic buying of scarce essential resources such as food, toilet paper, and hand sanitiser – fortunately not fuel, water, or fresh air.

As supply lines across the world dry up the many thousands of items that we take for granted as being available are suddenly starting to be in short supply. And with the interconnectedness of all systems in modern communities normally reliable systems are beginning to break down.

And what we are seeing around us at the moment is only the tip of the iceberg when it comes to the threats raised by Julian Cribb – pollution, loss of species, climate extremes, temperature rise, loss of soil, nuclear war, greed driven violence, sea level rise and so it goes on.