

## Client Information

In order to maximize the effectiveness and safety of your Massage sessions with your therapist, please take the time to carefully fill this out. This information will be treated confidentially. Your feedback is appreciated.

Name \_\_\_\_\_ D.O.B. \_\_\_\_\_ Referred by \_\_\_\_\_  
 Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Occupation \_\_\_\_\_ Home phone \_\_\_\_\_ Work phone \_\_\_\_\_  
 Have you had a professional massage before? \_\_\_\_\_ Yes \_\_\_\_\_ No  
 Marital Status \_\_\_\_\_ # of Children \_\_\_\_\_ Spouse's Name \_\_\_\_\_  
 Check any of the following that may presently apply: Stress \_\_\_\_\_ Pain \_\_\_\_\_ Stiffness \_\_\_\_\_  
 Self Help \_\_\_\_\_ Relaxation \_\_\_\_\_ Personal Growth \_\_\_\_\_ Other \_\_\_\_\_  
 Please state any recent or past injuries or medical treatments: \_\_\_\_\_

Please check any of the following conditions that apply or have applied:

- |                                       |  |  |
|---------------------------------------|--|--|
| <input type="checkbox"/> arthritis    | <input type="checkbox"/> ear ringing       | <input type="checkbox"/> high blood pressure |
| <input type="checkbox"/> bursitis     | <input type="checkbox"/> fainting spells   | <input type="checkbox"/> shortness of breath |
| <input type="checkbox"/> cancer       | <input type="checkbox"/> loss of balance   | <input type="checkbox"/> menstrual pain/PMS  |
| <input type="checkbox"/> diabetes     | <input type="checkbox"/> broken bones      | <input type="checkbox"/> skin disorders      |
| <input type="checkbox"/> edema        | <input type="checkbox"/> stomach disorders | <input type="checkbox"/> severe irritability |
| <input type="checkbox"/> diarrhea     | <input type="checkbox"/> abdominal hernia  | <input type="checkbox"/> severe depression   |
| <input type="checkbox"/> constipation | <input type="checkbox"/> blood clots       | <input type="checkbox"/> herniated disc      |
| <input type="checkbox"/> headaches    | <input type="checkbox"/> varicose-veins    | <input type="checkbox"/> low blood pressure  |
| <input type="checkbox"/> sinusitis    | <input type="checkbox"/> heart condition   | <input type="checkbox"/> chest pain          |
| <input type="checkbox"/> back pain    | <input type="checkbox"/> cold feet/hands   | <input type="checkbox"/> numbness feet/hands |
| <input type="checkbox"/> neck pain    |  |  |

Do you wear contacts ( ), dentures ( ), hearing aid ( )?

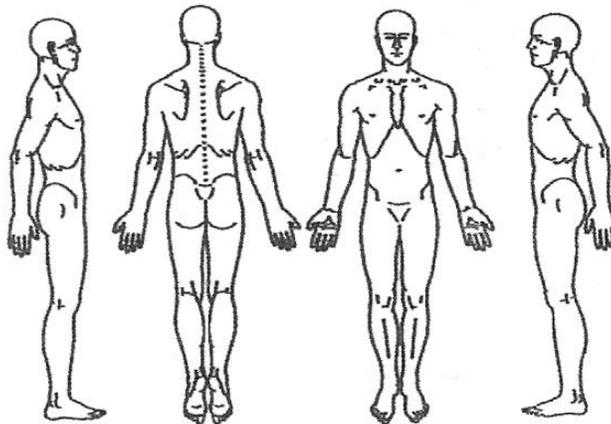
Do you experience difficulty lying on your front ( ), back ( ), and or side ( )?

Are you under medical care or supervision now? Yes No If yes, for what? \_\_\_\_\_

Are you currently taking any medication? Yes No If yes, what? \_\_\_\_\_

Physician \_\_\_\_\_ Phone # \_\_\_\_\_

PLEASE INDICATE LOCATION(S) OF SORE OR PAINFUL AREAS ON THE DIAGRAM BELOW:



Signature: \_\_\_\_\_ Date \_\_\_\_\_