



JUNE 18-20, 2018



JULY 30-AUG 1, 2018

Reach your Peak

www.PeakVolleyballCamps.com

Mike@PeakVolleyball.com 530-448-0519



June 18-20, 2018 Community Campus

Hailey, Idaho 83333 (near Sun Valley, ID)

This is our 4th annual camp in Hailey, Idaho! The Wood River Volleyball Camp has been a popular camp to start the summer off with a positive and focused experience.



July 30-August 1, 2018

North Star Charter School 839 North Linder Road Eagle, ID 83616

This is our 11th annual camp in Eagle, Idaho! The Boise Peak Volleyball Camp has been a popular camp as final prep for school try outs, and to be ready for pre-season training camp. Reach your peak this season!



1 Information

Both camps have expert skills instruction and fun games to help players of all levels prepare for the season. We have a fun positive atmosphere and proven training curriculum.

Based on the experience levels of participant groups, training is adjusted for appropriate level of challenge. Training begins with a focus on fundamental skills. Team system training in offense, defense, and transition is integrated into the camp experience. Drills progress from high feedback skills repetitions to fun fast paced game-like scenarios. The camp finishes with fun competitions! Be ready for the season. Take your game to the highest level.

Mike Welch, Camp Director

- 17-year NCAA Division I & II college head coach
- ♠ 6 nationally ranked seasons

- ★ Head Coach at the US Olympic Festival
- Trained Olympic Gold & Silver Medalists,
- ★ Volleyball Camp Director since 1990!

What to Bring

- ☐ A great attitude with energy!☐ LUNCH
- ☐ Full water bottle
- ☐ Court shoes (no black tread)
- ☐ Knee pads
- ☐ Shirt (no low cut)
- ☐ Shorts or spandex,
- Athletic tape, braces, inhaler, EpiPen, or other medical?
- ☐ Phone/Camera TURNED OFF

Meals not provided:
We have a lunch break from
11:30-12:30 each day. Please
pack an appropriate lunch and
snacks, or players can be
picked up for lunch.

REMEMBER to bring a full water bottle!

Individuals 5th-12th grade and School Teams welcome

Schedule

9:00am-3:00pm daily CHECK IN at 9:00am

Day 1

9:00am Check In. Get a Peak Volleyball gift!

Session: Serve, Pass and Serve Receive

11:30am Lunch break

12:30pm Session: Set, Attack and Continuous Games

3:00pm Session ends

Day 2

9:00am Session: Floor Defense and Team Defense

11:30am Lunch break

12:30pm Session: Block and Transition Offense

3:00pm Session ends

Day 3

9:00am Session: "Bonus" Games

11:30am Lunch break

12:30pm Session: Tournament!

2:50pm Camp awards and Presentation

3:00pm Camp concludes

www.PeakVolleyballCamps.com Mike@PeakVolleyball.com 530-448-0519

Highlights

- Positive and motivating atmosphere created by our experienced coaching staff.
- * "Carry-forward" training with skill keys for players continue to improve beyond camp.
- **Skills, position training, situational scenarios, and games** enhance peak performance.
- Court-side tablet technology for visual feedback.
- ★ HD digital video demos with software, frame by frame, draw on screen and more
- > Speed radar gun to improve power in serving & hitting, teaching arm swing mechanics
- Fun music to get warmed up moving and energy in the gym right from the start.
- **Team building experts**. We teach how to be amazing teammates on and off the court.



2018 Peak Volleyball Camps Registration, Medical, and Waiver Form

Register at www.PeakVolleyballCamps.com to use credit card and for instant confirmation. Mail in this form to pay by check or school purchase order.

