

PARACHUTE

E C O A R T S  
P R O G R A M



# SUPERHERO COSTUME DESIGN

**ALL AGES\***

\*YOUNGER STUDENTS MAY TRACE THE  
TEMPLATE TO GET STARTED

Watch the video on the  
EcoArts Foundation Youtube channel

Planet Earth isn't always treated as well as she should be. Fortunately for all of us, there are some super-powered folks who make a point to look out for her. No, we're not talking about that green-haired Captain Planet guy. We're talking about you, me, and everyone else who does little things that add up to a big difference!

**LET'S DESIGN  
THE BEST  
SUPERHERO  
EVER!**





**Croquis:** A rough drawing of a model

**Fiber:** A long, thin thread of material

**Swatch:** A small sample of fabric to help show the look of a larger piece

**Microplastics:** Tiny plastic fibers that often make their way into oceans, rivers and streams

**Natural fabric:** Material woven together from plant or animal fibers

**Manmade fabric:** Material woven together from fibers using chemicals

## WHAT YOU'LL NEED:

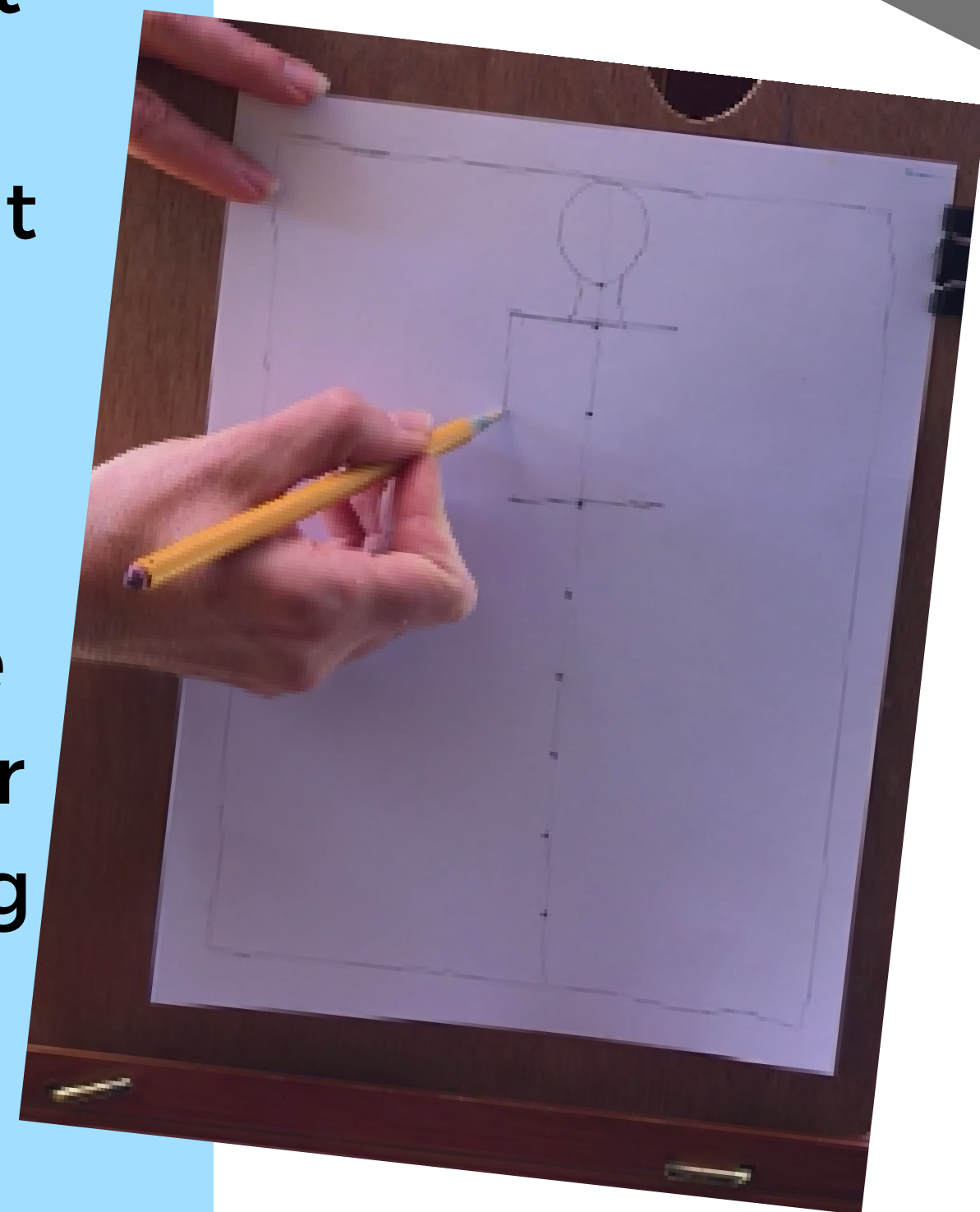
- Paper
- Pencil
- Markers, Colored pencils or crayons (optional)
- Ruler (optional)
- Scissors to cut out swatches
- Croquis template (for younger students)



