

**Apex Injury & Rehabilitation**  
**1618 6<sup>th</sup> Street SE**  
**Winter Haven, FL 33880**

**Patient Information**

Please allow our staff to photocopy your drivers license and all available insurance cards.

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WELCOME! PLEASE PRINT!

Name: \_\_\_\_\_ Birth Date: \_\_\_\_-\_\_\_\_-\_\_\_\_

Age: \_\_\_\_\_  Male  Female E-mail: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_

State: \_\_\_\_ Zip: \_\_\_\_ Marital Status:  Single  Married SS# \_\_\_\_\_

Home Phone: \_\_\_\_\_ Mobile Phone: \_\_\_\_\_

Health Insurance: \_\_\_\_\_ Member ID #: \_\_\_\_\_

Auto Insurance: \_\_\_\_\_ Claim #: \_\_\_\_\_

Is your condition due to an car accident:  Yes  No

If yes, Date of Accident: \_\_\_\_\_

**Emergency Contact:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**Parent or Guardian:**

Name: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Describe the major complaints that bring you in our office: \_\_\_\_\_

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MR# \_\_\_\_\_

1. I authorize payment of medical benefits to this office.
2. I will allow this office to treat me, with other health care providers present, and to record my medical information, including consultation and examination for document purposes, if necessary.
3. I give this office the right to use my name for any office publications.
4. Authorization may be denied or retracted by notifying the office manager.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Guardian's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

# Case History

Please answer the questions below concerning your health history. Be sure to list all conditions or symptoms, both past or present. An understanding of your health history will help us to determine appropriate care.

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Name: \_\_\_\_\_ DOB: \_\_\_\_\_ MR#: \_\_\_\_\_  
Height: \_\_\_\_\_ Weight: \_\_\_\_\_

## Review of Systems

1. Do you have skin, hair or nail problems?  Yes  No \_\_\_\_\_
  2. Do you have mouth and/or throat problems?  Yes  No \_\_\_\_\_
  3. Do you have nose and/or sinus problems?  Yes  No \_\_\_\_\_
  4. Do you have ear problems?  Yes  No \_\_\_\_\_
  5. Do you have eye problems?  Yes  No \_\_\_\_\_
  6. Do you have chest or lung (breathing) problems?  Yes  No \_\_\_\_\_
  7. Do you smoke?  Yes  No Amount per day? \_\_\_\_\_ How Long? \_\_\_\_\_
  8. Do you have heart and/or blood vessel problems?  Yes  No \_\_\_\_\_
  9. Do you have blood or lymph node problems?  Yes  No \_\_\_\_\_
  10. Do you have digestive problems?  Yes  No \_\_\_\_\_
  11. Do you have genital problems (e.g. prostate; testicular, vaginal)?  Yes  No \_\_\_\_\_
  12. Do you have urinary (including kidney or bladder) problems?  Yes  No \_\_\_\_\_
  13. **Females**, have you had menstrual problems?  Yes  No \_\_\_\_\_
- Have you ever taken birth control pills?  Yes  No For how long? \_\_\_\_\_
- Is there any chance that you are currently pregnant?  Yes  No
- Do you have any breast problems?  Yes  No \_\_\_\_\_
14. Do you have any nervous system diseases and/or mental health problems?  Yes  \_\_\_\_\_
  15. Do you have any gland and/or-hormone problems?  Yes  No \_\_\_\_\_
  16. Do you have allergy or immunity problems?  Yes  No \_\_\_\_\_
  17. Do you have any muscle, tendon or ligament problems?  Yes  No \_\_\_\_\_
  18. Do you have any bone or joint diseases (examples: bone = osteoporosis, joint arthritis? Yes  No \_\_\_\_\_
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## Past History

19. List any diseases which you have had in the past, including childhood diseases: \_\_\_\_\_  
\_\_\_\_\_
20. Tell us if you have ever been diagnosed as having a condition such as diabetes, cancer, AIDS, etc.: \_\_\_\_\_  
\_\_\_\_\_
21. Have you had any physical injuries such as falls or blows, automobile accidents, whiplash, concussion or head injury; lacerations, sprains, strains, dislocations, broken or cracked bones?  Yes  No \_\_\_\_\_  
\_\_\_\_\_
22. List any surgeries you have had (don't forget appendix, tonsils, ear tubes, wisdom teeth):  
\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_

## Case History(Continued)

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23. Have you ever been hospitalized for any reason other than surgery?  Yes  No \_\_\_\_\_

