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WINGED WORDS

BENDIGO Y SERVICE CLUB - WOMEN INC.

President:
Eva Chalmer
106 MacKenzie Street West
Golden Square, 3555

Secretary:
Jan Fuller

7 McConnachie Court
Ascot, 3551

Meetings:
2nd Wednesday
of each month
at the Strathdale
Hall.

November 2019

ABN 90 745 442 533

History KS1

Remembrance Day Poem



Poppy, Poppy what do you see?
Poppies in the battlefields, as red as can be.

Poppy, Poppy what do you hear?
Silence, for the men who died, so full of courage, yet so full of fear.

Poppy, Poppy what do you feel?
Proud and respectful, soldiers fought for their country, the battles were real.

Poppy, Poppy what do you say?
Remember them on the 11th November, they fought for peace on earth, let's show respect for Remembrance Day.



DID YOU KNOW???

'In Flanders' Fields' was first published in England's *Punch* magazine in December 1915 and within months came to symbolize the sacrifices of all who were fighting in World War I. In 1918 Moina Michael, an American, wrote a poem in reply, *We Shall Keep the Faith*, in which she promised to wear a poppy 'in honour of our dead' and so began the tradition of wearing a poppy in remembrance.

It was French YMCA Secretary, Madame Guerin, who in 1918 conceived the idea of selling silk poppies to help needy soldiers.

Since 1921 wearing a poppy has enabled Australians to show they have not forgotten the more than 102,000 Australian servicemen and women who have given their lives in wars and conflicts during the past 100 years.

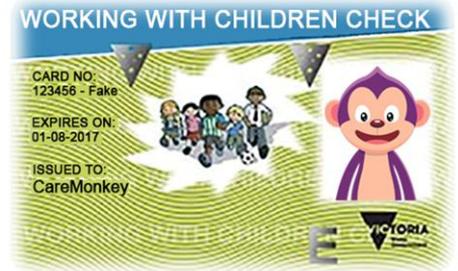
We will remember them.

PLEASE NOTE

It is necessary for all Y's Menettes to have a current 'WORKING WITH CHILDREN' CHECK.

Michelle has kindly offered to steer us through this procedure.

So please, if you already have one, bring the current card to our next meeting. OR, if you don't have one, bring identification eg Drivers Licence, Medicare Card or Passport and Michelle will start you off.



INVITATION



Royal Flying
Doctor Service

We are invited to join the Y's Men for their Dinner meeting on **Thursday 21 November** to hear Guest Speaker Michael Penna, a Royal Flying Doctor Service Paramedic speak of his work and experiences. Please indicate at the meeting if you plan to attend.

WASH UP ROSTER

14 November	Marg Birrell & Vi Sutherland
21 November	Eva Chalmer & Val Brennan
28 November	Jeannie Turnbull & Brenda Berry
5 December	Jan Lebek & Marg Coad
12 December	Nance Sparkes & Jeannie Turnbull



CHRISTMAS IS COMING

Just look at the shops, music, decorations and every reminder that it is November - only weeks from our Christmas meeting night!

The **December 11** meeting is when we will celebrate together with a catered dinner from 'The Loaded Plate' (same as last year), cost \$25 pp.

If you plan to attend please, **bring your money in a marked envelope**, to the Nov meeting and give to Treasurer Margaret.

The planned Christmas fellowship will be special.

FORWARD NOTICE

It has been decided our Christmas effort/gift will be staple food items for a hamper/s to donate to BUCO for distribution. Please stock up on a few extra packets or tins for the December meeting.



NOVEMBER BIRTHDAY

Happy '0' birthday to Marg Coad for the 7th. We hope you celebrated in style!!!

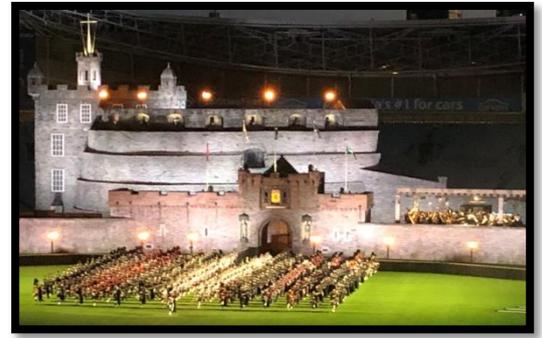
I would like to thank
my arms for always
being by my side,
my legs for always
supporting me, and my
fingers, because I can
always count on them.

OUR SYDNEY ADVENTURE!!

As Peter and I turned 80 earlier this year, our family decided to give us a special treat - a trip to Sydney for the Military Tattoo. We flew directly on the early flight from Bendigo, an experience we would highly recommend. Michelle had made excellent arrangements, starting with the hire vehicle to accommodate the 7 of us. With Ben at the wheel, we made our way to Darling Harbour for brunch. Exploring the inner city we visited the Opera House, sitting on its steps in brilliant sunshine. There were more exciting views to be had as we enjoyed the delicious buffet in the revolving restaurant atop the Sydney Tower.