## DIRECTIONS: MAKE YOUR CROQUIS

1. **Create a border.** Use your index finger against the edge of your entire paper and mark it with dots or dashes. Connect these dots with a line freehand or with a ruler.
2. **Draw a balance line.** Lightly draw a line down the center of your paper top to bottom with a pencil. You can use a ruler to measure and get a straight line if you'd like.

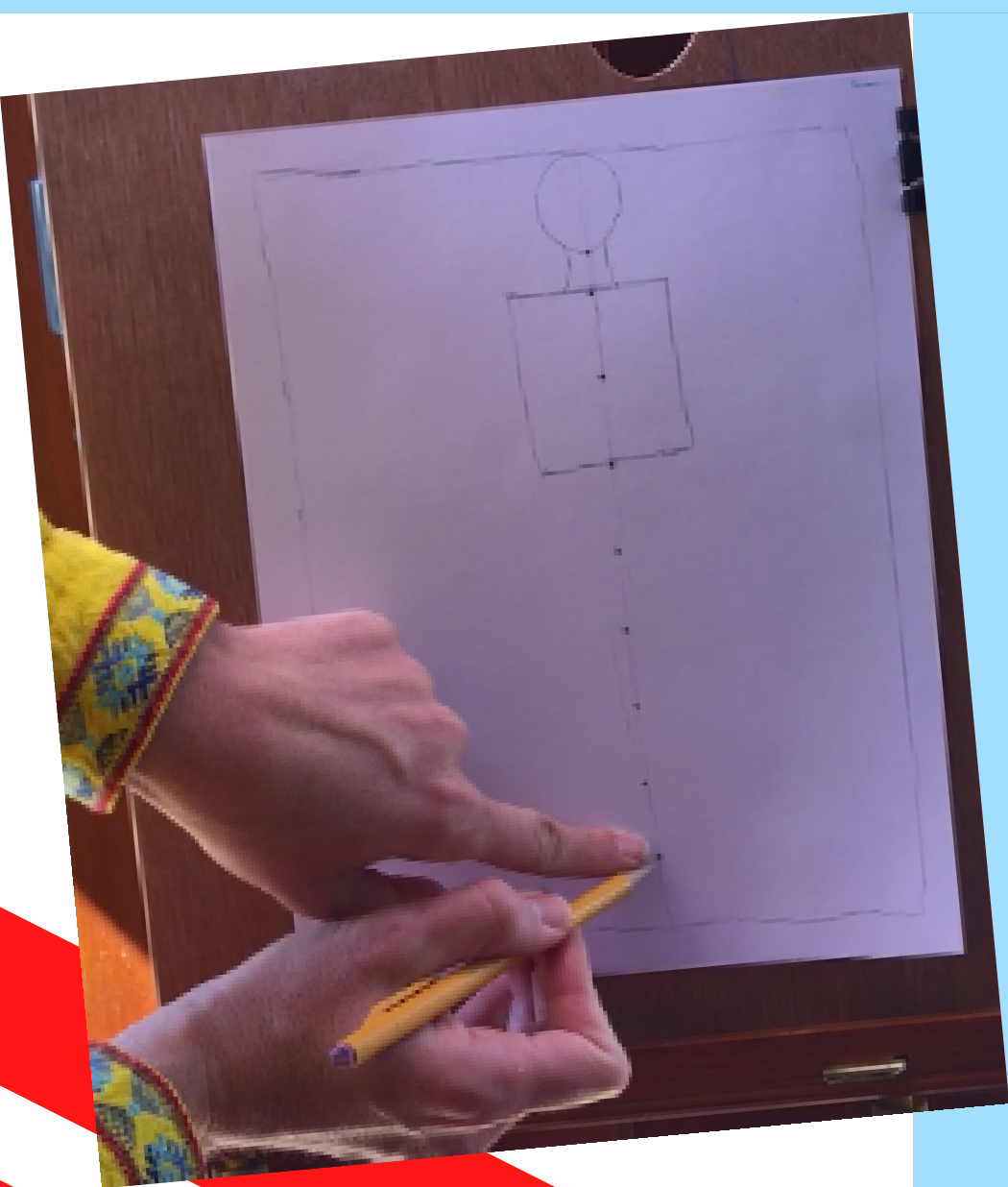
**3. Draw the head and neck.** Use your thumb to measure the length of the head and neck. Place your thumb at the top center of your paper, just underneath the border. Add a dot at the bottom of your thumb for the neck. Measure half of your thumb directly below it and add another dot. Draw an oval that connects the top dot with the edge of your border for the head. Draw two lines coming from the oval for the neck. Make sure the neck lines do not go past your final dot.



