

THE STORM NOVENA OF THE SERVANT OF GOD, FATHER STEPHEN ECKERT, O.F.M. CAPUCHIN

A Storm Novena consists of **nine visits** to the Blessed Sacrament **in one day**, praying on one's knees, and with outstretched arms, to obtain a speedy and unfailing answer to prayer. This particular and most effective one is made thus.

Just the first visit is always introduced by an act of Perfect Contrition:

“O my God, I am heartily sorry for having offended Thee and I detest all my sins because I dread the loss of Heaven and the pains of Hell, but most of all because they offend Thee, my God, Who art all good and deserving of all my love. I firmly resolve with the help of Thy grace, to confess my sins, to do penance and to amend my life. Amen.”

To which are then added the following invocations at this and each subsequent visit:

“O Sacred Heart of Jesus, have mercy on us and grant us our request. Our Lady of Perpetual Help, pray for us and obtain our request. The Memorare: “Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, and sought thy intercession was left unaided. Inspired with this confidence I fly unto thee, O Virgin of Virgins, my Mother! To thee I come, before thee I stand sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me. Amen.” St. Joseph, Friend of the Sacred Heart, pray for us and obtain our request. St. Jude, pray for us and obtain our request. St. Anthony, pray for us and obtain our request. St. Conrad, pray for us and obtain our request. St. Benedict, pray for us and obtain our request. St. Roch, pray for us and obtain our request. St. Dominic and St. Francis, pray for us and obtain our request. St. Theresa, Little Flower of Jesus, pray for us and obtain our request. Ye Blessed Martyrs of Uganda, pray for us and obtain our request. St. Martin de Porres, pray for us and obtain our request. All Ye Holy Angels and Saints, pray for us and obtain our request. Amen.”

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