



## 4STEPS Therapeutic Riding Program

5367A Sixty Foot Road Parsonsburg Maryland 21849 (410)835-8814

email [giddyup4steps@aol.com](mailto:giddyup4steps@aol.com)

website [www.4stepstrp.org](http://www.4stepstrp.org)

January 2019

### Dear Riders, Parents, and Caregivers and Volunteers,

*Hope your holidays were full of peace and joy...and you're staying warm and cozy.* It's time to start planning for our 2019 riding season. All your 2-legged and 4-legged friends at 4STEPS look forward to serving with you and fulfilling the needs for therapeutic riding and equine assisted activities and therapies in the coming year. The Early Spring Session begins the week of March 5th.

**HELP US PLAN OUR 2019 SESSIONS BY COMPLETING THE ATTACHED REGISTRATION FORM and sending it back to the office. A Program Calendar is also attached. Please keep for your scheduling.**

**ALL PARTICIPANTS MUST FILL OUT AN UPDATED APPLICATION**

**AND PHYSICIANS REFERRAL FORM**

GO TO OUR WEBSITE [www.4stepstrp.org](http://www.4stepstrp.org) and print one out.

PLEASE MAKE SURE IT IS ON FILE BEFORE THE BEGINNING OF THE SESSION. THANKYOU!

**SESSION POLICIES:** The Participant's manual can be found online at [www.4stepstrp.org](http://www.4stepstrp.org)

Lessons take place on Tuesdays, Wednesdays, Thursdays, and Saturdays mornings and afternoons. Call the office, email or message on FB to reserve your special time with our AMAZING horses and staff.

**Therapeutic Riding** – Our goal is to place all students in a group-lesson atmosphere so that the participants can develop peer groups and friendships at the farm. Our program offers skill-based instruction in which students learn progressively, at their own pace ultimately obtaining the goal of independence in the saddle.

**Fee** - The cost of a regular (6 week) therapeutic riding session is \$200. A fee of \$140 is charged for an abbreviated 4-week Late Summer Session.

Because we know that it is a hardship to pay for multiple participants, we offer siblings a reduced rate. Discuss this with the Program Director. PLEASE call the Program Director to discuss agency group rates.

**Equine Assisted Learning Activities (unmounted)** - Offered for those individuals who are unable or unwilling to horseback ride but still enjoy spending time with the horses and learning about horsemanship. Program includes grooming, feeding, learning natural horsemanship and spending quality time with the animals and staff.

**Fee** - The cost is \$120 for a regular session and \$80 for the abbreviated Late Summer session.

**MAKE ARRANGEMENT FOR PAYMENT IN ADVANCE.** Riders unable to pay the session fee should contact our Program Director at 410-835-8814 for assistance in obtaining tuition assistance to meet or defray the expense. If you are working with an agency to provide for funds, we will give you an invoice upon request.

**Inclement Weather and Adverse Conditions** - If the weather is adverse for conducting lessons on your scheduled lesson date or time the instructor may cancel the lesson. However, the weather on the Eastern Shore is often different in one place than in another. Lessons may be cancelled on account of such factors if the conditions at the farm are adverse, therefore if the weather where you are is inclement do not assume that the lesson will be cancelled. Please call us at 410-835-8814 to find out whether your lesson will be held.

**Make-up Lessons.** Makeup classes must be scheduled during the current session or arranged otherwise with the instructor. Makeup classes will be offered subject to availability of the instructor, horses and staff.

Applications: Updated applications must be on file in order for an individual to participate. You can find a Participant Application on file at [www.4stepstrp.org](http://www.4stepstrp.org) under Program Services.

**4STEPS THERAPEUTIC RIDING PROGRAM  
REGISTRATION FORM 2019**

Participant's Name \_\_\_\_\_ Phone \_\_\_\_\_

Email address \_\_\_\_\_ Early Spring \_\_\_\_ Late Spring \_\_\_\_

Please designate preferred day and time. We will try to accommodate your preference. If you have a problem scheduling during these times call to discuss other possibilities.

PAYMENT INCLUDED WITH REGISTRATION FORM: \$ \_\_\_\_\_

Military Monday (for Veterans only) \_\_\_\_\_

Tuesday AM \_\_\_\_\_ Tuesday afternoon (after school/work) \_\_\_\_\_

Wednesday AM \_\_\_\_\_ Wednesday afternoon (after school/work) \_\_\_\_\_

Thursday AM \_\_\_\_\_ Thursday afternoon (after school/work) \_\_\_\_\_

Saturday AM \_\_\_\_\_ Saturday afternoon \_\_\_\_\_

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**SCHOLARSHIP REQUESTED** Yes \_\_\_\_ No \_\_\_\_

*If you would like to be considered for a tuition assistance, please provide the information below.*

*Describe your need for assistance:*

*Describe how the participant will benefit from equine assisted activities:*

**Mail to  
4STEPS Therapeutic Riding Program  
5367 Sixty Foot Rd  
Parsonsburg, MD 21849**



# 4STEPS Program and Administrative Calendar 2019

<b>Winter Break and Program Planning</b> <b>Jan 4 – Mar 4 No Lessons</b>		
<b>New Participant and New Volunteer Orientation</b> <b>Sat. Mar 3rd 11AM – 1PM</b> <b>Volunteer Training March 17th Sunday 1:00 – 4:00pm</b> Planned activities include safety procedures, role playing, and ride rewards		
Early Spring 1	Mar 5 – Apr 15	
Late Spring 2	April 16 – May 27	
<b>Saturday May 11 Mother’s Day Open House</b> Tribute to our Moms, our Friends, and our Families		
Early Summer 1	Jun 4 –July 22	Recess no riding July 2-8
Late Summer 2	Jul 23 - Aug 19	
<b>Sunday August 20 End of Summer Volunteer Appreciation</b> Tribute to our volunteers Please help make this a special day for our hard working and dedicated volunteers!		
<b>Back to school Recess and Fall Planning Aug 20 – Sept 30 No Lessons</b>		
Early Fall	Oct 1–Nov 11	
<b>New Participant and New Volunteer Orientation</b> <b>Sat. Sept 28th 11AM – 1PM</b> <b>Volunteer Training Oct 13th Sunday 1:00 – 4:00pm</b> Planned activities include safety procedures, role playing, and ride rewards		
<b>Halloween 2K Walk-Ride-a-thon October 25-31</b>		
Late Fall	Nov 12 – Dec 31	No classes Thanksgiving and Christmas

