

TWIN TIGERS TAEKWONDO CHAMPIONSHIP

SATURDAY, MAY 31, 2025



Dear Masters, Instructors, Students and Families,

Greetings, Twin Tigers Taekwondo Washington is once again proud to present the Twin Tigers Taekwondo Championship. With the support of all martial artists and dojangs we promise to bring you one of the finest and most memorable championship in the Pacific North West! I would like to extend my personal invitation to all of you to participate in our 7th Annual Championship and continue this great tradition in the city of Tacoma. If you enjoy excitement, fair play and great competition; mark May 31st (Saturday) on your calendar. We have World Taekwondo International Referees and National Referees judging our event to make sure it is one of the best. This year's event will have both mail in and online registration. I send Best wishes to all participants and I look forward to seeing you all, Safe travels!



Respectfully Yours,
Master Daniel Ramirez
Tournament Chairman

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SATURDAY, MAY 31, 2025

GENERAL INFORMATION

EVENT CONTACT

Master Daniel Ramirez
(253) 381-2417
twintigerswa@gmail.com

TOURNAMENT VENUE

Tacoma Community College Gym
6501 S 19th St,
Tacoma, WA. 98466

LODGING

Holiday Inn Express & Suites Tacoma
8601 S. Hosmer Street,
Tacoma, WA. 98444
(253) 539-2020

SPECTATOR ADMISSION

\$15.00 / Per Person.
Children 4 yrs. and under FREE.
Cash and Card payments accepted at the door.

COMPETITOR REGISTRATION

Online registration at: <https://eproductions.co/twin-tigers-wa>.

NO REFUNDS will be given for any reason. **Online Registration closes May 28, 2025.**

COACH REGISTRATION

Online registration at: <https://eproductions.co/twin-tigers-wa>.

- All coaches must follow rules and regulations and keep in Martial Arts conducts and ably by USATKD/PATU/WT rules and regulations. **Must not be named on USATKD Suspension List.**

OUR PRIORITY IS THE SAFETY OF ALL ATHLETES.

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SATURDAY, MAY 31, 2025

EVENTS:

Creative Board Breaking, Forms, Grassroots Sparring All Belts, World Class Sparring (Black Belts Only), Obstacle Course (Ages 4 - 14 years old only, All Belts).

REGISTRATION FEES:

1 event = \$120, 2 events = \$140, 3 events = \$160, 4 events = \$180.

COACH'S PASS:

There will be One Free coach pass per school, however, we will not hold up a match if a coach is occupied with another match (this delay's the competition). Please make sure you have enough coaches to cover your competitors. Cost for additional coach pass is \$50.00. Coach pass is required to coach.

VIP'S: Grand Masters, Masters, School Owners contact Master Ramirez Directly for your pass.

Mail in Application Payments accepted: Cash, Cashier's Check, Money Order.

Payable to: Daniel Ramirez

Mail to: **Twin Tigers Taekwondo**
6409 6th Avenue #13
Tacoma, WA. 98406

AWARDS

1st, 2nd and Two 3rd place medals will be awarded.

SCHEDULE:

8:00am – 9:00am	Competitor Card pick-up
8:00am – 9:00am	Volunteer Check-in
8:30am – 9:00am	Referee Meeting
9:00am – 10:00am	Obstacle Course
10:00am – 11:00am	Creative Board Breaking
10:30am – Closing	World Class Blackbelt Sparring (Daedo)
11:00pm – 12:30am	Forms
12:30pm – Closing:	Sparring All Belts Grassroots

On the day of competition please listen for staging report times and announcements. **We will present Best School awards throughout the event.**

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SATURDAY, MAY 31, 2025

ATHLETE EQUIPMENT

TAEKWONDO UNIFORM: (Color uniforms will be allowed for all Grassroots Divisions.) World Class Blackbelt Sparring Divisions are required to wear White uniform with White, Black, or Poom V Neck.

SPARRING EQUIPMENT: Head Gear, Chest Protector, Arm Guards, Gloves, Shin Guards, Foot Pads, Mouthpiece and groin cups mandatory for males. World Class Divisions will be using Daedo GEN 2 Electronic Chest Guards and Head Gear. Electronic Chest Guard will be provided, bring your own Head Gear as Daedo Head Gear Overlay will be provided. Participants must provide their own Daedo Socks. Daedo Socks will be available for purchase at the event. To purchase socks before event, visit <https://eproductions.co/twin-tigers-wa>.



COACH REQUIREMENTS

- Coach's attire:
 - No Shorts, Tank Tops, Sandals.

- Coach etiquette:
 - No recording video or pictures ringside or on the competition floor
 - No loitering behind the ring table

Violations of etiquette may be penalized with a yellow card (sanction)

Coaches please review Sparring rules prior to attending the event so you are familiar. Modified USA Taekwondo Rules will govern this event.