24. **Medications:** Please list all medications (prescription & non-prescription) you are currently taking or take on an occasional basis: \_\_\_\_\_

25. Your diet is: 0 Balanced  Fair  Poor  Excessive  Restricted

### **Family History**

26. Are there any diseases or conditions that are common among your family members (i.e. inherited diseases or conditions)?  Yes  No \_\_\_\_\_

### **Social History**

27. In what position do you usually sleep, and how well? \_\_\_\_\_

28. Do you exercise on a regular basis?  Yes  No How? \_\_\_\_\_

29. How do you spend your spare time (hobbies, etc)? \_\_\_\_\_

30. Do you use:  Caffeine?  Tobacco?  Nicotine?  Recreational Drugs?  Alcohol?

31. Please describe your work.

Type:  Professional  Physical Labor  Driver  Clerical  Factory  Homemaker

Physical Demands:  Heavy  Moderate  Mild  Sedentary

Stress Level:  High  Medium  Low

### **Additional Questions**

32. Do you have problems with recurring headaches?  Yes  No

33. Are you losing weight without trying?  Yes  No

34. Does your pain wake you up at night?  Yes  No

35. Have you had a change in bowel or bladder habits?  Yes  No \_\_\_\_\_

36. Have you had a sore that doesn't heal?  Yes  No \_\_\_\_\_

37. Have you recently had any unusual bleeding or discharge?  Yes  No \_\_\_\_\_

38. Do you have a thickening/lump in the breast or elsewhere?  Yes  No \_\_\_\_\_

39. Do you have indigestion or difficulty swallowing?  Yes  No \_\_\_\_\_

40. Have you had an obvious change in a wart or mole?  Yes  No \_\_\_\_\_

41. Do you have a nagging cough or hoarseness?  Yes  No \_\_\_\_\_

42. In the space below, please explain or give additional details regarding the information you have given above. Also, if there is any information about your health history which was not requested, please fill it in below. \_\_\_\_\_

43. Please describe your current complaint. In other words, what brought you here?

44. Who is your:

Medical Doctor? \_\_\_\_\_

OB/GYN? \_\_\_\_\_

Dentist? \_\_\_\_\_

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## Auto Accident Questionnaire

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This information is considered confidential. We need this information to help determine if chiropractic care can help you. If we do not believe your condition will respond, we will not accept your case. Please be neat and accurate as possible. Thank you.

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Name: \_\_\_\_\_ DOB: \_\_\_\_\_ MR#: \_\_\_\_\_  
Date/Time of Accident: \_\_\_\_\_  
Insurance Company: \_\_\_\_\_ Policy#: \_\_\_\_\_ Claim#: \_\_\_\_\_  
Have you been contacted by a company representative regarding this claim?  Yes  No  
Name of Insurance Adjuster: \_\_\_\_\_

### Driver of other Vehicle (if any)

Name: \_\_\_\_\_ Ins. Co.: \_\_\_\_\_ Policy#: \_\_\_\_\_

### Driver of vehicle in which you were injured (if applicable)

Name: \_\_\_\_\_ Ins. Co.: \_\_\_\_\_ Policy#: \_\_\_\_\_

You were:  Driver  Passenger  Pedestrian,  Walking  Running  Stationary

You were:  Parked  Moving

You were sitting:  Front  Back |  With Seatbelt  Without Seatbelt

You were traveling:  North  South  East  West On \_\_\_\_\_

Other vehicle was headed:  North  South  East  West On \_\_\_\_\_

Did your care strike the other(s) involved?  Yes  No

Or, Did the other car strike your car?  Yes  No

You were struck from:  Front  Back  Passenger Side  Driver Side

Please explain in detail how your accident happened: \_\_\_\_\_

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Were the police notified?  Yes  No

Were there citations issued? If yes, to who: \_\_\_\_\_

Were you knocked unconscious?  Yes  No If so, for how long? \_\_\_\_\_

Where did you feel pain following the accident? \_\_\_\_\_

Where were you taken after the accident?  Home  Hospital  Walk- In Name: \_\_\_\_\_

What treatment was given? \_\_\_\_\_

Was any other doctor consulted after your accident?  Yes  No

If so, provide Doctor's Name: \_\_\_\_\_

What was the diagnosis? \_\_\_\_\_

Before the injury were you able to work without problems?  Yes  No

Have you lost any days of work?  Yes  No If so, how many? \_\_\_\_\_

Since this accident your symptoms are:  Improving  Getting Worse  Same

Law Firm: \_\_\_\_\_ Case Manager: \_\_\_\_\_ Contact#: \_\_\_\_\_

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**Acknowledgement of receipt of notice of privacy practices  
and informed consent form.**

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I acknowledge that I was provided a copy of the Notice of Privacy Practices and that I have read them or declined the opportunity to read them and understand the Notice of Privacy Practices. I understand that this form will be placed in my patient chart and maintained for six years.

