

Y Service Club of Bendigo Inc

"To acknowledge the duty that accompanies every right"

Golden City Bulletin July 2021

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Programs:

Thursday 7:15 for 7.30 pm Strathdale Community Centre Crook Street, Bendigo

First meeting of the month is the business meeting

President: Peter Searle

Editor: Rob Green Editor Next Month:

Dennis Dole

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Editorial:

Carl Linnaeus was born in Sweden in 1707 and is famous for the binomial

system of classification he developed to name and classify all living organisms; plants, animals, bacteria, fungi etc.



He was a physician who went on to study botany, zoology, and microbiology. His sharp eye noticed similarities in anatomy of various living things making it possible to classify them first into groups that were similar (a genus) and then within that group those that were basically the same were given a species name.

Latin was the main language of science at that time so the names he gave to each organism consisted of a genus and a species

Right at the top of the classification of animals came modern man – described as "the most perfect of the Creator's works, ultimate and the highest on the surface of the world". "Homo sapiens" meaning "wise man".

Australian author, journalist, and science communicator and founder of the Council for the Human Future, Julian Cribb, believes that, as a species, the glorified light in which Linnaeus saw mankind has given us a very inflated view of ourselves as wise. He agrees that mankind has proved to be intelligent, smart, creative but not always wise.

Cribb's book "Surviving the 21st Century" is a sobering evidence-based account of the challenges that face mankind in this century. He lists ten catastrophic risks that could individually or combined determine the future of our civilization.

Already several of these are impacting on us here in Australia.

Drought, which in many countries can lead to famine, extinction of species and decline of Earth's life support systems, climate change, pandemic diseases weapons of mass destruction, global poisoning by chemical emissions and conflict over life resources such as water and land.

The recent years in our home state of Victoria we have faced drought, bushfires, floods, storm damage and the Covid pandemic; all of these have had an enormous effect on our lives.

Mankind will have to become far wiser in the years ahead if we are to have a future on planet Earth.

Collins dictionary defines "wisdom" – as "the ability to think and act using knowledge, experience, understanding, common sense and insight"

I wonder! RG.

Birthdays July

Peter Searle

Kevin Lockett

Dennis Dole



Anniversaries July

None this month

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Past Programs

With the state once again dealing with Coved restrictions there was no meeting on June 3rd and the 10th became the Business Meeting.

June 16th

We visited kangaroo Flat and rallied a total of 20 members present for a night of fine fellowship and very informative program about U3A in Bendigo.



Members chatting prior to the meeting

Guest speaker Ian Burdett commenced by looking at the four ages of life to put the University of the Third Age in context.

The first age is that of dependence – growing up, being educated and prepared to live independently.

The second age covers one's working life up to retirement.

The third age from retirement till the commencement of the final age that of mental and physical deterioration prior to death!

U3A provides further learning opportunities in a whole range of subjects and activities for this period after retirement.

There are 105 branches with 35,000 members in Victoria and 75% of the members are women.

The Bendigo branch is based at St Mary's Anglican Church, Kangaroo Flat and currently has about 500 members.



President of U3A Ian Burdett

Members present were invited to take a copy of the latest U3A Newsletter and 2021 Prospectus which detailed the vast range of activities on offer.

Just a sample of the activities on offer were:

Arts and crafts, hiking – several levels, computing, creative writing, swimming, table tennis, chess, mah-jong, cribbage, cryptic crosswords, meditation, yoga, languages – several, book chat, musical instruments – several, digital photography. In total there are nearly 70 activities listed in the prospectus!

And the U3A motto is:

"Live, learn and enjoy because our brain doesn't retire when we do!"

June 24th

Since the Bendigo regional YMCA was merged into YMCA Victoria, our Club has had little news of the "Y's" current activities in Bendigo so it was timely that we welcomed Jamie Roberts, the local Director of Youth Services, as the Guest Speaker.

Jamie explained that he and his assistant Laine Withers are able to operate fairly autonomously with little direction from Melbourne. The emphasis of their work is the well-being of young people in the 12 to 18 year age bracket. Regular programs are offered at YO Bendigo and some at Peter Krenz but as YMCA space in the city is very limited many of the activities are offered on campus in schools.

Group games, dancing classes and a group card game were all activities offered to local schools.

One group of young people that are being targeted are those who for various reasons are missing out on meaningful friendships with their peers. A wellbeing program has been developed with Bendigo Community Heath as is titled "Five ways to Wellbeing." The five steps in this excellent program are as follows;

- 1. Connect with others
- 2. Be active
- 3. Give to others
- 4. Take notice of those around you
- 5. Keep learning

Jamie also mentioned the program that the Club has enthusiastically supported in the past, "Youth Parliament" which was not run in 2020 due to the disruption of Covid but it is hoped will be offered again this year.