**4. Measure your body length.**

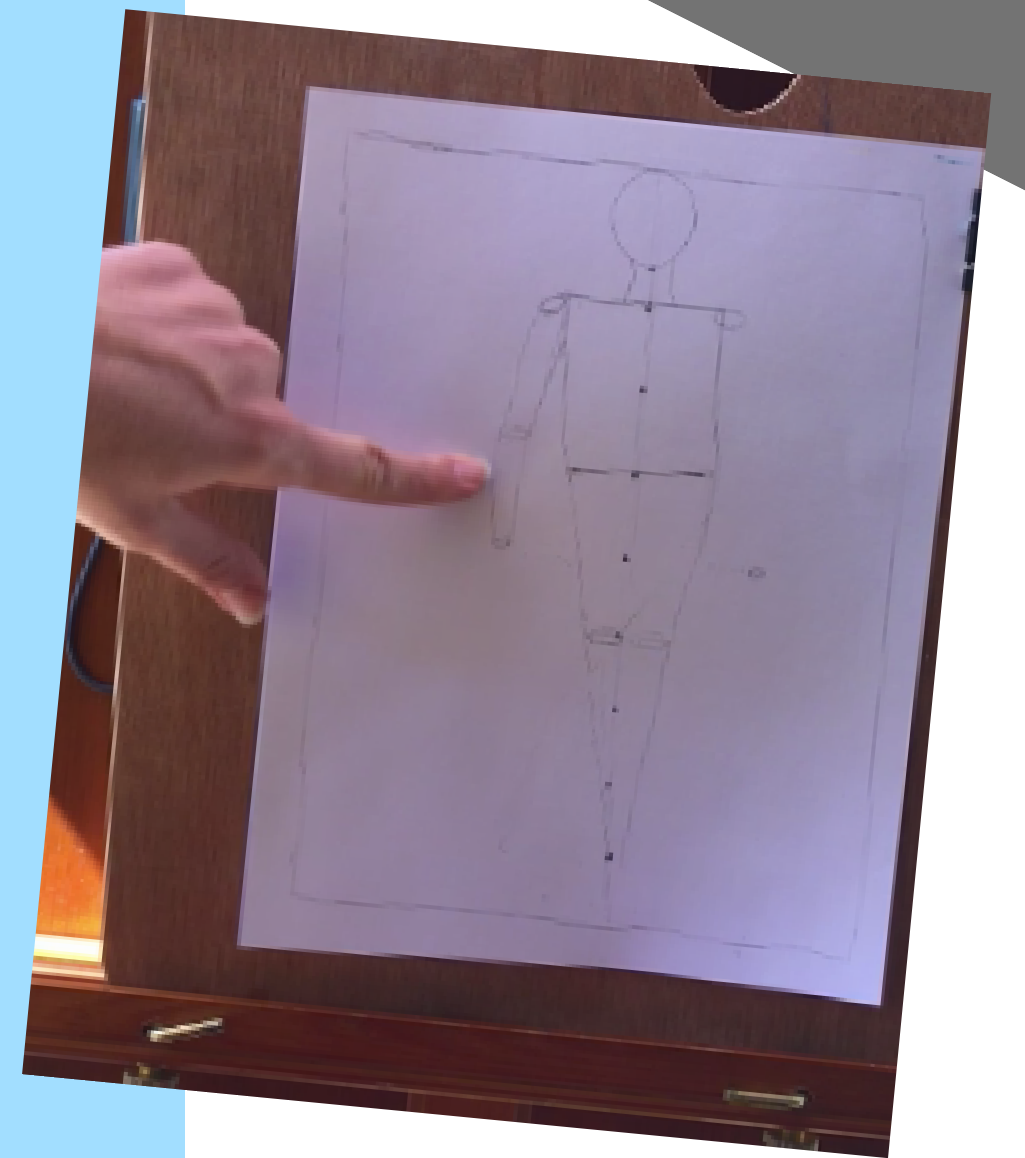
Measure 7 more thumb lengths along the center line of your paper. Mark each with a dot.