I hereby request and consent to the performance of chiropractic adjustment and other chiropractic/medical procedures, including various modes of physical therapy and diagnostic x-rays by Apex Health and Wellness. This consent is extended to other licensed chiropractic physicians, chiropractic assistants or licensed massage therapists, who now or in the future, are employed by, working with or associated with this office.

I certify that I have had the opportunity to discuss, with the Doctor of Chiropractic and/ or other office personnel, the nature and purpose of the care that is being provided. I understand that the results are not guaranteed. Further, I have been informed and I understand that, as in the practice of any of the healing arts, in the practice of chiropractic, there are some risks and complications. I will rely on the doctor to exercise appropriate judgement during care, based on the facts known at this time, and in my best interest.

My signature below certifies that I have read or have had read to me the above consent. I also certify that I have had the opportunity to ask questions and options to care have been explained. By signing this consent form, I agree to the care being provided to me for the entire course of treatment for my present condition(s) and for any future condition(s) for which I seek treatment.

\_\_\_\_\_  
Patient Name

\_\_\_\_\_  
Witness's Signature

\_\_\_\_\_  
Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent or Guardian

\_\_\_\_\_  
Date

\_\_\_\_\_  
DOB

\_\_\_\_\_

\_\_\_\_\_

Dr. Blackburn

MR#

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**Missed Appointment Policy**

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We want to thank you for choosing us as your chiropractic health provider. To provide you and our other patients with the best optimal spinal care, we request that you follow our guidelines regarding broken and/or canceled appointments. Please remember that we have reserved appointment times especially for you. Therefore, we request at least a 24 hours' notice in order to reschedule your appointment. This will enable us to offer your canceled time to other patients that desire to get their treatment completed. When you cancel your appointment at the last minute, everyone loses — you, the doctor and other patients that would like to have utilized your appointment time. Our office does charge for broken or canceled appointments if we are not given at least 24 hours advanced notice. Insurance will not cover missed appointment fees. Your account will be charged \$20.00 for the missed appointment. Please realize how important it is to keep your reserved time. Thank you for your consideration of our policies and for the opportunity to be your chiropractic office of choice.

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

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Winter Haven, Fl 33880  
Robert Blackburn, D.C  
863-816-5864

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Name: \_\_\_\_\_

The primary treatment used by Doctor of Chiropractic is the spinal adjustment. I will use that procedure to treat you.

- The nature of the chiropractic adjustment

I will use my hands upon your body in such a way as to move your joints. That may cause an audible "pop or click," much as you have experienced when you "crack" your knuckles. You may feel or sense movement.

- The material risks inherent in chiropractic adjustment.

As with any health care procedure, there are certain complications which may arise during a chiropractic adjustment. Those complications include: fractures, disc injuries, dislocations, and muscle strain, Homer's syndrome, diaphragmatic paralysis, cervical myelopathy and costovertebral strains and separations. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment.

- The probability of those risks occurring

Fractures are rare occurrences and generally result from some underlying weakness of the bone which we check for during the taking of your history and during exam and X-ray. Stroke has been the subject of tremendous disagreement with the profession with one prominent authority (1) saying that there is as most of a one-in-a million chance of such an outcome. Since even risk should be avoided if possible, we employ tests in our exam which are designed to identify if you may be susceptible to that kind of injury. The other complications are also generally described as "rare".

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THE ABOVE

Please check the appropriate block and sign below:

I have read  or have had read to me  the above explanation of the chiropractic adjustment. I have discussed it with Dr. Robert Blackburn and have had my questions answered to my satisfaction. By signing below, I state that I have weighed the risks involved in undergoing treatment and have myself decided that it is in my best interest to undergo the treatment recommended. Having been informed of the risks, I hereby give my consent to that treatment.

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Patient Name (Print)

\_\_\_\_\_  
Patient Signature



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ADDITIONAL AUTHORIZATION AND DIRECTIONS TO  
INSURER

AUTHORIZATION FOR DISCLOSURE OF INSURANCE DECLARATION PAGE:

I the patient and insured, further authorize and direct any insurance company that may be obligated to pay any insurance benefits to me, or on my behalf, to provide to **Apex & Injury Rehabilitation** a copy of any declarations page of any insurance policy that may provide any insurance benefits to me for the aforesaid accident.

