



New York State Assembly Citation

RECOGNIZING YOGA DAY

YOGA DAY RECEPTION IN ALBANY

ON THE FOURTEENTH DAY OF MAY, TWO THOUSAND TWENTY FOUR

WHEREAS, IT IS WITH GREAT ENTHUSIASM AND PRIDE THAT THE NEW YORK STATE LEGISLATURE CELEBRATES THE HISTORIC PASSAGE OF THE YOGA DAY IN NEW YORK RESOLUTION, MARKING A MONUMENTAL OCCASION AS THE FIRST-EVER YOGA RECEPTION HELD IN A STATE CAPITAL IN THE UNITED STATES; AND

WHEREAS, THE YOGA DAY IN NEW YORK RESOLUTION SYMBOLIZES A MOMENTOUS STEP FORWARD IN RECOGNIZING THE TRANSFORMATIVE POWER OF YOGA AS A HOLISTIC PRACTICE THAT PROMOTES PHYSICAL, MENTAL, AND SPIRITUAL WELL-BEING, ENRICHING THE LIVES OF INDIVIDUALS AND COMMUNITIES ACROSS NEW YORK STATE; AND

WHEREAS, THIS INAUGURAL YOGA DAY IN NEW YORK RECEPTION SERVES AS A TESTAMENT TO THE GROWING POPULARITY AND IMPORTANCE OF YOGA IN OUR SOCIETY, HIGHLIGHTING ITS PROFOUND IMPACT ON PROMOTING HEALTH, WELLNESS, AND INNER PEACE AMONG PEOPLE OF ALL AGES AND BACKGROUNDS; AND

WHEREAS, THE NEW YORK STATE ASSEMBLY PROUDLY ACKNOWLEDGES AND COMMENDS THE ORGANIZERS, ADVOCATES, AND PRACTITIONERS WHO HAVE TIRELESSLY WORKED TO PROMOTE THE BENEFITS OF YOGA AND CHAMPIONED THE PASSAGE OF THE YOGA DAY IN NEW YORK RESOLUTION, SUCH AS GURUJI H.H. DILEEPKUMAR THANKAPPAN AND THE WORLD YOGA COMMUNITY, INC., IN PAVING THE WAY FOR GREATER AWARENESS AND APPRECIATION OF THIS ANCIENT PRACTICE WITHIN OUR STATE; AND

WHEREAS, THE NEW YORK STATE ASSEMBLY EXTENDS ITS HEARTFELT CONGRATULATIONS TO ALL THOSE INVOLVED IN THE PASSAGE OF THE YOGA DAY IN NEW YORK RESOLUTION, EXPRESSING GRATITUDE FOR THEIR DEDICATION, VISION, AND COMMITMENT TO PROMOTING HEALTH, WELLNESS, AND HARMONY IN OUR COMMUNITIES; NOW, THEREFORE, BE IT

RESOLVED, THAT I, ASSEMBLYMAN NADER SAYEGH, RECOGNIZE AND CELEBRATE THE PASSAGE OF THE YOGA DAY IN NEW YORK RESOLUTION AND THUS URGE ALL CITIZENS TO HONOR AND CELEBRATE THIS RESOLUTION ON THIS DAY IN THE STATE OF NEW YORK AND BEYOND.



A handwritten signature in black ink, reading "Nader J. Sayegh".

HON. NADER J. SAYEGH
NYS ASSEMBLY (YONKERS)