

February 2026/Shevat 5786 Newsletter



Hello TCJRC Friends,

I am holding you all with tender care from afar. With Tu Bishvat around the corner I am thinking of the rooted way the trees teach us that our root systems are interconnected beneath the surface. We are one. Shema. I hope you are finding time to take breaths and feel your holiness. What horrible times we are living through. I offer you softness and tenderness.

This week's parsha, Beshalach, is one of juxtaposition, where our people are free and they cry out, "Have you brought us into the wilderness to die?" for they do not know they will cross the sea in song yet. Then there is mana that comes from the sky and laws of Shabbat that are given. The people do not know what to believe. There is a lot of trust to be expected in Torah. Trust is a hard thing to cultivate in times of distress, when our nervous systems are activated.

May we learn from the trees to tap into the systems of community to trust each other, to build root systems that allow us to guide our way and communicate with one another. May we lean into ritual and listen to Hashem finding our path towards true liberation for all peoples.

With blessings and care,
Student Rabbi Shosh Madick
Social Media and Events Director
shoshtcjsc@gmail.com

Tu Bishvat Seder led by Rav Michaela Brown

Sunday, February 1st at 1:30 - 3:00 pm

St. Louis Park location given after registration

In the Talmud, we learn that the 15th of Shevat is the New Year for the Trees. In medieval times, Kabbalists created a seder for the holiday modeled after the Passover seder, imbuing the rituals with an exploration of the Four Worlds of Creation. During this seder, we will learn, eat, and explore the wisdom of the Tree and her many fruits as taught by the Jewish mystics. Cosponsored by JPride and JCA.

Register Here: Limited Space so please RSVP by Friday, January 30.

\$15 TCJRC Members, \$20 Non-Members, and \$5 Children Age 10+



Rabbi Michaela Brown (she/her) is the associate chaplain for Jewish (and Interfaith) Life at both Carleton College and St. Olaf College. She participated in the joint Hebrew College and SVARA Talmud Pedagogy Fellowship where her capstone learning project at Hebrew College was reading about the creation of the first man and woman in the Zohar and analyzing it with queer theory.

TCJRC Jewish Spiritual Book Meeting

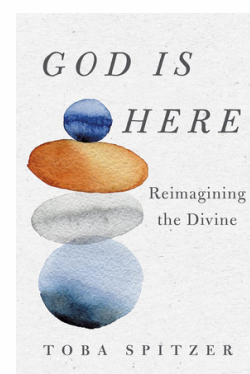
God is Here: Reimagining the Divine

Sunday, February 8th from 7-8:30 PM CT on Zoom

We will discuss chapter 9 and 10, God is here Reimagining the Divine by Toba Spitzer |March 2022.

New participants are welcome! Join us even if you do not have the book.

Please RSVP with your name and email to TCJewishRenewal@gmail.com for the Zoom link.



Adat Ha'araphel: Congregation of the Cloud Shabbat Services

Second and Fourth Shabbat mornings of the month

Gather at 9:15 AM CT and begins 9:30 AM

Join us in the cloud for a spiritually infused, musical service. Please contact Sherry at tcjewishrenewal@gmail.com for Zoom details. All are welcome to attend. Service leaders include Rabbi Marc Labowitz from Temple Adath Or in So. Florida, Rabbi/Chaplain Leon Olenick, Jackie Olenick, and a host of other talented Jewish Renewal leaders such as our own TCJRC member, Chaiya Isenberg.

TCJRC Membership and Donations

We hope you decide to join us or renew as a TCJRC/ALEPH Member! Your \$72 membership includes immediate family members and enrolls you in both TCJRC and ALEPH (our national organization). We are able to bring in talented national leaders and grow with your support. Plus, you get a discount on many of our events and activities while helping us offer even more.

Now is the time to embrace that personal connection to God by reaching beyond religious boundaries and institutional structures. We offer a contemporary egalitarian approach, which includes Jewish mystical/Chasidic traditions and social transformation. Come immerse yourself in a different, joyful way of experiencing Judaism.

Various opportunities include designated ALEPH courses, free community webinars, resource sharing, Shabbaton with Renewal leaders, network community open houses, Rosh Chodesh participation, our national biennial Kallah conference and scholarships through grants.

Local Events

Klezmer on Ice

Jan 31 - Feb 1

Get ready for the 4th annual Yiddish festival celebrating Eastern European Jewish Music and Culture in the Twin Cities. Multiple events indoors and outdoors including concerts and workshops.

“The Secret of the Possible” 2026

Instructor: Joy Gordon

Classes are via Zoom Wednesday evenings February 4 through March 11 from 7:00 – 8:30 CST and are recorded for later viewing

“The Secret of the Possible” is a six-week Zoom course with Joy Gordon (Joy of Kabbalah) exploring creativity as a spiritual practice through teachings from the Zohar, applied to everyday life. The class invites you to shift from literal to possibility thinking, discover hidden potential, and inspire positive change in yourself and others.

Contact Joy Gordon at joyg33@gmail.com for more information or to register.

Tuition: \$85.

Local Mitzvah Request

Mitzvah Request

Kathilyn Solomon is receiving medical treatment dissolving cancer in the bone marrow. If you are willing to make a Friday Shabbat meal for her, please contact Jeanne of the Chesed Committee of Mayim Rabim; easiest by text (612 267-1981), then email (jhoff3@gmail.com), or call. She is handling the overall calendar and food preferences and can possibly arrange for pickup and delivery to Kathilyn in St. Louis Park if needed.

ALEPH Events

The Magic and the Medicine of the Psalms App Launch with Rabbi Shefa Gold Wednesday, February 4th, 8pm ET / 5pm PT

ALEPH: Alliance for Jewish Renewal will be sponsoring an event to celebrate the Launch of a new app for spiritual practice, created by Rabbi Shefa Gold, called: The Magic and the Medicine of the Psalms. **Registration**

Friday Healing Circle Fridays, 10:30 to 11:30am CT with Rabbi Diane Elliot

The Friday Healing Circle, led online by R. Diane Elliot and friends, offers a weekly space to connect, to feel, to praise, to learn, to grieve and to love. Join us each Friday at 10:30am CT for an hour of song and movement, Torah, poetry and healing prayers to expand your spirit and lead you into Shabbat. Gatherings are recorded and a link sent to all on our mailing list, so you can partake at your convenience. The Circle is freely offered; contributions are appreciated. To sign up for the mailing list and receive the Zoom link email rabbi.diane18@gmail.com

Nechamah Minyan Every Evening (not Friday) at 8 PM CT

Led by Rabbi Geela Rayzel Raphael and friends. Please email ALEPH's Spiritual Arts Director (rrayzel@shechinah.com) for zoom room link. Providing nechamah (comfort) beyond time and space. Serving to connect people across denominational lines; people who need a place to pray; to heal; to grieve; to experiment with different forms and modalities of prayer. Please bring your prayers and songs for peace.

Silence is Praise

Weekly on Wednesdays, Time: 10:30 am-11:30 pm CT

Presenter: Rabbi Anne Brener

Registration Cost: Pay-what-you-can

Join Rabbi Anne Brener for a chanting and meditation service, using the structure of the morning service, to calm our bodies and connect our souls. There will be time for some check-in afterward.



Twin Cities
Jewish Renewal
Community