



# Game Rules

*The Halo Rules are modifications from high school rules to help young players grow with the game.*

## 5 Year Olds

### GENERAL

- 3-on-3 games
- Mini 22" ball
- 60' x 40' court
- 7' hoop height
- Recommended 6 players per team.
- Guaranteed 8 minutes playing time.
- Head coach is allowed on the court.
- Home team is listed first on the schedule.
- Home team provides a scorekeeper.

### TIME

- 5-minute quarters.
- Running clock, including during timeouts.
- One 30-second timeout per half (may not use in last 2 minutes of each half)
- No overtime.

### OFFENSE

- No 3 point shots.
- Traveling & double dribble are only called if there's no attempt to dribble
- No lane violation

### DEFENSE

- Man-to-man. (No double-teaming or trapping. Brief help is allowed.)
- No pressing.