

PHYSICAL THERAPY INITIAL EVALUATION FORM**PATIENT INFORMATION**

DATE _____

NAME _____ OCCUPATION _____
(LAST) (FIRST)

BIRTHDATE _____ AGE _____ HEIGHT _____ WEIGHT _____ lbs

HOME/CELL PHONE _____ EMPLOYER _____

CURRENTLY EMPLOYED? ☐ YES ☐ NO ☐ MODIFIED**REHAB INFORMATION**

1. CHIEF COMPLAINT/AILMENT/INJURY _____

2. DATE OF INJURY _____ DATE OF SURGERY _____

3. BRIEFLY DESCRIBE HOW YOU WERE INJURED

_____4. HAVE YOU RECEIVED THERAPY FOR THIS CONDITION? ☐ YES ☐ NO WHEN? _____

HOW MANY VISITS? _____

5. HAS YOUR CONDITION BEEN GETTING: ☐ WORSE ☐ SAME ☐ BETTER6. ARE YOUR SYMPTOMS: ☐ CONSTANT OR ☐ INTERMITTENT

7. MARK THE NUMBER THAT BEST CORRESPONDS TO YOUR PAIN:

AT BEST: ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 (EXCRUCIATING PAIN)AT WORST: ☐ 0 ☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10 (EXCRUCIATING PAIN)

8. WHAT DECREASES/MAKES YOUR CONDITION BETTER? (MARK ALL THAT APPLY)

- | | | | |
|---|-----------------------------------|-------------------------------------|---|
| <input type="checkbox"/> BENDING | <input type="checkbox"/> MOVEMENT | <input type="checkbox"/> REST | <input type="checkbox"/> BETTER IN AM |
| <input type="checkbox"/> SITTING | <input type="checkbox"/> STANDING | <input type="checkbox"/> HEAT | <input type="checkbox"/> BETTER AS DAY PROGRESSES |
| <input type="checkbox"/> RISING | <input type="checkbox"/> WALKING | <input type="checkbox"/> ICE | <input type="checkbox"/> BETTER IN PM |
| <input type="checkbox"/> CHANGING POSITIONS | <input type="checkbox"/> LYING | <input type="checkbox"/> MEDICATION | <input type="checkbox"/> N/A CAST JUST REMOVED |

9. WHAT INCREASES/MAKES YOUR CONDITION WORSE? (MARK ALL THAT APPLY)

- | | | | |
|--|--|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> BENDING | <input type="checkbox"/> MOVEMENT | <input type="checkbox"/> REST | <input type="checkbox"/> SNEEZE |
| <input type="checkbox"/> SITTING | <input type="checkbox"/> STANDING | <input type="checkbox"/> STAIRS | <input type="checkbox"/> DEEP BREATH |
| <input type="checkbox"/> RISING | <input type="checkbox"/> WALKING | <input type="checkbox"/> COUGH | <input type="checkbox"/> MEDICATION |
| <input type="checkbox"/> PROLONGED POSITIONING | <input type="checkbox"/> LYING | <input type="checkbox"/> WORSE IN AM | <input type="checkbox"/> WORSE IN PM |
| <input type="checkbox"/> WORSE AS DAY PROGRESSES | <input type="checkbox"/> N/A CAST JUST REMOVED | | |

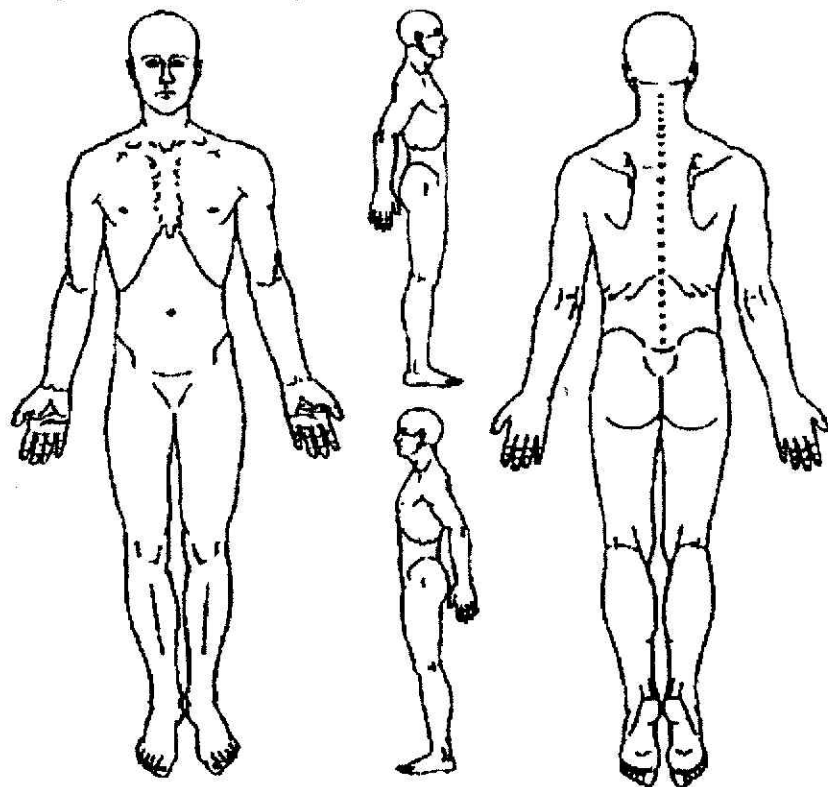
10. PREVIOUS MEDICAL INTERVENTION (MARK ALL THAT APPLY)

- ☐
- X-RAY MRI
- ☐
- CATSCAN
- ☐
- INJECTIONS OTHER _____

11. WHAT ARE YOUR GOALS TO BE ACHIEVED BY THE END OF THERAPY?

Patient# _____ Provider _____

DRAW IN AREAS OF PAIN ON BODY DIAGRAMS USING APPROPRIATE SYMBOLS. If you are completing this form on the computer, print form after completion and mark the diagram with a pen.



SEVERE PAIN	*****
MODERATE PAIN	00000000
DULL ACHE	nnnnnnnn
RADIATING PAIN	↑↓↑↓↑↓↑↓
NUMBNESS/TINGLING	XXXXXXX