Parents/Guardians Name Cell (
City	Parents/Guardians Name				
City StateZip	Cell ()Home ()	Work ()		
Club team	Address				
Circle Position(s): Setter Middle Blocker Left/Right Side Hitter Libero/Defense Select Camp(s) add a second camp and deduct \$40 off that camp! MAKE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL. To pay by credit card, register online at www.PeakVolleyballCamps.com June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) - \$230 June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) - \$250 July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA COMMUTER OPTION - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$480 July 20-22 Tahoe City Volleyball Camp, Eagle, ID (commuter only) - \$250 DISCOUNTS Save \$40 when registering in a second camp (\$40 off per camp after the first full price camp. Save \$40 when registering groups of 8 or more (excluding Wood River Volleyball Camp). Save \$20 when registering 2 or more siblings CAMP STORE: items can be viewed from www.PeakVolleyball.com Shirt super soft poly/cotton by Peak Volleyball Camps,S,M,L,XL - \$15 MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp slaff designated by Peak Volleyball (Forth with a heart on the back - \$15 MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp slaff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, or to any other person as a result of participation in this event on the back - \$15 MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp slaff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, or to any other person as a result of participation in this event on the participation of the riot participate in any Peak Volleyball	CitySta	te Z	'ip		
Select Camp(s) add a second camp and deduct \$40 off that camp! MAKE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL. To pay by credit card, register online at www.PeakVolleyballCamps.com June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) - \$230 June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) - \$250 July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA COMMUTER OPTION - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$250 July 24-26 Zephyr Cove Beach Volleyball Camp, Zephyr Cove Resort, NV - \$250 July 30-Aug. 1 Boise Volleyball Camp, Eagle, ID (commuter only) - \$250 DISCOUNTS Save \$40 when registering in a second camp (\$40 off per camp after the first full price of Save \$20 when registering groups of 8 or more (excluding Wood River Volleyball Camp) Save \$10 when registering 2 or more siblings CAMP STORE: items can be viewed from www.PeakVolleyball.com Shirt super soft poly/cotton by Peak Volleyball Camps,S,M,L,XL - \$15 MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp salf designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event and waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my ct or any other person as a result of participation in this event. This waiver and release shall be binding on my heris and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, rehool discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my ct or any other person as a result of participatio					
Select Camp(s) add a second camp and deduct \$40 off that camp! MAKE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL. To pay by credit card, register online at www.PeakVolleyballCamps.com June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) - \$230 June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) - \$250 July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA COMMUTER OPTION - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$480 July 24-26 Zephyr Cove Beach Volleyball Camp, Eagle, ID (commuter only) - \$250 DISCOUNTS Save \$40 when registering in a second camp (\$40 off per camp after the first full price camp save \$40 when registering groups of 8 or more (excluding Wood River Volleyball Camp), Save \$10 when registering 2 or more siblings CAMP STORE: items can be viewed from www.PeakVolleyball.com Shirt super soft poly/cotton by Peak Volleyball Camps,S,M,L,XL - \$15 MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp staff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event. In consideration of the ri to participate in any Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event and waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my cfor to any other person as a result of participation in this event. This waiver and release shall be binding on my heirs and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, school is, parks and recreation departments, and all others connected with this event	Circle Grade: 12th 11th 10th 9th 8th	7th 6th	5th		