AUTHORIZATION FOR DISCLOSURE OF INSURANCE PAYMENT RECORD:

I further authorize and direct any insurance company that may be obligated to pay any insurance benefits to me, or on my behalf, to provide to **Apex & Injury Rehabilitation** a copy of any ledger or payment record of payments made under any insurance coverage available to me, without redacting the names of any other medical provider or entity to who insurance benefits have been paid and without redacting the amount of any insurance benefits that have been paid.

DIRECTION NOT TO EXHAUST BENEFITS BY PAYMENT OF OTHER CLAIMS:

I further authorize and direct any insurance company that may be obligated to pay any insurance benefits to me, or on my behalf, to not exhaust insurance benefits or coverage until all claims submitted **Apex Injury & Rehabilitation** have been paid in full or at 80% if the insurance policy is limited to pay 80% coverage of medical claims. If any insurance obligated to pay any insurance benefits to me, or on my benefit, has denied payment of a claim submitted by **Apex Injury & Rehabilitation** or made payment to **Apex Injury & Rehabilitation** at an amount lesser than the amount billed or lesser than 80% of the amount billed if my coverage is limited to 80% for medical claims, I direct the aforesaid insurance company to hold in escrow the amount in dispute, and if other claims would exhaust benefits I direct the aforesaid insurance company to hold in escrow the disputed amount and to not exhaust benefits or coverage payment of the amount I have hereby requested be held in escrow. I further authorize and direct the aforesaid insurance company to notify **Apex Injury & Rehabilitation** that benefits have been exhausted except for the amount held in escrow, to enable Apex & Injury

Rehabilitation to attempt to resolve the dispute claim in a acceptable to **Apex Injury & Rehabilitation**

DIRECTION TO INSURER TO MAINTAIN CONFIDENTIALITY:

I further direct any insurance company that may be obligated to pay insurance benefits to me, or on my behalf, to maintain the privacy and confidentiality of any medical records. I do not authorize any insurer to provide my medical records to anyone without first obtaining a written authorization from me to provide the medical records to any other entity.

AUTHORIZATION FOR REALEASE OF RECORDS PROVIDER:

I hereby authorize any insurance company that may be obligated to pay any insurance benefits to me, or on my behalf, to release a copy of my complete medical records in possession of such insurer to **Apex Injury & Rehabilitation** upon the request of **Apex Injury & Rehabilitation** This authorization includes the authorization to release to **Apex Injury & Rehabilitation** copy of any medical examination of me requested by any insurance company.

DIRECTION TO INSURER TO PROVIDE THE PROVIDER ADVANCE NOTICE OF IME OR EUO:

I further authorize and direct any insurance company that may be obligated to pay any insurance benefits to me, or on my behalf, to provide at least 15 days advance notice to Apex & Injury Rehabilitation of any physical examination under oath of myself that any insurance company may schedule.

Please read this document completely before signing. If you do not completely understand this document or have any questions about this document, please ask us to explain. Your signature below is your agreement you fully understand this document and you fully agree to the terms of this document.

AUTHORIZATION FOR LIMITED POWER OF ATTORNEY:

I authorize **Apex Injury & Rehabilitation** or their agent, to sign my name on any checks or draft drawn in my name or in both our names, whereby such check is in payment for fees or treatment or other medical services rendered by them, on my behalf.

\_\_\_\_\_  
Patient Name (Print)

\_\_\_\_\_  
Patient/Guardians Signature

\_\_\_\_\_  
Date

\_\_\_\_\_

\_\_\_\_\_

Witness to Patient/Guardians Signature

Date

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Claim #

Apex Injury & Rehabilitation  
1618 6<sup>th</sup> Street SE  
Winter Haven, Fl 33880

**Notice of initiation of Treatment**

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Date: \_\_\_\_\_  
Physician: \_\_\_\_\_  
Patient Name: \_\_\_\_\_  
Insurance Company: \_\_\_\_\_  
Claim#: \_\_\_\_\_  
First Treatment date: \_\_\_\_\_  
Date of Accident: \_\_\_\_\_

To Whom It May Concern:

This document shall serve as our formal Notice of Initiation of Treatment pursuant to Fla. Stat. 627.736(5)(c). This notice is being sent, pursuant of Florida Statutes, within 21 days after this facility's first examination or treatment of the above referenced claimant. Because this notice has been timely provided, the law allows statements from this provider to include charges for treatment or services rendered up to, but not more than, 75 days before postmark date of statement sent.

Please take not and govern yourself accordingly.

