



## CHARLIEBAR DOG TRAINING

### *Training Cheat Sheet*

#### COMMANDS:

**SIT \* LAY \* COME \* PLACE \* LEAVE IT \* DOOR EXPECTATION \* SPIN \* LET'S GO**

1. Give **COMMAND** (only say the command once throughout the entire sequence below)

- If dog listens:

2. **"GOOD"** (dog holds command position)

3. **"BREAK"** (get dog out of position then pay reward in 3-5 seconds)

- If dog doesn't listen:

2. **"UH-UH"** (warning)

- If dog listens:

3. **"GOOD"** (dog holds command position)

4. **"BREAK"** (get dog out of position then pay in 3-5 seconds)

- If dog doesn't listen:

3. **"NO"** (correction, redirect, start over with giving the command)

#### TIPS + TRICKS:

- Body language is key
- Consistency is crucial for results
  - Training should occur 3x/day for 15 minutes each session
- Move your hand to pay reward AFTER saying "BREAK"
- Only reward dog when he/she is out of the command position
- Do NOT repeat any commands/warnings (i.e. "COMMAND", "UH-UH", "NO")
- Add more distractions daily

**HAVE FUN!**

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### *Client Notes*

Please understand that a dog is not trained in two weeks. A dog is not trained in three, four or five weeks. It takes time and consistency.

With that being said, we can do amazing things in a few short weeks, but it is just the beginning. The foundation is laid, and it is strong. We have added wanted behaviors and eliminated unwanted behaviors. Most importantly, the dog has learned how to learn, and your dog is now a clean slate, ready and willing to please you if you allow it.

Now please remember:

**For the best results, your dog needs both mental and physical stimulation on a daily basis.**

The following four steps will help you continue progress:

1. Identify and eliminate the bad habits inside the home that most likely created the behavioral issues.
2. Replace the bad habits with good habits.
3. Structure, rules and boundaries must be followed consistently.
4. Create positive interaction with you through play and formal obedience.

Numbers one through three above take no time out of your day to implement. You are doing something anyway, just do the right things now. You're always training, whether you know it or not. The dog knows it.

Number four takes very little time. A few minutes, a few times a day goes a long way.

Real results equal 10% trainer and 90% owner. It is up to me to provide you with the education, information and opportunity.

### **Release command: BREAK!!**

- Dog must know this well. If the dog does not know its release command, it is that much harder for the dog to know how to remain in command

### **Keep it simple:**

- There must be consequences for doing right and there must be consequences for doing wrong.
- Reward good behavior, whether you ask for it or not.
- Correct unwanted behavior quickly. If you do not correct unwanted behavior, you are rewarding it.

**Obedience:** Continue to master and work on the basics.

SIT \* LAY \* COME \* PLACE \* LEAVE IT \* DOOR EXPECTATION \* SPIN \* LET'S GO

Practice on leash, off leash, with food, without food, with toys, without toys, with rewards, without rewards, with tools, without tools.

Practice in the intermittent phase as long as needed when using tools.

Continue to work on adding duration of commands. Continue to work on adding distance to commands. Continue adding distractions to training.

Practice everywhere. Strive to achieve advanced obedience with his simply mastery of the basics under all conditions.

**Structured Walk:** Strive for daily structured walks.

No smelling, peeing or pooping unless given release command. The dog must be at your side or slightly behind. Change speeds (i.e. normal, fast, very slow) until walk is mastered.

**Free Walk:**

Use a long line so the dog can move about freely. Practice recall and all other basic commands on the free walk. Implement play on the free walk. Mix it up between Free Walk and Structured Walk. Combining obedience and play is a tremendous training session.

**New Behaviors:**

Teach your dog something new, even if you think it's useless. Utilize food luring and marking with "good" and "break" to do so. Take your time and you'll see you both grow as a team.

**Remember...**

Be a captain, not a dictator. Be firm but not angry. Be fair and consistent.

A tool will never bring out the best in a dog but a tool can bring out the best in your training, and the worst.

I don't need to see perfection in the positions, I need perfection in the attitude.

Most importantly, *enjoy* the process and the time that you have together. It goes fast, and they are not with us long enough.