<file:///C:/Users/user/Desktop/2023%20USATKD%20Kyorugi%20Rules%20-%20Modified%20Head%20Contact.pdf>

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SATURDAY, MAY 31, 2025

Competition Divisions Grassroots:

<u>Age:</u>	<u>Belt / Rank</u>
4 & 5 yrs.	Beginner (White, Yellow & Orange Belts)
6 & 7 yrs.	Intermediate (Green & Blue Belts)
8 & 9 yrs.	Advanced (Brown & Red Belts)
10 & 11 yrs.	Advanced (Black Belts)
12 to 14 yrs.	
15 to 17 yrs.	
Adults: 18 to 29 yrs.	
Adults: 30 to 39 yrs.	
Adults: 40 & Up	

World Class Sparring Divisions: Youth: 10-11, Cadets: 12-14, Juniors: 15-17, Seniors: 18-32, Ultras: 33 and Up.

EVENT RULES:

Obstacle Course Rules:

Divisions will have maximum four competitors. 2 competitors will relay race against each other, the first competitor to complete the obstacle course wins. We will have two semi-final races, then the final. The two semi-final competitors who lost, will race for 3rd and 4th place.

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SATURDAY, MAY 31, 2025

Individual Compulsory Poomsae / Forms and Rules:

White	Taegeuk or Palgwe: 1
Yellow	Taegeuk or Palgwe: 1 or 2
Orange	Taegeuk or Palgwe: 2 or 3
Green	Taegeuk or Palgwe: 3 or 4
Blue	Taegeuk or Palgwe: 5 or 6
Brown	Taegeuk or Palgwe: 5, 6 or 7
Red	Taegeuk or Palgwe: 6, 7 or 8
Black	Koryo, Keumgang, Taebeck, Pyongwon, Sipjin, etc.

1. Judging criteria includes Beauty, Grace, Rhythm, Focus, Power & Technique.
2. Points shall be awarded on a scale of 5.0 to 9.0 in 1/2 of a point (0.5) increment, 5.0 being the lowest score awarded for a completed pattern. 9.0 shall be the score awarded by an Official for what that Official deems to be a superior performance for that age and rank division in which the competitor competes.
3. Judges will display the score of each competitor.
4. Scores will be added to compute a total score.
5. The Score Keeper shall record the computation of the total score on the score sheet and the Referee shall sign the division results sheet.
6. Anyone under Black Belt may begin a pattern a second time with a point (1.0) deduction from the total score (not each individual Judge's score).

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SATURDAY, MAY 31, 2025

Individual Creative Board Breaking Rules:

(All ages, All belts)

All competitors will be provided with 3 demonstration style boards, they will select their formation and breaks they will be doing.

1. The participant will attempt to break demo boards.
2. The participant will get 60 seconds to execute their breaks.
3. Routine will begin with bow in, jun bi and end with a bow out.
4. Maximum of 3 boards may be attempted, each break must be single boards.
5. Participants should provide their own holders.
6. Contestants will get TWO attempts per board.
7. Participants may not cover the breaking hand or foot with any bandages, tape, or any other material.
8. Any taekwondo (hand, foot, or elbow) technique may be used.
9. Props will NOT be allowed.
10. Scoring criteria will be based on: technical proficiency/difficulty, presentation and creativity.
11. Participant who receives the highest score will be declared the winner.
12. Judges will all score between 5.0 and 9.0. Based on how they feel the routine (breaking poomsae) was performed. Similar to the way poomsae was scored in years past. Judges are not scoring separate categories.
13. Deductions –
 - A. Participant exceeds the 60 second time limit during setup (1 point per every 10 seconds over).
 - B. Participant exceeds the 60 second time limit during execution (1 point per every 10 seconds' over).
 - C. Participant exceeds the maximum number of attempts per break, maximum of 3 attempts (1-point deduction per infraction)
 - D. Unsportsmanlike conduct (1-point deduction).

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SATURDAY, MAY 31, 2025

Sparring Matches will be best of 3 rounds.

<file:///C:/Users/user/Desktop/2023%20USATKD%20Kyorugi%20Rules%20-%20Modified%20Head%20Contact.pdf>

Article 6. Modified Head Contact Chart

Age	Belt Color	Applicable Rules
Dragon 6 – 7	Yellow	No Head Contact
	Green	
	Blue	
	Red	
	Black	
Tiger 8 – 9	Yellow	No Head Contact
	Green	Light Head Contact
	Blue	
	Red	
	Black	
Youth 10 – 11	Yellow	No Head Contact
	Green	Light Head Contact
	Blue	
	Red	
	Black	
Cadet (12 – 14)	Yellow	Light Head Contact
	Green	
	Blue	
	Red	Full Head Contact
	Black (Grass Roots)	
	Black (World Class)	
Black (Non World Class)		
Junior (15 – 17)	Yellow	Light Head Contact
	Green	
	Blue	
	Red	Full Head Contact
	Black (World Class)	
Black (Non World Class)		
Senior (18 – 32)	Yellow	Full Head Contact
	Green	
	Blue	
	Red	
	Black (World Class)	
Black (Non World Class)		
Ultra (33+)	Yellow	Light Head Contact
	Green	
	Blue	
	Red	
	Black	