MAKE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL. To pay by credit card, register online at www.PeakVolleyballCamps.com June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) - \$230 June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) - \$250 July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$250 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$480 July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$480 July 20-22 Tahoe City Volleyball Camp, Eagle, ID (commuter only) - \$250 DISCOUNTS Save \$40 when registering in a second camp (\$40 off per camp after the first full price c. Save \$20 when registering groups of 8 or more (excluding Wood River Volleyball Camp). Save \$10 when registering 2 or more siblings CAMP STORE: items can be viewed from www.PeakVolleyball.com Shirt super soft poly/cotton by Peak Volleyball Camps,S,M,L,XL - \$15 New Camp Volleyball (with Skills Tutor key words) - \$20 Peak Mile Stones necklace, Volleyball front with a heart on the back - \$15 MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp staff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event. In consideration of the ri to participate in any Peak Volleyball event, I hereby assume all risks with this event and waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my ct or to any other person as a result of participation in this event. This waiver and release shall be binding on my heirs and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, schools, parks and recreation departments, and all c	Circle Position(s): Setter Middle Blocker Left/R	ight Side Hitte	er Libero/De	fense	
Save \$40 when registering in a second camp (\$40 off per camp after the first full price compared to the second se	MAKE CHECK or SCHOOL PURCHASE ORDER PAY To pay by credit card, register online at www.PeakVolle June 18-20 Wood River Volleyball Camp, Halley, ID June 22-24 Monterey Beach Volleyball Camp, Carn July 16-18 Donner Lake Beach Volleyball Camp, Tanoe City, July 20-22 Tahoe City Volleyball Camp, Tahoe City, July 20-22 Tahoe City Volleyball Camp, Tahoe City, July 24-26 Zephyr Cove Beach Volleyball Camp, Zephy Co	ABLE TO PEA eyballCamps.co o (commuter o nel, CA (comm uckee, CA (co CA COMMUT CA OVERNIC ephyr Cove Re	AK VOLLEYBA com nly) - \$230 nuter only) - \$2 mmuter only) - 'ER OPTION - GHT OPTION - esort, NV - \$25	50 \$250 \$250 \$480	
MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp staff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event. In consideration of the ri to participate in any Peak Volleyball event, I hereby assume all risks with this event and waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my ct or to any other person as a result of participation in this event. This waiver and release shall be binding on my heirs and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, /school districts, schools, parks and recreation departments, and all others connected with this event. I grant permission for use of any photographs and/or video taken of me or my child during the event for display, publication in print or electronic media, advertising, promotion, or other commercial use by any Peak Inspiratic properties. All volleyball camp tuition fees are 100% transferable to a future event, or another person for no charge if requested in writing at least 7 days in advance (e-mail Mike@PeakVolleyball.com to request). Camp refunds are less a \$50 fee per person if requested in writing at least 7 days prior to event. No camp refunds will be made if requested less th days in advance. Event facilities, dates, and times may be changed at the discretion of the Director due to we safety, construction, permits, facilities rental agreement changes, government limitations, and other factors. Ye canceled check is your receipt. Signature of Participant over 18, or parent/guardian	Save \$40 when registering in a second camp (\$40 or Save \$20 when registering groups of 8 or more (exister Save \$10 when registering 2 or more siblings CAMP STORE: items can be viewed from Shirt super soft poly/cotton by Peak Volleyball Cam New Camp Volleyball (with Skills Tutor key words) -	www.Peak ps,S,M, \$20	River Volleyba (Volleyball.c	ll Camp)	
	MEDICAL RELEASE AND WAIVER In the event of a medical emergency, I hereby grant permission to staff designated by Peak Volleyball (a Peak Inspiration event) to a understand there are risks associated in strenuous physical exert to participate in any Peak Volleyball event, I hereby assume all ris discharge any and all claims for damages, personal injury of any or to any other person as a result of participation in this event. Theirs and assigns, and shall run in favor of Peak Volleyball, its starkschool districts, schools, parks and recreation departments, and permission for use of any photographs and/or video taken of me opublication in print or electronic media, advertising, promotion, or properties. All volleyball camp tuition fees are 100% transferable charge if requested in writing at least 7 days in advance (e-mail I verfunds are less a \$50 fee per person if requested in writing at least 7 days prior to event. No cadays in advance. Event facilities, dates, and times may be change safety, construction, permits, facilities rental agreement changes,	any physician, I titlend to my child ion with this ever kisk with this ever kind which may I is waiver and rele iff, Mike Welch, a all others connector or my child during other commercia to a future event, tilke@PeakVolley ist 30 days prior mp refunds will b ed at the discretif government limit	nospital personnel I. I, the undersignen I. In consideratio at and waive, relea nereafter occur to nease shall be bind all camp hosts, fac ted with this even g the event for disp al use by any Peal or another persor ball.com to reque to event, or less a made if request on of the Director ations, and other	ed, n of the right se, and me, my childing on my lilitiles, t. I grant olay, t. Inspiration of no stone peed less than due to weath factors. You	
Emergency contact Phone (Signature of Participant over 18, or parent/guardian	Date			
	Emergency contact	Phone ()		
Health information (list medications, asthma, diabetes, allergies, injuries, other)	9 ,				

