



Wood River
PEAK
VOLLEYBALL CAMP

Boise
PEAK
VOLLEYBALL CAMP

JUNE 18-20, 2018

JULY 30-AUG 1, 2018

Reach your Peak

www.PeakVolleyballCamps.com

Mike@PeakVolleyball.com
530-448-0519



June 18-20, 2018

Community Campus

Hailey, Idaho 83333
(near Sun Valley, ID)

This is our 4th annual camp in Hailey, Idaho! The Wood River Volleyball Camp has been a popular camp to start the summer off with a positive and focused experience.



July 30-August 1, 2018

North Star Charter School

839 North Linder Road
Eagle, ID 83616

This is our 11th annual camp in Eagle, Idaho! The Boise Peak Volleyball Camp has been a popular camp as final prep for school try outs, and to be ready for pre-season training camp. Reach your peak this season!



Information

Both camps have expert skills instruction and fun games to help players of all levels prepare for the season. We have a fun positive atmosphere and proven training curriculum.

Based on the experience levels of participant groups, training is adjusted for appropriate level of challenge. Training begins with a focus on fundamental skills. Team system training in offense, defense, and transition is integrated into the camp experience. Drills progress from high feedback skills repetitions to fun fast paced game-like scenarios. The camp finishes with fun competitions! Be ready for the season. Take your game to the highest level.

Mike Welch, Camp Director

- ★ 17-year NCAA Division I & II college head coach
- ★ 6 nationally ranked seasons
- ★ 5 conference champions & 4 NCAA Tournaments
- ★ 2 All-Americans, 17 All-Region, 43 All-Conference and 84 Academic All-Conference
- ★ 2x USA Youth National Team Head Coach
- ★ Head Coach at the US Olympic Festival
- ★ Trained Olympic Gold & Silver Medalists,
- ★ National Player of the Year honorees, and many All-Americans
- ★ Volleyball Camp Director since 1990!

Highlights

- ★ **Positive and motivating atmosphere** created by our experienced coaching staff.
- ★ **"Carry-forward" training** with skill keys for players continue to improve beyond camp.
- ★ **Skills, position training, situational scenarios, and games** enhance peak performance.
- ★ **Court-side tablet technology** for visual feedback.
- ★ **HD digital video demos** with software, frame by frame, draw on screen and more
- ★ **Speed radar gun** to improve power in serving & hitting, teaching arm swing mechanics
- ★ **Fun music** to get warmed up moving and energy in the gym right from the start.
- ★ **Team building experts.** We teach how to be amazing teammates on and off the court.

What to Bring

- A great attitude with energy!
- LUNCH
- Full water bottle
- Court shoes (no black tread)
- Knee pads
- Shirt (no low cut)
- Shorts or spandex,
- Athletic tape, braces, inhaler, EpiPen, or other medical?
- Phone/Camera TURNED OFF

Meals not provided:
We have a lunch break from 11:30-12:30 each day. Please pack an appropriate lunch and snacks, or players can be picked up for lunch.

REMEMBER to bring a full water bottle!

Individuals 5th-12th grade
and
School Teams welcome

Schedule

9:00am-3:00pm daily
CHECK IN at 9:00am

Day 1

9:00am Check In. Get a Peak Volleyball gift!
Session: Serve, Pass and Serve Receive
11:30am Lunch break
12:30pm Session: Set, Attack and Continuous Games
3:00pm Session ends

Day 2

9:00am Session: Floor Defense and Team Defense
11:30am Lunch break
12:30pm Session: Block and Transition Offense
3:00pm Session ends

Day 3

9:00am Session: "Bonus" Games
11:30am Lunch break
12:30pm Session: Tournament!
2:50pm Camp awards and Presentation
3:00pm Camp concludes

www.PeakVolleyballCamps.com
Mike@PeakVolleyball.com
530-448-0519



2018 Peak Volleyball Camps Registration, Medical, and Waiver Form

Register at www.PeakVolleyballCamps.com to use credit card and for instant confirmation. Mail in this form to pay by check or school purchase order.

Name _____ Birthday _____ / _____ / _____

E-mail _____ @ _____

Parents/Guardians Name _____

Cell (____) _____ - _____ Home (____) _____ - _____ Work (____) _____ - _____

Address _____

City _____ State _____ Zip _____

School _____ Club team _____

Circle Grade: 12th 11th 10th 9th 8th 7th 6th 5th

Circle Position(s): Setter Middle Blocker Left/Right Side Hitter Libero/Defense

Select Camp(s)... add a second camp and deduct \$40 off that camp!
MAKE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL.

