

FRANK HOLLEMAN

Coach Frank Holleman has contributed greatly to both high school and club swimming in the Jacksonville and St. Augustine areas for nearly 40 years! He's been instrumental in the growth of competitive swimming and continues to serve as head coach of the St. Augustine Swim Team after recently retiring from coaching high school swimming.



In the fall of 1987, Coach Holleman became the head swim coach at his alma mater, Terry Parker High School, and held this position for the next five seasons. During this period, Coach Holleman became first associated with St. Augustine Swim Team and served as a Novice/Age group assistant under Head Coach Dave Williams. In September of 1992, Coach Holleman became the head coach of the Navy Jax Swim Team located at NAS JAX. He held this position until December of 1995. After a brief retirement from coaching, Holleman returned to the St. Augustine area in the summer of 1996 to take over SAST and also serve as Head Coach for Boys and Girls Swimming at Saint Augustine High School.

A native of Jacksonville, Florida, Coach Holleman began his coaching career in the summer of 1981 as Summer League coach for the Fort Caroline Club Flying Fish Swim Team in the River City Swim League. Over the next six years, Coach Holleman spent his summers as a summer league coach for The Baker County Bullets in Macclenny and the Deerwood Golf and Country Club in Jacksonville, while his fall and winters were spent pursuing a degree in professional physical education from the University of South Florida.

Some of Coach Holleman's achievements over the last 30 years:

- Two Time Florida Star Conference Coach of the Year 1995, 1996
- Qualified over 50 swimmers to local LSC, Sectional and Zone Championships. Qualified two swimmers to USA Swimming Junior Nationals in 2014 and 2015
- Coached two FHSAA State Champions and two NISCA High School All Americans in the 50+ year history of St. Augustine High School
- Qualified over 40 swimmers to FHSAA Finals including 13 state finalists and two State Champions and two High School All Americans
- USA Swimming expert for the Vietnam National Team 2012 -2015. Has participated as a member of the Vietnam National coaching staff of the 2012 Asian Championships in Dubai, UAE, and 2013 World Swimming Championship in Barcelona, Spain and 2013 SEA Games in Nya Pa Taw, Myanmar.
- 2016 recipient of "Pursuing Victory with Honor" Jeff Holt Coach of the Year Award for St. Augustine High School presented by the St. Johns County School District

The swimming community is grateful to Coach Holleman for his immeasurable service to swimmers and swimming over a lifetime!