**5. Draw your torso.** Draw a horizontal line across the body at the neck, then measure two dots down and draw another horizontal line parallel to the first. Connect these two lines with two more lines to create a square.



**6. Draw your legs.** Draw a line from the outer corners of the box on both sides that ends at the lower most dot on your page. This will make a triangle shape. Think about what shoes your superhero will be wearing and draw them on your feet.

**7. Draw your superhero's arms.** Create small ovals that represent the knees, shoulders, elbows and wrists. Connect these ovals with lines.

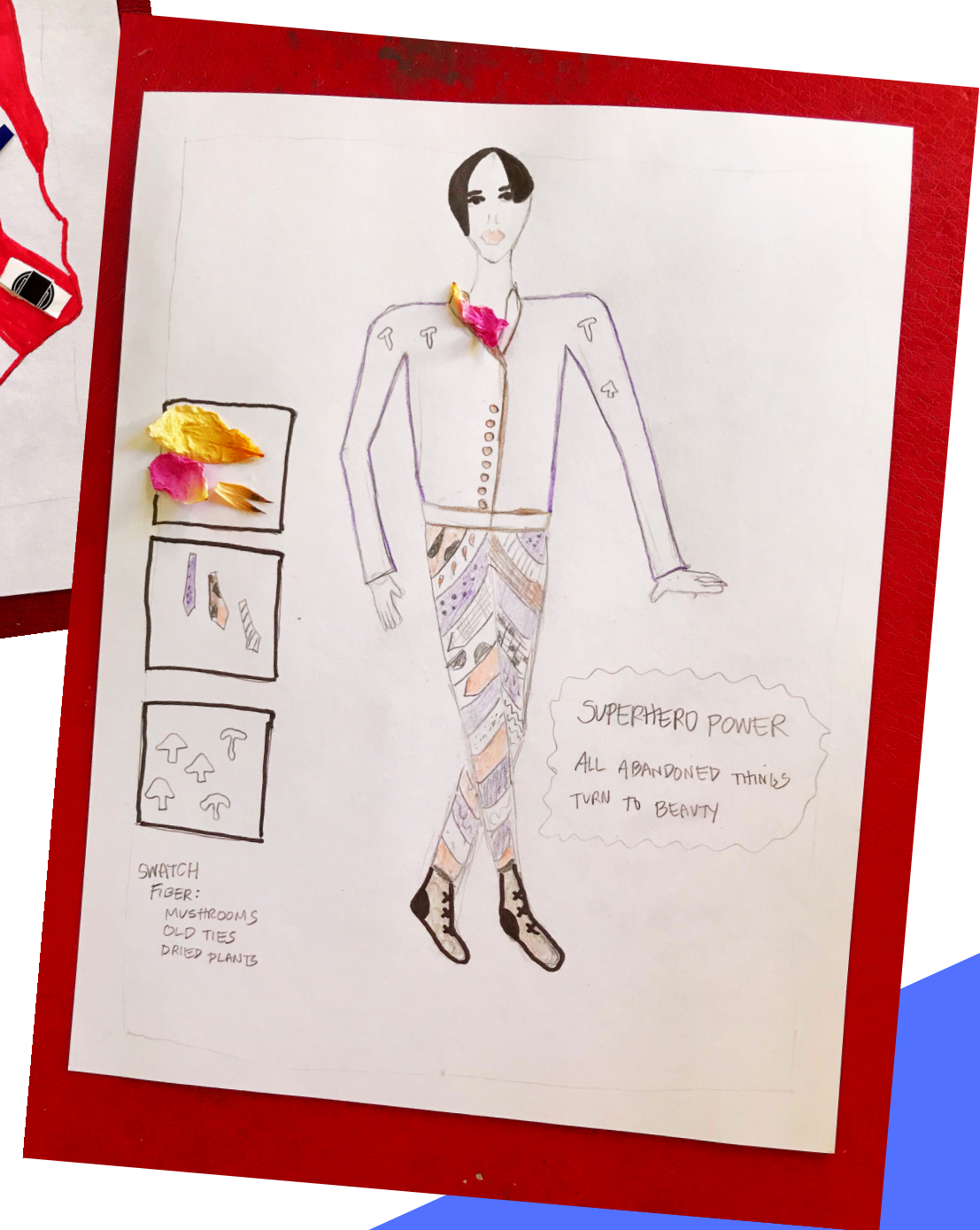


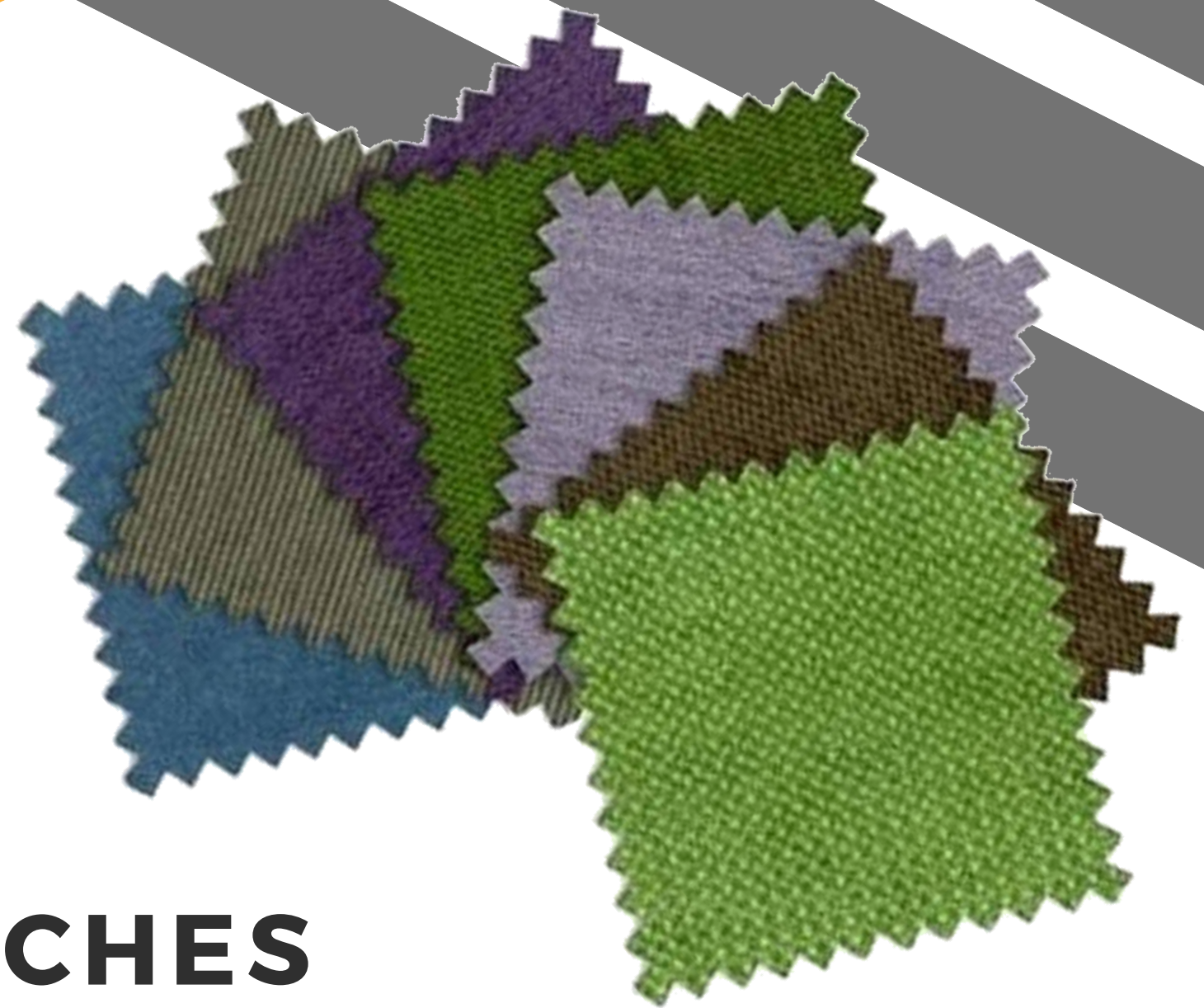
## **THINK ABOUT YOUR SUPERHERO'S SUPERPOWERS**