To pay by credit card, register online at www.PeakVolleyballCamps.com

June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) - \$230

June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) - \$250

July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) - \$250

July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA COMMUTER OPTION - \$250

July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$480

July 24-26 Zephyr Cove Beach Volleyball Camp, Zephyr Cove Resort, NV - \$250

July 30-Aug. 1 Boise Volleyball Camp, Eagle, ID (commuter only) - \$250

DISCOUNTS

Save \$40 when registering in a second camp (\$40 off per camp after the first full price camp)

Save \$20 when registering groups of 8 or more (excluding Wood River Volleyball Camp)

Save \$10 when registering 2 or more siblings

CAMP STORE: items can be viewed from www.PeakVolleyball.com

Shirt super soft poly/cotton by Peak Volleyball Camps, __S, __M, __L, __XL - \$15

New Camp Volleyball (with Skills Tutor key words) - \$20

Peak Mile Stones necklace, Volleyball front with a heart on the back - \$15

MEDICAL RELEASE AND WAIVER

In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp staff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event. In consideration of the right to participate in any Peak Volleyball event, I hereby assume all risks with this event and waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my child, or to any other person as a result of participation in this event. This waiver and release shall be binding on my heirs and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, /school districts, schools, parks and recreation departments, and all others connected with this event. I grant permission for use of any photographs and/or video taken of me or my child during the event for display, publication in print or electronic media, advertising, promotion, or other commercial use by any Peak Inspiration properties. All volleyball camp tuition fees are 100% transferable to a future event, or another person for no charge if requested in writing at least 7 days in advance (e-mail Mike@PeakVolleyball.com to request). Camp fee refunds are less a \$50 fee per person if requested in writing at least 30 days prior to event, or less a \$100 fee per person if requested in writing at least 7 days prior to event. No camp refunds will be made if requested less than 7 days in advance. Event facilities, dates, and times may be changed at the discretion of the Director due to weather, safety, construction, permits, facilities rental agreement changes, government limitations, and other factors. Your canceled check is your receipt.

Signature of Participant over 18, or parent/guardian Date _____ / _____ / _____

Emergency contact _____ Phone (____) _____ - _____

Health information (list medications, asthma, diabetes, allergies, injuries, other)

Mail to: Peak Volleyball, PO Box 9740, Truckee, CA 96162



2018 Peak Volleyball Camps Registration, Medical, and Waiver Form

Register at www.PeakVolleyballCamps.com to use credit card and for instant confirmation. Mail in this form to pay by check or school purchase order.

Name _____ Birthday _____ / _____ / _____

E-mail _____ @ _____

Parents/Guardians Name _____

Cell (____) _____ - _____ Home (____) _____ - _____ Work (____) _____ - _____

Address _____

City _____ State _____ Zip _____

School _____ Club team _____

Circle Grade: 12th 11th 10th 9th 8th 7th 6th 5th

Circle Position(s): Setter Middle Blocker Left/Right Side Hitter Libero/Defense

Select Camp(s)... add a second camp and deduct \$40 off that camp!
MAKE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL.

To pay by credit card, register online at www.PeakVolleyballCamps.com

June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) - \$230

June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) - \$250

July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) - \$250

July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA COMMUTER OPTION - \$250

July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$480

July 24-26 Zephyr Cove Beach Volleyball Camp, Zephyr Cove Resort, NV - \$250

July 30-Aug. 1 Boise Volleyball Camp, Eagle, ID (commuter only) - \$250

DISCOUNTS

Save \$40 when registering in a second camp (\$40 off per camp after the first full price camp)

Save \$20 when registering groups of 8 or more (excluding Wood River Volleyball Camp)

Save \$10 when registering 2 or more siblings

CAMP STORE: items can be viewed from www.PeakVolleyball.com

Shirt super soft poly/cotton by Peak Volleyball Camps, __S, __M, __L, __XL - \$15

New Camp Volleyball (with Skills Tutor key words) - \$20

Peak Mile Stones necklace, Volleyball front with a heart on the back - \$15

MEDICAL RELEASE AND WAIVER

In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp staff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event. In consideration of the right to participate in any Peak Volleyball event, I hereby assume all risks with this event and waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my child, or to any other person as a result of participation in this event. This waiver and release shall be binding on my heirs and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, /school districts, schools, parks and recreation departments, and all others connected with this event. I grant permission for use of any photographs and/or video taken of me or my child during the event for display, publication in print or electronic media, advertising, promotion, or other commercial use by any Peak Inspiration properties. All volleyball camp tuition fees are 100% transferable to a future event, or another person for no charge if requested in writing at least 7 days in advance (e-mail Mike@PeakVolleyball.com to request). Camp fee refunds are less a \$50 fee per person if requested in writing at least 30 days prior to event, or less a \$100 fee per person if requested in writing at least 7 days prior to event. No camp refunds will be made if requested less than 7 days in advance. Event facilities, dates, and times may be changed at the discretion of the Director due to weather, safety, construction, permits, facilities rental agreement changes, government limitations, and other factors. Your canceled check is your receipt.

