

Position Description: Board Director, Dadfit Community Ltd

About Dadfit

[Dadfit](#) is a Melbourne-based charity and social enterprise supporting dads to enable healthy, safe and gender equal families.

Founded in 2023 by CEO [Ryan Carters](#), Dadfit delivers programs connecting and supporting dads in communities, workplaces and sporting organisations.

Too many dads are struggling with mental and physical health, social isolation, parenting and relationships. Traditional parent groups and support services are mostly attended by women, and fail to engage most dads. When dads struggle, entire families suffer.

Dadfit's mission is to demonstrate and scale up our innovative, community-led model for supporting dads, creating a step change in family health and gender equality.

Backed by philanthropy, government, and employers, Dadfit's free community programs combine group exercise, facilitated discussions, and weekly challenges. We also deliver workplace programs and family events.

In less than two years, we've already supported hundreds of dads with lasting impacts - including in diverse and disadvantaged communities - and we're growing rapidly.

We're seeking to appoint three new **volunteer Board Directors** to oversee the next phase of Dadfit's mission to support over 10,000 dads and families by 2028.

The Dadfit Board

Dadfit is currently governed by a board of four Directors with a broad range of skills and experience:

- Edward Kus (Chair)
 - Legal, strategy and governance expert
 - Consultant and King & Wood Mallesons
 - General Counsel and Frontier Impact Group
- Ryan Carters (Founder and CEO).
 - Ex McKinsey consultant
 - Former professional cricketer
 - Masters in Public Policy, Harvard University
- Sarah Darmody.
 - Award-winning author and journalist
 - Media and communications adviser

- Women's health advocate
- Simon Hogan
 - Mental health expert
 - Operational Excellence Manager, Medibank
 - Former AFL player

We're looking to appoint three new members to our Board. We are seeking experienced non-profit Directors with expertise in the following areas:

- A Director with expertise in finance (preferably a CPA) to serve as Treasurer and oversee Dadfit's financial governance
- A Director with expertise in social services, e.g. in family services, health services, and/or academia
- A Director with expertise in government relations and media

Key areas that Directors will contribute to:

- Overseeing organisational strategy, governance and operations as a member of the Board
- Supporting the growth of Dadfit's partnerships and fundraising through ideas and introductions
- Providing expertise and guidance to Dadfit CEO and staff

Expected commitment:

- Attend six Board meetings per year (virtually or in-person in Melbourne)
- Be available 2-4 hours per month for additional activities (e.g. sub-committee meetings, supporting CEO, reviewing key documents, facilitating introductions)

This role is an unpaid position.

We value diversity and welcome applicants of all genders and cultural backgrounds.

Interested applicants please email our CEO Ryan Carters (details below) and we'll be in touch to discuss next steps.

Ryan Carters
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