

April 2026/Nisan 5786 Newsletter



Hello TCJRC Friends,

After so many Passover Seders since leaving Egypt and claiming the importance of freedom we still find we long for and advocate for real freedom. Not only for ourselves as Jews, but for all of us no matter what we look like, who we love, or where we choose to live. We are One Earth family with G!d.

We sing, shout, and protest our need for freedom. You have likely heard the songs [Minneapolis Streets](#) by Bruce Springsteen or [Joan Baez and Maggie Rogers sing a duet of Bob Dylan's "The Times They Are A-Changin'."](#)

Singing Resistance is a Minneapolis-based grassroots movement using group singing in English and Spanish to protest, grieve, and foster solidarity against Ice Raids and other injustices. Our TCJRC member and leader, Kohenet Riv Shapiro, wrote two original songs that they recently used, [The People are Rising](#) and [Believe in the Beauty to Come](#).

God blessed us with a still small voice from within which helps us maintain positive values as a soul. It awakens our love and truth of who we should be.

Becca Good, Renee's widow is calling for "Radical Kindness." Our everyday acts of kindness and helping our neighbors I believe will lead us to that ideal of real freedom we desire. May it open all our eyes with love this Passover.

Hag Sameah!

Much love,
Sherry

LOCAL TCJRC EVENTS

TCJRC Jewish Spiritual Book Meeting

Heart of a Stranger: An Unlikely Rabbi's Story of Faith, Identity, and

Belonging by Rabbi Angela Buchdahl

Monday, April 13 from 7-8:30 PM CT on Zoom

New participants are always welcome as we begin our new book, *Heart of a Stranger*. Please read chapters 1 – 4 (pages 1 – 52) for our next meeting on Monday, April 13 from 7 – 8:30 PM.

From the first Asian American to be ordained as a rabbi, a stirring account of one woman's journey from feeling like an outsider to becoming one of the most admired religious leaders in the world.

Angela Buchdahl was born in Seoul, the daughter of a Korean Buddhist mother and Jewish American father. Profoundly spiritual from a young age, by sixteen she felt the first stirrings to become a rabbi. Despite the naysayers and periods of self-doubt—Would a mixed-race woman ever be seen as authentically Jewish or chosen to lead a congregation? — She stayed the course, which took her first to Yale, then to rabbinical school, and finally to the pulpit of one of the largest, most influential congregations in the world.

Please save Monday, May 11 for our next 7 - 8:30 PM meeting. If you are new, please RSVP with your name and email to TCJewishRenewal@gmail.com for the Zoom link.

Adat Ha'araphel: Congregation of the Cloud Shabbat Services

Second and Fourth Shabbat mornings of the month, Gather at 9:15 AM CT and begins 9:30 AM

Join us in the cloud for a spiritually infused, musical service. Please contact Sherry at tcjewishrenewal@gmail.com for Zoom details. All are welcome to attend. Service leaders include Rabbi Marc Labowitz from Temple Adath Or in So. Florida, Rabbi/Chaplain Leon Olenick, Jackie Olenick, and a host of other talented Jewish Renewal leaders such as our own TCJRC member, Chaiya Isenberg.



TCJRC Membership and Donations

This Pesach please join us or renew as a TCJRC/ALEPH Member!

Your \$72 yearly (or \$6/month) membership includes immediate family members and enrolls you in both TCJRC and ALEPH (our national organization). We are able to bring in talented national leaders and grow with your support. Plus, you get a discount on many of our events and activities while helping us offer even more.

Now is the time to embrace that personal connection to God by reaching beyond religious boundaries and institutional structures. We offer a contemporary egalitarian approach, which includes Jewish mystical/Chasidic traditions and social transformation. Come immerse yourself in a different, joyful way of experiencing Judaism.

Various opportunities include designated ALEPH courses, free community webinars, resource sharing, Shabbaton with Renewal leaders, network community open houses, Rosh Chodesh participation, our national biennial Kallah conference and scholarships through grants.

Local Mitzvah Request

Kathilyn Solomon is receiving medical treatment to dissolve cancer in the bone marrow. She is very grateful to you for the Shabbat meals she has received! If you are willing to make a Friday Shabbat meal for her, please contact Jeanne of the Chesed Committee of Mayim Rabim; Text/Phone (612 267-1981 or email jhoff3@gmail.com). She is handling the overall calendar and food preferences and can arrange for pickup and delivery to Kathilyn in St. Louis Park if needed.