So we now have a much better idea of the work that the "Y"is doing in Greater Bendigo since the major change to YMCA Victoria.

Jamie was thanked for his presentation by Secretary Dennis and presented with one of the Club's 80th Anniversary coffee mugs.



From a Grandfather

A bedtime story.

A little girl was sitting on her grandpa's lap as he read her a bedtime story. From time to time the child would take her eyes off the book and reach up to touch the old man's wrinkled cheek. Alternately she was stroking her own cheek then his again.

Finally she spoke up. "Grandpa, did God make vou?" she asked.

He thought for a moment and then answered, ", yes sweetheart God made me a long time ago."

"Oh," she paused. "Grandpa, did God make me too?"

"Yes, indeed honey, "the grandfather said gently. "God made you just a little while ago."

Feeling their respective faces again she observed: "God's getting better at it, isn't he!"

Psychiatrist vs. Bartender

Ever since I was a child, I've always had a fear of someone under my bed at night.

So I went to a shrink and told him: "I've got problems.

Every time I go to bed I think there's somebody under it. I'm scared. I think I'm going crazy."

"Just put yourself in my hands for one year, said the shrink. "Come talk to me three times a week and we should be able to get rid of those fears."

"How much do you charge?"

"One hundred fifty dollars per visit," replied the doctor.

"I'll sleep on it," I said.

Six months later the doctor met me on the street.

"Why didn't you come to see me about those fears you were having?" He asked.

"Well, \$150 a visit, three times a week for a year, is \$23,400.00. A bartender cured me for \$10.00. I was so happy to have saved all that money that I went and bought a new pickup truck."

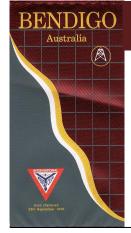
"Is that so?" With a bit of an attitude he said, "and how, may I ask, did a bartender cure you?"

"He told me to cut the legs off the bed. Nobody under there now."

It's always better to get a second opinion!!

Program organizers

At the last Council Meeting it was decided that a change in meeting format would be advisable for the next couple of winter months!



Y Service Club Programs for July 2021

Strathdale Community Centre

Crook Street Bendigo

Fellowship from 5:45 pm for 6:30 pm dinner

Come along and enjoy our fellowship & activities! \$20.00

July 2021 Programs

Thursday July 1st Business Meeting

Squire: Dennis Dole Table Talk: Keith Kelly Reflections: Bob Spencer

Duty Team #1: Doug Turnbull (Captain), Bryan Curnow, Colin Lambie, Dennis Dole

Thursday July 8th Lunch Meeting No evening meeting

Duty Team #2: Kevin Lockett (Captain), Bruce Ramage, Bob Spencer, Peter Searle

Thursday July 15th Brian Fry - Forests of Central Victoria Kangaroo Flat visit us

Duty Team #3: Keith Kelly (Captain), Alan Campbell, Ken Ludeman, Rob Green

Thursday July 22nd Mark Morrison Board Games

Duty Team #1: Doug Turnbull (Captain), Bryan Curnow, Colin Lambie, Dennis Dole

Thursday July 29th Crazy Whist Wives and Partners if Covid restrictions permit.

Duty Team #2: Kevin Lockett (Captain), Bruce Ramage, Bob Spencer, Peter Searle

Thursday August 5th Business Meeting

Squire: Bruce Ramage Table Talk: Colin Lambie Reflections: Doug Turnbull

Duty Team #3: Keith Kelly (Captain), Alan Campbell, Ken Ludeman, Rob Green

The second meeting in the month will be a lunch at a venue to be decided, the third which we combine with the Kangaroo Flat Club we would organize a guest speaker and the fourth meeting would be an in-house activity involving club members only i.e. no guest speaker.

The program organisers for August are: Peter Unmack, Bruce Ramage and Harold Allen We go to Kangaroo Flat on Wed 18th and we need venue for lunch on the 12th and an in-house program for the 26th.

And as this bulletin is almost finished

As I am working on the closing stages of the bulletin and with this bulletin's editorial in mind – the Covid pandemic's disruption to our civilization in Australia has escalated dramatically.

Sydney, Darwin and Brisbane have lockdowns of various lengths in place. New South Wales, Queensland, Northern Territory and Western Australia are all coping with rising case numbers. Victoria, South Australia and Tasmania have closed their borders to the rest of the nation. And an Australian traveller has taken the highly infectious Delta strain to New

Zealand so that country has closed the travel bubble with Australia!

For many years scientists have been warning that the world needed to prepare for the possibility of major pandemics in the future and little heed was taken around the globe

Could it be that the same situation is developing in relation to the havoc that climate change will cause if mankind doesn't make the urgent changes that science has identified!

Homo SAPIENS - I DON'T THINK SO!.

