



**Y's Menettes International
Project Coordinator 2018- 2020**

Joy McNamara
3096 Point Nepean Road,
Sorrento, Victoria,
Australia 3943

joy.mcnamara@tw-c.com.au

Update Report – 16th July 2019

Y's Menettes International Project for 2018 -2020 Coaching for Youth Employment and Starting of a Social Business in Tirana, Albania.

The director of the YMCA Tirana, Eglá Lula is managing the project. We are very lucky to have Eglá doing this as she is very approachable and keeps me up to date on the progress of our project.

The second group of young people undertaking the course are gaining important skills. They have explored the labor market and availability of short internships. To do this they have gone to businesses in the neighborhood to analyze the type of work that is available and the skills needed.

Each day starts and ends with games to both improve the dynamics of the group and help them to bond as a group wanting to help each other achieve their goals.



During May and June some of the group started professional courses, which they have chosen, based on what they are interested in. During the sessions at the YMCA these students share their experiences with the other participants to help everyone improve their life and professional skills.



One student has started a cooking course so he cooked pancakes for the group with the assistance of another participant.

In May a study trip was organized where the current group of participants were joined by the previous group as well as some beneficiaries of Caritas. Together they visited a local resort in the Divjaka-Karavasta National Park and had the opportunity to see some of the professions employed at the resort – waiters, chef, bartender, security etc.

They also visited a beach and did a community action together – All participants cleaned the beach.

The next part of our project is the setting up of a club so I am looking forward to that exciting stage where we help more young people.



I would like to thank all Y's Menette Clubs who support our International Project and I would also like to encourage any Clubs who haven't donated to please consider it.

We can and do make a difference!

Y'sly,

Joy