This is where you can get really creative. Think about what your superhero will be wearing, and what their superpowers will be. You will need to know this while you create your costume.

## CREATE YOUR SUPERHERO COSTUME

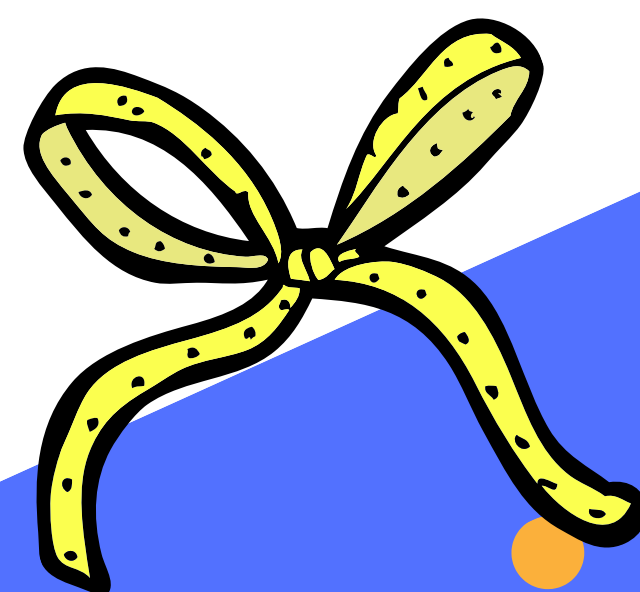
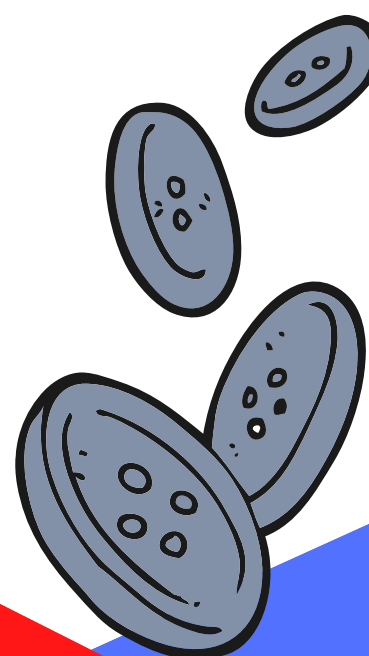
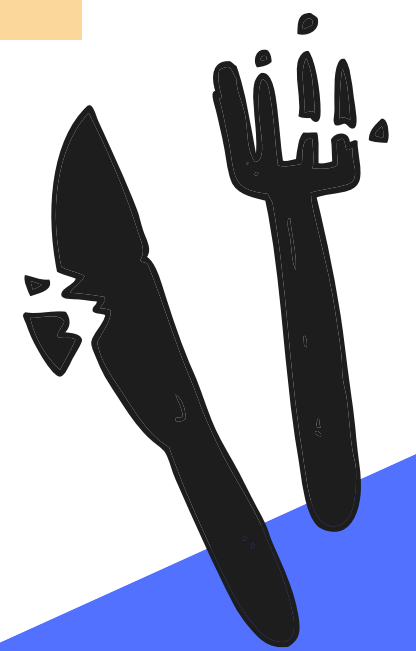
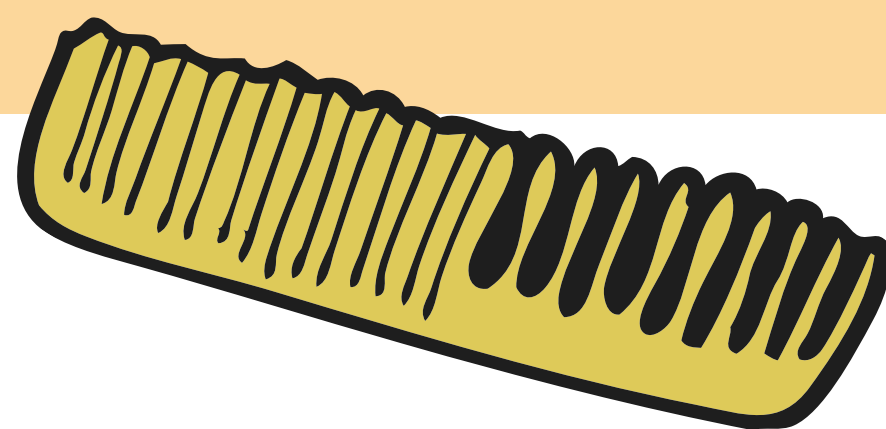
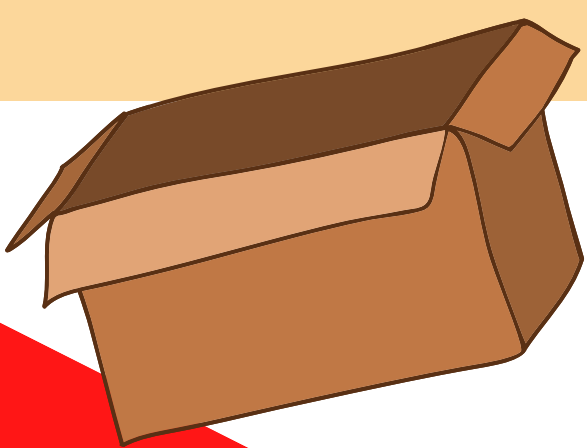
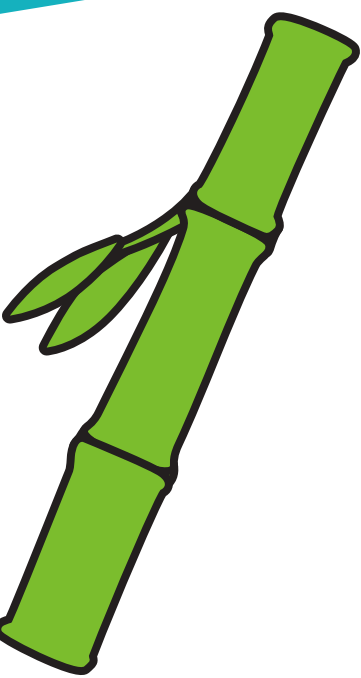
Erase the dots and lines that you don't need anymore. Draw a face on your superhero and get creative with their costume. Do they have hair or a hat? Are they wearing a cape? Are they wearing pants or a dress? Gloves? Buttons? Add as many details to your superhero costume as you can!





## MAKE YOUR SWATCHES

1. Draw a square next to your croquis where your swatch will go.
2. Look around your house to find any materials that represent the clothing that your superhero costume is made from. If possible, glue them onto the square.
3. Repeat for all the swatches that you'd like you use. Write the material names underneath it. If you can't find the materials in your house - no problem! Just draw a picture of the fabric in your swatch square.





## FINISH YOUR DESIGN

Add any extra details or colors to your superhero. You can use crayons, markers, colored pencils, or even paints! It's up to you how you'd like to finish your design.

As a bonus project, you can create a story about your superhero - and maybe even turn it into a comic book!



**We can't wait to see your superheroes!**

Make sure to send photos to your teachers, or tag [@ecoartskids](#) and [@ecoartsfoundation](#) on instagram.



# Croquis Template

For younger students

