

Services Catalog



1925 E Bennett St, Suite H

Springfield, MO 65804

Phone - (417)567-3356 or (417)942-0005

Courses

Corrective Services:

Bringing Peace to Relationships (MRT Domestic Violence) - 24 Sessions - \$20 per week - Thursday (Springfield) 6-8 pm, Weds (Branson) 6-8 pm

BATTERER'S INTERVENTION PROGRAM - (Dept of Corrections Certified)

For adults and adolescents who have a pattern of assaultive and coercive behaviors including physical, sexual and psychological attacks used against intimate partners or family members. The focus is upon identifying and stopping patterns of abuse, accountability for actions, and restoring safety to loved ones and family. This is an open-ended course and participants work at their own pace. (\$20 Charge for Workbook)

Taking the High Road - 8 Sessions, every Monday 9 pm - 10 pm - \$100

Separate Classes for Adults & Adolescents

For people with charges related to marijuana. The focus is upon understanding reasons for use, recognition of how marijuana impacts school, work, and family functioning, and developing behavioral changes strategies. (\$20 Charge for Workbook)

Rules are made to be followed - 2 Four-hour sessions, every other Saturday 830 am - 1230 pm - \$150

For minors with alcohol-related offenses. The focus is upon increasing awareness of the legal and medical effects of alcohol. (\$20 Charge for Workbook)

Responsible Living - 8 Sessions, every other Monday 7 pm - 8 pm - \$120

Separate classes available for adults and adolescents.

For people with charges such as vandalism, writing bad checks, repeat traffic offenses. The focus is upon confronting issues that cause people to get involved in the legal system and the development of thinking and life skills to stop repetitive illegal behavior. (\$20 Charge for Workbook)

Something for Nothing - 8 Sessions, First Saturday of the month 8 am - 1pm - \$100

Separate classes available for adults and adolescents

For people with charges related to stealing (shoplifting, burglary, credit card fraud, auto theft, etc.). The focus is upon helping individuals understand the cause of their behavior, possible consequences, ways to make restitution, and how to avoid continuing to engage in theft. (\$20 Charge for Workbook)

Driving the Right Way - 2, Four-hour sessions, every other Saturday 830 am - 1230 pm - \$125

Separate classes available for adults and adolescents.

The class focuses on changing the thinking and decision-making in first time DUI/DWI offenders. (\$20 Charge for Workbook)

Thinking for Good - 10 Sessions, every other Monday 7 pm - 8 pm

Separate classes available for adults and adolescents.

This class is focuses on typical criminal thinking issues such as: Everyone lies, cheats and steals; No one can be trusted; The rules don't apply to them; all relationships are manipulative. (\$20 Charge for Workbook)

Personal Growth:

Coping with Anger - 8 Sessions, every Saturday 1 pm - 3 pm, Weds evening 6 pm - 8 pm - \$25 per week

Separate classes available for adults and adolescents

For Adults and adolescents who are violent, oppositional, or argumentative (charges related to assault, road rage, making threats, bullying, etc.). The focus is upon identification of triggers, improved ability to manage feelings of anger and frustration. (\$20 Charge for workbook)

Family Support - 8 Sessions, every other Monday 6 pm - 7 pm - \$120

For people who have failed to maintain obligations to pay family or child support. The focus is upon confrontation of issues contributing to failure to meet such obligations, improved judgement and decision making by raising moral reasoning. (\$20 Charge for Workbook)

Character Development - 16 Sessions, every Monday 8 pm - 9 pm - \$220

Separate classes available for adults and adolescents

For people that are struggling with difficulties in life. The class focuses on methods and motivations of building will power, self-discipline, and how to set goals. Class is offered to both adults and adolescents. (\$20 Charge for Workbook)

Job Readiness – 6 Sessions, every other Monday 6 pm – 7 pm - \$100

The class is designed to present what a "good employee" is, and contains a self-assessment, discusses work goals and habits, and explains how to get and keep a job. (\$20 Charge for Workbook)

Life Skills – 6 months (minimum may last longer), every Tuesday 6 pm – 7:30 pm - \$15 per week

The focus of this class is for the participants to begin focusing on the necessary life skills to enable them to get and keep a job and begin working towards a productive career. This is an open-ended class and participants work at their own pace.

Staying Quit – 8 Sessions (minimum may last longer), every Weds. 1 pm – 2 pm,

Every Sat 4 - 5 pm \$25 per week.

The focus of this class is to use the principles of cognitive behavioral relapse prevention that focus on risky situations, scripting changes, coping with urges and cravings, being around users, understanding support issues, and taking charge. The groups are open-ended meaning that new clients can enter an ongoing group at any time. (\$20 Charge for Workbook)

Untangling Relationships – 12 Sessions every Weds 6 pm – 7 pm - \$160

The focus of the class is for the participants to directly confront the key issues of codependency including manipulation and dependent relationships. Codependency is one of the major issues in enabling. This program is targeted to substance abusers, criminals, and those involved in domestic violence or dysfunctional relationships. This course is open-ended, and participants work at their own pace. (\$20 Charge for Workbook)

Additional Services

Addiction Severity Index Assessment – By Appointment Mon - Fri - \$49

We provide this Assessment at the request of the Court or Probation/Parole Office. It is done electronically and can be transmitted electronically the same day.

Counseling – By Appointment Mon - Fri - \$15 per quarter hour

Counseling is provided by both Licensed Clinical Social Workers and CRADC substance use disorder counselors using Person Centered Therapy, Cognitive Behavior Therapy, Emotion Focused Therapy and Solution Focused Therapy.

Substance Use Evaluation and Mental Health Diagnosis – By Appointment Mon – Fri - \$49

This service is provided by Licensed Clinical Social Worker at the request of the Court or Probation/Parole Office.

Benefits of our Services

- All Classes are MRT based which are a SAMHSA recognized evidence-based practice.
- Classes are open ended so anyone can join anytime.
- Classes will never will be over 15 participants. At 16 participants classes will be split into two classes of 8.
- Feedback will be provided for each participant so that court may monitor their progress.
- Documentation of progress is available at any time.
- Participants can pay by the week and can pay online.
- 180 Degrees is certified through the Department of Mental Health:

Outpatient Mental Health

Outpatient Substance Use Disorder Treatment - Adult

Community Based Primary Treatment

Intensive Outpatient Rehabilitation

Supported Recovery

Recovery Support Services

Registration can be completed online or by calling (417)567-3356.

<http://180degreesmo.com>