\_\_\_\_\_  
Patient Name (Print)

\_\_\_\_\_  
Patient Signature

## **ASSIGNMENT OF INSURANCE RIGHTS AND BENEFITS**

By my signature below, for good and valuable consideration (including but not limited to the extension of credit to me), I hereby assign, transfer and convey to my healthcare services provider (hereafter "Provider") **Apex Health Solutions, LLC DBA Apex Health & Wellness** (if blank or not otherwise exactly matching the name in box 33 of the medical bill accompanying this assignment, it is the intent of the parties that "provider" be deemed to be the medical services provider submitting this claim as identified in box 33 of the medical bills accompanying this assignment and any successor, assign or related entity of that party) all of my rights, title and interest in and to medical expense reimbursement for services rendered by this facility/assignees in whatever form, including but not limited to any automobile liability medical expense payments or other health benefits indemnification and/or agreement otherwise payable to me. This payment shall not exceed my indebtedness to the above-named assignees and I acknowledge that I will timely pay any indebtedness owed by me to the assignees that is not otherwise satisfied by the above-mentioned assigned proceeds.

I further authorize the Provider to negotiate, collect and settle any claim with any insurance carrier or other third-party payer with regard to these services, which authorization shall include authority to: (1) request and receive from any insurer or any other party any and all documentation and records that I am empowered to request regarding this claim, including without limitation any policies, declarations pages, statements of coverage, examination under oath transcripts and notices, denial letters, Independent Medical Examination Notices and Reports, Records Review Reports, Explanations of Benefits, and Benefit Payment Sheets or Logs (P.I.P. Payout Sheets), without regard as to whether such documentation has already been provided to me, (2) endorse in my name any check issued for payment where benefits were assigned; and (3) file suit to collect payment of insurance benefits or otherwise enforce contractual or statutory rights. The insurer is hereby directed to furnish the provider with a copy of the insurance policy and declarations information pursuant to F.S. § 627.4137, copies of all IME reports pursuant to F.S. § 627.736(7), copies of all IME and EUO requests (whether furnished to me or not), as well as an itemized specification of unpaid charges of each item the insurer reduces or denies (including bills applied to deductible or received after policy exhaustion) in accordance with F.S. § 627.736(4)(b) and 627.736(7). This request includes a request for the name and address of the insurer's designated recipient for demand letters and disputes of denials pursuant to F.S. § 627.736(10).

I further direct my insurer to send all payments for services rendered by the Provider to the billing address of the provider identified on the medical billing claim forms submitted by the provider and direct the insurer to set aside as disputed funds any amounts reduced or denied by the insurer and resolve said dispute before exhausting the remaining policy benefits. Any reduced or partial payment shall be deposited under protest and shall not be deemed an intention of the provider to constitute an accord and satisfaction of the debt.

THIS IS A DIRECT AND IRREVOCABLE ASSIGNMENT OF MY RIGHTS AND BENEFITS UNDER MY POLICY OF INSURANCE.

A photocopy or electronic copy of this form shall be considered as effective and valid as the original. I have read the foregoing and understand and agree to each of the above provisions:

\_\_\_\_\_  
Patient's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Patient's Name (Print)

\_\_\_\_\_  
Claim#

Apex Injury & Rehabilitation  
1618 6<sup>th</sup> Street SE  
Winter Haven, Fl 33880

**Authorization of direct payment and doctor's lien**

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**To:**

Attorney Name: \_\_\_\_\_

Patient Name : \_\_\_\_\_

I hereby authorize-and direct you, my attorney, to pay directly to said doctor such sums as may be due and owing him for medical services rendered me both by reason of this accident and by reason of any other bills that are due his office and to withhold such sums from any settlement, judgment or verdict as may be necessary to adequately protect said doctor. And I hereby further give a lien on my case to said doctor against any and all proceeds of any settlement, judgment or verdict which may be paid to you, my attorney, or myself as the result of the injuries for which I have been treated or injuries in connection herewith.

I fully Understand that I am directly and fully responsible to said doctor for all medical bills submitted by him for services rendered me and that this agreement is made solely for the doctor's additional protection and is consideration of his awaiting payment. And I further understand that such payment is not contingent on any settlement-judgment or-verdict by-which may eventually recover said fee.

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

The undersigned being attorney of record for the above patient does hereby agree to observe all the terms of the above and agrees to withhold such sums from any settlement, . judgment or verdict as may be necessary to adequately protect said doctor above named,

Attorney's Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Please date sign and return one copy to above doctor's office. Thank you.**