

CANNABIS BASIC ORDER Sheet

SPECIALLY made for patients with multiple medical issues. Get them started safely. Our Cannabis Team will guide the staff, family and patient on specific dosing guide titration and watch/trouble shoot for any adverse effects. Contact Ajja Medical Clinic at 1-800-310-7274 with questions you may have.



PHYSICIAN NAME _____

LICENSE _____ CLINIC _____

CONSULTATION DATE _____ Patient OHIP# _____

PATIENT ASSESSED AT - CLINIC / OFFICE / ONLINE / NURSING HOME / OTHER

PATIENT NAME _____ D.O.B _____

ADDRESS _____

LTC/RETIREMENT HOME _____

POA -NAME & PHONE# _____

OFFICE FAX # _____ EMAIL _____

Phone
1-888-742-0062

To order fax
1-866-483-1880

DOSAGE INFORMATION

This prescription can be used for dried cannabis, vapes, cannabis oil/softgels, edibles, topicals. When authorizing for a cannabis dosage it needs to be entered as total grams per day.

Daily quantity (grams/day) _____ Diagnosis(optional) _____

Period of use _____ (months) not to exceed 12 months. THC % allowance _____

IS THIS PATIENT NEW TO MEDICAL CANNABIS - YES / NO

If preferred, Ajja's Medical Director can assist and visit with your patient. Please check off the appropriate box and a virtual appointment will be made for your patient. (no referral necessary)

INSTRUCTIONS - Suggested guidance -eg CBD / THC %, and frequency

CIRCLE PREFERRED - OIL / SOFTGEL-TABLET / SUPPOSITORY / DRIED FLOWER-VAPE / EDIBLE

Cannabis Educator will assist with appropriate product selection and ordering

I have chosen to submit the original Medical Document via Secure ePortal Fax Line or via the secure TeleHealthcare Professional Portal. I acknowledge that the faxed or electronically submitted Medical Document is now the original Medical Document and that I have retained a copy of this document for my records only.

Certification by Health Care Provider: I hereby certify that the information in this document is accurate and complete: Signature: see below.

PHYSICIAN SIGNATURE _____ DATE: _____

I am not comfortable writing a cannabis medical document. Please provide assistance.

EXAMPLES OF ORDERS -REGULARLY USED

CBD OIL OR CAPSULE -adjunct for joint/muscle/neuropathic pain, anxiety,agitation (does not work as a sedative) often does not work immediately, works better over long term. Can still use other breakthrough medications- CBD START DOSE -5-10 mg po bid, titrate by 5 or 10mg every week until desired effect reached. MAX 60 mg bid. Can be given at hs to start and/or tid. LTC can follow instructions from our Cannabis Educator. **WRITTEN MEDICAL DOCUMENT -READS AS FOLLOWS** - 2g/day THC limit <2% CBD only OILS/CAPSULE/SPRAY/TOPICAL

CBD-THC BLENDS-Sometimes better in neuropathic pain or severe sundowning, agitation, or if CBD has been ineffective on its own however more likely to have side effects-drowsiness, dizziness, can make anxiety worse if too much THC , increased anticholinergic effects. - CBD-THC Oils/capsules/spray - suggest lowest dose capsule usually around 2mg/2mg of CBD/THC. Take one capsule 60-90 minutes before bed. Can also be given bid or tid, but start at night first for minimum of at least 2-4 weeks. LTC can follow further titration and dosing instructions from our Cannabis Educator. Do not exceed total of 20 mg THC in any one dose. **WRITTEN MEDICAL DOCUMENT READS AS FOLLOWS** - 2g/day THC limit <15% OILS /CAPSULES/SPRAY/TOPICAL

NOTE- the THC part is a psychoactive cannabinoid taken orally with slow onset and offset, can last up to 8 or more hours. When combined with CBD "tends" to have less side effects BUT headache, dizziness, drowsiness, fatigue, and anticholinergic side effects are possible as well as more potentiation or interference of medications such as other sedatives, opioids, blood thinners, antihypertensives and diabetes medications. Feel like your patient is reacting poorly to CBD-THC blends - it's ok to stop. NO WEANING REQUIRED.

TOPICAL CREAMS CANNABIS INFUSED - (commonly used in various pain syndromes (example OA VS NEUROPATHIC

WRITTEN MEDICAL DOCUMENT READS AS FOLLOWS - 2g/day THC limit <10% -Topical Cream AAA 2-3x/day, avoid open skin/mucous membranes

CONTACT AJJA CLINIC FOR A LIST OF PRODUCT RECOMMENDATIONS



According to Health Canada, the average amount of cannabis consumed by patients for medical purposes is 1-3grams/ day. However, there is no limit to the daily allowable amount that can be authorized. 1-800-310-7274