After checking in to our accommodation for a brief rest, we drove out to the ANZ Stadium for the Tattoo where we enjoyed wonderful seats on the first level facing the 'castle'. What an amazing spectacle!! This tattoo had a definite Aussie flavour with an indigenous group welcoming various South Pacific islander items as well as the massed pipes & drums, marching bands, a huge dance troupe, the Swiss Drummers and a precision marching troupe from New Zealand. We spent next morning at Circular Quay, watching the busy ferries and a huge cruise ship take on its new load of passengers, as well as the Rocks area, browsing the market stalls and enjoying 'pancakes on the rocks'. Before long it was time to drive to the airport for the flight home, but with precious memories we will treasure always, thanks to our dear family.

Shirley.



GRANDMA'S SHOES

I eventually got married
And then became a Mum
Our kids grew up and left,
And their children came along..



I knew I was a Grandma
And the time was drawing near
When those chunky, black, old lace ups shoes
Was what I'd have to wear.

How would I do my gardening,
Or take my morning hike?
I couldn't even think about
How I would ride a bike!

But fashions kept evolving
And one day I realised
That the shape of things to come
Was changing, right before my eyes.

And now, when I go shopping
what I see fills me with glee
For in my jeans and Reeboks
I'm as comfy as can be.



And I look at all these teenage girls
And there upon their feet
Are clunky, black, old
Grandma shoes,
And they really think
they're neat!

"What's in my Cup?"

You are holding a cup of coffee when someone comes along and bumps into you, making you spill your coffee everywhere. Why did you spill the coffee? You spilled the coffee because there was coffee in your cup. Had there been tea in your cup, you would have spilled tea.

The point is whatever is inside the cup is what will spill out. Therefore, when life comes along and shakes you (which will happen) whatever is inside you will come out. It's easy to fake it, until you get rattled. So, we have to ask ourselves, "What's in my cup"

When life gets tough what spills out? Joy, gratefulness, peace, humility? Or does anger, bitterness, harsh words and reactions come out? You choose!

Today let's work towards filling our cups with gratitude forgiveness, joy, words of affirmation, kindness, gentleness and love for others.



MINUTES OF THE GENERAL MONTHLY MEETING –OCTOBER 9th 2019.

WELCOME: Eva welcomed 12 members

APOLOGIES: Phyl A, Val B, Lyn C, Jan L, Sue L & Jill S.

BIRTHDAYS: Jan Lebek is celebrating an '0' birthday in October .

REFLECTION: Marg Coad shared a very important illustration with us. The case of the spilt coffee, or tea or whatever is inside the mug. And the meaning is that: whenever trouble comes to us in life (being like the mug) whatever is within us is what spills out. Let us then develop within, a spirit of hope, love, wellbeing and calm.

MINUTES: Minutes of last month's meeting, as in the bulletin, were accepted by consensus as a correct record.

BUSINESS ARISING:

- Eva and others reported on a very happy and positive time working at the recent Y's Men's book fair. She thanked all those who did shifts and Michelle in particular for taking on the cashier responsibilities.
- Shirley and also Michelle reported on the Regional Y's Men's Convention, held at Kangaroo Flat. There were 2 reps from the Canberra Club in attendance with their families, ID Jennifer Jones, reps from other Victorian and NSW clubs and a Japanese rep, Hiro, who is the Asia/Pacific Area President. Doug Turnbull conducted a short worship service and the event finished with a Sunday BBQ at Jennifer & Wayne Cameron's home after a tour of Ulumbarra.

CORRESPONDENCE

IN:

- Letter of thanks and a receipt from Uniting Lifeline following our recent donation.
- Email from Bendigo Y'sMen inviting us to 2 meetings
– 17th Oct to hear Cathie Steele speaking about Food Share. ***Eva took note of the number who can attend on 17th Oct.***
- on 21st Nov. to hear Michael Penno RFDS nurse about the Royal Flying Doctor Service. ***Responses next month.***
- Email invite from Zonta to attend their 39th birthday celebration. ***No one able to attend***
- Invite to BNHub Annual Mtg on 22nd Oct at 10am. ***Shirley agreed to attend on our behalf***
- Invite from Bendigo Regional YMCA to their AGM on 28th Oct. and the winding up of the organisation /incorporation. ***Shirley agreed to attend with Peter to witness this conclusion of an era of service locally.***
- Bgo Regional YMCA – requesting our Club membership details. ***Michelle to respond.***

OUT:

- Letter of acceptance of resignation & thanks for many years of service – to Joyce Floyd

REPORTS:CALLING OFFICER:

- Marg let us know that Jill's Ron has been unwell and that her carpal tunnel op was fine.
- Phyl Anstee has been 'under the weather'. We send Phyl our best wishes.
- It's good to see Pam C and Marg B here at the meeting after some time each 'under the weather' also.
- Congrats to Jan Lebek on a significant milestone!

TREASURER: **Moved:** Vi Sutherland, **Seconded:** Nance Sparkes

SISTER CLUB – no mail

GENERAL BUSINESS:

- Michelle added to the Y's Men's Convention report that the motion to financially support the Traineeship in Kidney Disease Treatment was dropped due to lack of sufficient information. She also said that we would proceed to update our Working With Children Checks, in compliance with YMCA regulations for volunteers.
- Thanks to Val Brennan for inspiration in the Bulletin.
- Next month we look forward to words from Pam & Brenda.

NEXT MEETINGS: **Exec:** Monday November 4th at Crook St.9.30am

Program & Meeting: **Wednesday 13th Nov - 'fun & friendly' games night at 7.30pm**