2018 Peak Volleyball Camps Re

Name	Birthday//	N:
	@	E-
Parents/Guardians Name		l Pa
Cell (Work ()	C
		Ac
Address	Chata 7in	
	State Zip	: Ci
Circle Grade: 12th 11th 10th 9th	Club team 8th 7th 6th 5th	i
circle Position(s): Setter Middle Blocker		Cir
Select Camp(s) add a second car MAKE CHECK or SCHOOL PURCHASE OF To pay by credit card, register online at www.f o June 18-20 Wood River Volleyball Camp, I June 22-24 Monterey Beach Volleyball Cam July 16-18 Donner Lake Beach Volleyball Camp, I July 20-22 Tahoe City Volleyball Camp, Ta July 20-22 Tahoe City Volleyball Camp, Ta July 24-26 Zephyr Cove Beach Volleyball Camp, Eagure 1 July 30-Aug. 1 Boise Volleyball Camp, Eagure 2 July 30-Aug. 1 Boise Volleyball Camp, Eagure 3 July 30-Aug. 1	DER PAYABLE TO PEAK VOLLEYBALL. PeakVolleyballCamps.com +ailey, ID (commuter only) - \$230 Camp, Carmel, CA (commuter only) - \$250 Camp, Truckee, CA (commuter only) - \$250 hoe City, CA COMMUTER OPTION - \$250 hoe City, CA OVERNIGHT OPTION - \$480 Camp, Zephyr Cove Resort, NV - \$250	S M T C C C C C C C C C
	mp (\$40 off per camp after the first full price camp) more (excluding Wood River Volleyball Camp) igs	
CAMP STORE: items can be viewe ☐ Shirt super soft poly/cotton by Peak Volley ☐ New Camp Volleyball (with Skills Tutor key ☐ Peak Mile Stones necklace, Volleyball fron	ball Camps,S,M,L,XL - \$15 v words) - \$20	C
staff designated by Peak Volleyball (a Peak Inspiration understand there are risks associated in strenuous pito participate in any Peak Volleyball event, I hereby as discharge any and all claims for damages, personal injor to any other person as a result of participation in this heirs and assigns, and shall run in favor of Peak Volley /school districts, schools, parks and recreation departm permission for use of any photographs and/or video tal publication in print or electronic media, advertising, proporeties. All volleyball camp tuition fees are 100% tre charge if requested in writing at least 7 days in advance refunds are less a \$50 fee per person if requested in writing at least 7 days prior to eve days in advance. Event facilities, dates, and times may	issical exertion with this event. In consideration of the right sume all risks with this event and waive, release, and up of any kind which may hereafter occur to me, my child, is event. This waiver and release shall be binding on my ball, its staff, Mike Welch, all camp hosts, facilities, nents, and all others connected with this event. I grant teen of me or my child during the event for display, motion, or other commercial use by any Peak Inspiration insferable to a future event, or another person for no etemption of empty and the empty of the property of the exempt of the property of the prevent. On camp refunds will be made if requested less than 7 to be changed at the discretion of the Director due to weather, I changes, government limitations, and other factors. Your	N In st. ur to did or he for the per cr. cr. cr. cr. cr. cr. cr. cr. cr. cr
Signature of Participant over 18, or parent/guardian		Si
Emergency contact	Phone ()	į Er

Mail to: Peak Volleyball, PO Box 9740, Truckee, CA 96162

Health information (list medications, asthma, diabetes, allergies, injuries, other)

2018 Peak Volleyball Camps egistration, Medical, and Waiver Form

Name	Birthday///
E-mail	
Parents/Guardians Name	
Cell () Home (Work ()
Address	
	Stato 7in
City	State Zip
	StateZipClub team

lect Camp(s)... add a second camp and deduct \$40 off that camp! KE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL.

To pay by credit card, register online at www.PeakVolleyballCamps.com	
T 1 10 00 11 1 1 1 1 1 1 1 1 1 1 1 1 1 1	Ä.

- June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) \$230
- June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) \$250
- July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) \$250
- July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA COMMUTER OPTION \$250
- July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION \$480
- July 24-26 Zephyr Cove Beach Volleyball Camp, Zephyr Cove Resort, NV \$250
- July 30-Aug. 1 Boise Volleyball Camp, Eagle, ID (commuter only) \$250

SCOUNTS

- Save \$40 when registering in a second camp (\$40 off per camp after the first full price camp) Save \$20 when registering groups of 8 or more (excluding Wood River Volleyball Camp)
- Save \$10 when registering 2 or more siblings

MP STORE: items can be viewed from www.PeakVollevball.com

- Shirt super soft poly/cotton by Peak Volleyball Camps, __S, __M, __L, __XL \$15
- New Camp Volleyball (with Skills Tutor key words) \$20
- Peak Mile Stones necklace, Volleyball front with a heart on the back \$15

DICAL RELEASE AND WAIVER

e event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, erstand there are risks associated in strenuous physical exertion with this event. In consideration of the right articipate in any Peak Volleyball event, I hereby assume all risks with this event and waive, release, and harge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my child, any other person as a result of participation in this event. This waiver and release shall be binding on my s and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, ool districts, schools, parks and recreation departments, and all others connected with this event. I grant nission for use of any photographs and/or video taken of me or my child during the event for display, ication in print or electronic media, advertising, promotion, or other commercial use by any Peak Inspiration perties. All volleyball camp tuition fees are 100% transferable to a future event, or another person for no ge if requested in writing at least 7 days in advance (e-mail Mike@PeakVolleyball.com to request). Camp fee nds are less a \$50 fee per person if requested in writing at least 30 days prior to event, or less a \$100 fee per on if requested in writing at least 7 days prior to event. No camp refunds will be made if requested less than 7 s in advance. Event facilities, dates, and times may be changed at the discretion of the Director due to weather, ty, construction, permits, facilities rental agreement changes, government limitations, and other factors. Your eled check is your receipt.

Signature of Participant over 18, or parent/guardian	Date
Emergency contact	Phone ()
Health information (list medications, asthma, diabetes, allergies, injuries, other)	

Mail to: Peak Volleyball, PO Box 9740, Truckee, CA 96162