



**Address**  
1665 NW Federal Hwy  
Stuart FL

**Phone**  
(772) 882-1457 or (772) 882-0685

**Competition Requirements**  
\* 1 ballet  
1 technique or PBT  
\* 1 Style of Choreography  
\* Strength & Conditioning

\*\* Drop in classes \$15  
\*\*\*TC Tapper \$12/class

\*\*\*\* Pre Comp for students ages 6+ who would like to further their technique, competitive skills and improv.

For prices and other info visit our website:  
[turnuptheheatdance.com](http://turnuptheheatdance.com)

Please call ahead for privates, 1 on 1 boxing and personal training with Mr. King & Mr. Devin

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Room 1	Room 1	Room 1	Room 1	Room 1	Room 1
**10:30-11:30 Adult/Teen Ballet Miss Madison Drop In Class	4:45- 5:30 Adv. Tap (Miss Shayna)	4:00-5:00 Adv. Acro (Miss Shayna)	4:00- 5:00 Adv. Technique w/ Turns (Miss Shayna)	***11:00-12:00 Int/Adv Tap Perform. TC Tappers (Bette Cushman)	9:30-10:30 Int. Tumbling (Miss Shayna) Invitation Only
*4:00-4:45 Strength/Conditioning (Miss Shayna)	5:30-6:30 Int./ Adv. Contemporary (Miss Shayna)	5:00- 6:00 Int/Adv Technique (Miss Shayna)	5:00-6:00 Adv Hip Hop (Miss Shayna)	***12:30-1:30 Beg/Int Tap Tech. TC Tappers (Bette Cushman)	10:30-11:30 Adv Tumbling (Miss Shayna) Invitation Only
4:45- 5:30 Adv. Musical Theater (Miss Shayna)	6:30- 7:30 Int./ Adv. Jazz (Miss Shayna)	6:00-7:00 Int./Adv. Hip-Hop (Miss Shayna )	6:00-7:00 Int/Adv Jazz Funk (Miss Athenia)	1:00- 5:30 Open for Privates	12:45pm-6pm Nutcracker Rehearsals- Exact time of each role rehearsal will be posted on Monday of each week
5:30- 6:30 Adv. Contemporary (Miss Shayna)		7:00- 8:00 Pre-Professional Training (Miss Shayna)	7:00-8:00 Adv. Jazz Funk (Miss Athenia)		
6:30- 7:30 Adv. Jazz (Miss Shayna)					
Room 2	Room 2	Room 2	Room 2	Room 2	Room 2
3:30-4:15 Creative Movement/ Tap (Miss Maria)	3:30-4:15 Beg. Ballet/Lyrical/Tap (Miss Maria)	Alessandra Faragalli Scala Adult/Teen Tap 10-11am Tap Technique 11-12pm Adv Performance	4:00- 5:00 Beg./ Int. Acro (Miss Maria)	Open for Privates Please contact instructor for appointment	9:00-10:00 Pointe 4/5 (Miss Madison)
4:15- 5:15 Int. Contemporary/Lyrical (Ms. Maria)	4:15- 5:15 Int. Technique (Miss Maria)	4:00- 5:00 Ballet 2 (Miss Madison)	5:00-6:00 Int./Adv. Acro (Miss Maria)		10:00-11:00 Ballet 3B (Miss Madison/Miss Lauren)
5:15- 6:15 Int. Jazz/ Tap ( Ms. Maria )	5:15-6:00 Int. Musical Theatre (Miss Maria)	5:00-6:00 Ballet 4 (Miss Madison)	6:00-6:45 Beg. Musical Theatre (Miss Maria/Miss Mia)		11:00-11:45 Int. PBT (Miss Madison/ Miss Lauren)
6:15- 6:45 (twice a month) Comp. Practice (Miss Maria)	6:00-6:45 Int. Hip-Hop (Miss Maria)	6:00-7:30 Pointe 2 & 3 (Miss Madison)	7:00- 7:45 Int./Adv. Musical Theatre (Miss Maria)		11:45-12:45 Ballet 2B (Miss Madison/Miss Lauren)
6:45- 7:30 Int./Adv. Tap (Miss Maria)	****6:45-7:30 Pre-Comp. Ages 6+ (Miss Maria)	Open for Privates			12:45-6:00 Nutcracker Rehearsal
Room 3	Room 3	Room 3	Room 3	Room 3	Room 3
4:45- 5:45 Int/Adv Lyrical (Miss McKaleigh)	3:30- 4:30 Ballet 5/ Pointe Technique (Miss Madison)	4:15-5:15 Beg. Acro (Miss Maria)	4:00- 5:00 Pointe 1 (Miss Madison)	4:00-5:00 Int. Jazz Funk (Miss Athenia)	9:30-10:15 Creative Movement (Miss Maria)
5:45- 6:45 Int/ Adv Turns/Jumps/Improv (Miss McKaleigh)	4:30- 5:30 Ballet 3/ Pre-Pointe Strengthening (Miss Madison)	5:15- 6:15 Ballet/Lyrical/ Tap I/II (Miss Maria)	5:00- 6:00 Ballet 1 (Miss Madison)	Open for Privates Please contact instructor for appt.	10:30-11:30 Beg Ballet/Lyrical (Miss Maria/Miss Lauren)
6:45-7:45 Advanced Broadway (Miss McKaleigh)	5:30- 6:30 Adv PBT (Miss Madison)	6:15- 7:00 Beg. Hip-Hop (Miss Maria/Miss Isabel )	6:00-7:00 Ballet 5/Pointe (Miss Madison)		11:30-12:30 Ballet 1 (Miss Brooke/Miss Lauren)
	6:30-7:15 Beg. PBT (Miss Madison)				12:30-1:30 Lyrical/Contemporary I/II (Miss Brooke/Miss Nissy)