Signature of Participant over 18, or parent/guardian Date _____ / _____ / _____

Emergency contact _____ Phone (____) _____ - _____

Health information (list medications, asthma, diabetes, allergies, injuries, other)

Mail to: Peak Volleyball, PO Box 9740, Truckee, CA 96162



2018 Peak Volleyball Camps Registration, Medical, and Waiver Form

Register at www.PeakVolleyballCamps.com to use credit card and for instant confirmation. Mail in this form to pay by check or school purchase order.

Name _____ Birthday _____ / _____ / _____

E-mail _____ @ _____

Parents/Guardians Name _____

Cell (____) _____ - _____ Home (____) _____ - _____ Work (____) _____ - _____

Address _____

City _____ State _____ Zip _____

School _____ Club team _____

Circle Grade: 12th 11th 10th 9th 8th 7th 6th 5th

Circle Position(s): Setter Middle Blocker Left/Right Side Hitter Libero/Defense

Select Camp(s)... add a second camp and deduct \$40 off that camp!
MAKE CHECK or SCHOOL PURCHASE ORDER PAYABLE TO PEAK VOLLEYBALL.

To pay by credit card, register online at www.PeakVolleyballCamps.com

June 18-20 Wood River Volleyball Camp, Hailey, ID (commuter only) - \$230

June 22-24 Monterey Beach Volleyball Camp, Carmel, CA (commuter only) - \$250

July 16-18 Donner Lake Beach Volleyball Camp, Truckee, CA (commuter only) - \$250

July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA COMMUTER OPTION - \$250

July 20-22 Tahoe City Volleyball Camp, Tahoe City, CA OVERNIGHT OPTION - \$480

July 24-26 Zephyr Cove Beach Volleyball Camp, Zephyr Cove Resort, NV - \$250

July 30-Aug. 1 Boise Volleyball Camp, Eagle, ID (commuter only) - \$250

DISCOUNTS

Save \$40 when registering in a second camp (\$40 off per camp after the first full price camp)

Save \$20 when registering groups of 8 or more (excluding Wood River Volleyball Camp)

Save \$10 when registering 2 or more siblings

CAMP STORE: items can be viewed from www.PeakVolleyball.com

Shirt super soft poly/cotton by Peak Volleyball Camps, __S, __M, __L, __XL - \$15

New Camp Volleyball (with Skills Tutor key words) - \$20

Peak Mile Stones necklace, Volleyball front with a heart on the back - \$15

MEDICAL RELEASE AND WAIVER

In the event of a medical emergency, I hereby grant permission to any physician, hospital personnel, or camp staff designated by Peak Volleyball (a Peak Inspiration event) to attend to my child. I, the undersigned, understand there are risks associated in strenuous physical exertion with this event. In consideration of the right to participate in any Peak Volleyball event, I hereby assume all risks with this event and waive, release, and discharge any and all claims for damages, personal injury of any kind which may hereafter occur to me, my child, or to any other person as a result of participation in this event. This waiver and release shall be binding on my heirs and assigns, and shall run in favor of Peak Volleyball, its staff, Mike Welch, all camp hosts, facilities, /school districts, schools, parks and recreation departments, and all others connected with this event. I grant permission for use of any photographs and/or video taken of me or my child during the event for display, publication in print or electronic media, advertising, promotion, or other commercial use by any Peak Inspiration properties. All volleyball camp tuition fees are 100% transferable to a future event, or another person for no charge if requested in writing at least 7 days in advance (e-mail Mike@PeakVolleyball.com to request). Camp fee refunds are less a \$50 fee per person if requested in writing at least 30 days prior to event, or less a \$100 fee per person if requested in writing at least 7 days prior to event. No camp refunds will be made if requested less than 7 days in advance. Event facilities, dates, and times may be changed at the discretion of the Director due to weather, safety, construction, permits, facilities rental agreement changes, government limitations, and other factors. Your canceled check is your receipt.

Signature of Participant over 18, or parent/guardian Date _____ / _____ / _____

Emergency contact _____ Phone (____) _____ - _____

Health information (list medications, asthma, diabetes, allergies, injuries, other)

Mail to: Peak Volleyball, PO Box 9740, Truckee, CA 96162