



DAEDO PSS HIT-LEVELS



Senior Men		
Weight Category	Body PSS Size	Body Hit-Level
-54kg	#2	19
-58kg	#3	20
-63kg	#3	21
-68kg	#3	22
-74kg	#4	23
-80kg	#4	24
-87kg	#4	25
+87kg	#5	26

Senior Women		
Weight Category	Body PSS Size	Body Hit-Level
-46kg	#2	17
-49kg	#2	18
-53kg	#2	19
-57kg	#3	20
-62kg	#3	21
-67kg	#3	22
-73kg	#4	23
+73kg	#4	24

Olympic Senior Men		
Weight Category	Body PSS Size	Body Hit-Level
-58kg	#3	20
-68kg	#3	22
-80kg	#4	24
+80kg	#5	26

Olympic Senior Women		
Weight Category	Body PSS Size	Body Hit-Level
-49kg	#2	18
-57kg	#3	20
-67kg	#3	22
+67kg	#4	24

Junior Men		
Weight Category	Body PSS Size	Body Hit-Level
-45kg	#1	16
-48kg	#2	16
-51kg	#2	17
-55kg	#2	18
-59kg	#3	19
-63kg	#3	20
-68kg	#3	21
-73kg	#4	22
-78kg	#4	23
+78kg	#4	24

Junior Women		
Weight Category	Body PSS Size	Body Hit-Level
-42kg	#1	14
-44kg	#1	14
-46kg	#2	15
-49kg	#2	16
-52kg	#2	17
-55kg	#2	18
-59kg	#3	19
-63kg	#3	20
-68kg	#3	21
+68kg	#4	22

Under 21 Men		
Weight Category	Body PSS Size	Body Hit-Level
-54kg	#2	19
-58kg	#3	20
-63kg	#3	21
-68kg	#3	22
-74kg	#4	23
-80kg	#4	24
-87kg	#4	25
+87kg	#5	26

Under 21 Women		
Weight Category	Body PSS Size	Body Hit-Level
-46kg	#2	17
-49kg	#2	18
-53kg	#2	19
-57kg	#3	20
-62kg	#3	21
-67kg	#3	22
-73kg	#4	23
+73kg	#4	24

Youth Olympic Men		
Weight Category	Body PSS Size	Body Hit-Level
-48kg	#2	16
-55kg	#2	18
-63kg	#3	20
-73kg	#4	22
+73kg	#4	24

Youth Olympic Women		
Weight Category	Body PSS Size	Body Hit-Level
-44kg	#1	14
-49kg	#2	16
-55kg	#2	18
-63kg	#3	20
+63kg	#4	22

Cadet Men		
Weight Category	Body PSS Size	Body Hit-Level
-33kg	#0	12
-37kg	#1	13
-41kg	#1	14
-45kg	#1	15
-49kg	#2	16
-53kg	#2	17
-57kg	#2	18
-61kg	#3	19
-65kg	#3	20
+65kg	#3	21

Cadet Women		
Weight Category	Body PSS Size	Body Hit-Level
-29kg	#0	10
-33kg	#0	11
-37kg	#1	12
-41kg	#1	13
-44kg	#1	14
-47kg	#2	15
-51kg	#2	16
-55kg	#2	17
-59kg	#3	18
+59g	#3	19

Kids 7-9 Years		
Weight Category	Body PSS Size	Body Hit-Level
-24kg	#0	8
-26kg	#0	9
-28kg	#0	9
-30kg	#0	10
-32kg	#0	10
-34kg	#1	11
-36kg	#1	11
-39kg	#1	12
-41kg	#1	12
+41kg	#2	13

Youths 10-11 Years		
Weight Category	Body PSS Size	Body Hit-Level
-33kg	#0	11
-35kg	#1	11
-37kg	#1	12
-39kg	#1	12
-41kg	#1	13
-44kg	#1	13
-47kg	#2	14
-50kg	#2	15
-53kg	#2	15
+56kg	#3	16

Para Taekwondo Men		
Weight Category	Body PSS Size	Body Hit-Level
-58kg	#3	17
-63kg	#3	18
-70kg	#3	19
-80kg	#4	20
+80kg	#5	21

Para Taekwondo Women		
Weight Category	Body PSS Size	Body Hit-Level
-47kg	#2	16
-52kg	#2	17
-57kg	#3	18
-65kg	#3	19
+65kg	#4	20

Paralympic Men		
Weight Category	Body PSS Size	Body Hit-Level
-61kg	#2	19
-75kg	#3	20
+75kg	#4	21

Paralympic Women		
Weight Category	Body PSS Size	Body Hit-Level
-49kg	#2	17
-58kg	#2	18
+58kg	#3	19

Punch Hit-Level: 18

Head Hit-Level: 5