[Finding Elijah: A Storyplay and Workshop on Ending Hate](#)

Presented by [Storydance Theatre](#) - Cia Sautter, Koleinu and Other Artists

Saturday April 18 @ 7:30 pm; Sunday, April 19 @ 2pm

At Phoenix Theater, 2605 Hennepin Ave, Minneapolis, MN 55408

- Discussion session follows the Sunday show
- \$20-\$35 sliding scale (no one turned away for lack of funds)
- Free Workshop: April 16th, 7-9 pm, co-sponsored by Jewish Community Action and Shir Tikvah Synagogue.
- [Tickets are on sale now!](#)

Storydance Theatre presents a story play dealing with the effects of hate, and finding justice. A workshop on dealing with trauma after facing hate will also be offered as part of the Finding Elijah project.

In Jewish folklore the biblical prophet Elijah wanders the earth to provide justice, compassion, and healing in times of distress. The play explores Elijah throughout Jewish history in moments of antisemitism, injustice, and the often-broken discourse around Israel-Palestine. Rather than take a political stance, the offering looks at the human cost of hate. While there is a decided Jewish focus in the production, it aims to prompt audiences to reflect on their own experience. Stories in the play include traditional, contemporary, and personal accounts of dealing with hate and finding hope.

[Minnesota and the Dakotas Yom HaShoah Commemoration](#)

Mon, Apr. 13 | 7:00 PM - 8:30 PM | Mount Zion Temple

Finding a Home in America: The Holocaust Survivor Immigrant Experience

All are welcome to this free and public service. Registration is required. Please leave bags at home and arrive early for entry and check-in. [Register to Attend](#)

Yom Ha'atzmaut Community Celebration

Sunday, April 26 • 2-5 p.m. • Sabes Center Minneapolis

See TCJewfolk in the future for details.

[The Shabbat Effect Book Talk with Alan Morinis](#)

Wednesday, April 29, 2026 at 6:00 pm

At Temple Israel (2323 Fremont Avenue South, Minneapolis)

What if one sacred day of rest could transform the way you live every day?

Join Dr. Alan Morinis, founder of The Mussar Institute, for an inspiring evening based on his new book, The Shabbat Effect, exploring how Shabbat can bring balance, meaning, and intention into daily life. Dessert reception to follow. [Register to Attend](#) - No fee.

Presented by Living Mussar, in collaboration with Temple Israel and our community partners.

ALEPH Regional Renewal Shabbaton in Pacific Northwest

July 24-26

When we come together in holy community with one another, we create the world in which we wish to live. This summer, ALEPH is thrilled to invite you to SAVE THE DATE for what you've been asking for: a regional Shabbaton! We'll be gathering in the Pacific Northwest for a transformative weekend over Shabbat Nachamu—the Shabbat of our collective comfort.

Whether you're looking for community, craving a deeply meaningful Shabbat experience, or just need a weekend that fills your cup—this is it. Mark your calendar today to join us from July 24-26! TCJRC members look for full details soon in an upcoming ALEPH newsletter.



Friday Healing Circle

Fridays, 10:30 to 11:30am CT with Rabbi Diane Elliot

The Friday Healing Circle, led online by R. Diane Elliot and friends, offers a weekly space to connect, to feel, to praise, to learn, to grieve and to love. Join us each Friday at 10:30am CT for an hour of song and movement, Torah, poetry and healing prayers to expand your spirit and lead you into Shabbat. Gatherings are recorded and a link sent to all on our mailing list, so you can partake at your convenience. The Circle is freely offered; contributions are appreciated. To sign up for the mailing list and receive the Zoom link email rabbi.diane18@gmail.com

Nechamah Minyan Every Evening (not Friday) at 8 PM CT

Led by Rabbi Geela Rayzel Raphael and friends. Please email ALEPH's Spiritual Arts Director (rreyzel@shechinah.com) for zoom room link. Providing nechamah (comfort) beyond time and space. Serving to connect people across denominational lines; people who need a place to pray; to heal; to grieve; to experiment with different forms and modalities of prayer. Please bring your prayers and songs for peace.

Virtual Passover Seders

Here are two Virtual Seder opportunities:

[The Mirror of the Sea: A Beit Kohenet Passover Seder](#)

Thursday, April 2 at 7 pm ET live via Zoom, join Rabbi Jill Hammer, Shoshana Jedwab and other Hebrew Priestess Leaders

During the Exodus, the Israelites followed Moses and Miriam through the sea. Legend holds that the waters appear on either side of them like shining windows, or some say, mirrors. Maybe the mirrors later donated to the sanctuary are meant to recall the mirrors of the sea.

What are the different windows and mirrors that illuminate our liberation journey? What visions appear to us as we cross into the unknown? Sliding Scale - [Registration](#)

[Passover Interfaith Seder](#) recorded in 2020 (Youtube) with the Lake Worth, FL Interfaith Network, Temple Adath Or with Rabbi Marc Labowitz, Interfaith leaders and guest appearance by Neshama Carlebach.

The Jewish holiday of Passover celebrates freedom from oppression, a theme that is as timely now as it was over 2000 years ago. Join us as we explore interfaith messages of peace, brotherhood and freedom for all.