

HIGHER GROUND

25 POINT – BASE CAMP

Psalm 61:2 From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock *that* is higher than I.

Psalm 40:2 He brought me up also out of an horrible pit, out of the miry clay, and set my feet upon a rock, *and* established my goings.

Proverbs 18:10 The name of the LORD *is* a strong tower: the righteous runneth into it, and is safe.

Isaiah 26:4 Trust ye in the LORD for ever: for in the LORD JEHOVAH *is* everlasting strength:

Psalm 46:1 God *is* our refuge and strength, a very present help in trouble.

Psalm 3:3 But thou, O LORD, *art* a shield for me; my glory, and the lifter up of mine head.

Psalm 27:1 The LORD *is* my light and my salvation; whom shall I fear? the LORD *is* the strength of my life; of whom shall I be afraid?

Psalm 62:7 In God *is* my salvation and my glory: the rock of my strength, *and* my refuge, *is* in God.

Psalm 9:9 The LORD also will be a refuge for the oppressed, a refuge in times of trouble.

Psalm 32:7 Thou *art* my hiding place; thou shalt preserve me from trouble; thou shalt compass me about with songs of deliverance. Selah.

Psalm 91:2 I will say of the LORD, *He is* my refuge and my fortress: my God; in him will I trust.

Psalm 63:1 O God, thou *art* my God; early will I seek thee: my soul thirsteth for thee, my flesh longeth for thee in a dry and thirsty land, where no water is;

Psalm 125:1 They that trust in the LORD *shall be* as mount Zion, *which* cannot be removed, *but* abideth for ever.

Psalm 27:5 For in the time of trouble he shall hide me in his pavilion: in the secret of his tabernacle shall he hide me; he shall set me up upon a rock.

Colossians 3:2 Set your affection on things above, not on things on the earth.

Psalms 18:33 He maketh my feet like hinds' *feet*, and setteth me upon my high places.

50 POINT – CLIMB ZONE

Psalm 18:2 The LORD *is* my rock, and my fortress, and my deliverer; my God, my strength, in whom I will trust; my buckler, and the horn of my salvation, *and* my high tower.

Psalm 59:16 But I will sing of thy power; yea, I will sing aloud of thy mercy in the morning: for thou hast been my defence and refuge in the day of my trouble.

Psalm 61:3–4 For thou hast been a shelter for me, *and* a strong tower from the enemy. I will abide in thy tabernacle for ever: I will trust in the covert of thy wings. Selah.

Psalm 62:1–2 Truly my soul waiteth upon God: from him *cometh* my salvation. He only *is* my rock and my salvation; *he is* my defence; I shall not be greatly moved.

Habakkuk 3:19 The LORD God *is* my strength, and he will make my feet like hinds' *feet*, and he will make me to walk upon mine high places. To the chief singer on my stringed instruments.

Psalm 73:24–26 Thou shalt guide me with thy counsel, and afterward receive me *to* glory. Whom have I in heaven *but thee?* and *there is* none upon earth *that* I desire beside thee. My flesh and my heart faileth: *but* God *is* the strength of my heart, and my portion for ever.

Psalm 40:1–3 I waited patiently for the LORD; and he inclined unto me, and heard my cry. He brought me up also out of an horrible pit, out of the miry clay, and set

my feet upon a rock, *and* established my goings. And he hath put a new song in my mouth, *even* praise unto our God: many shall see *it*, and fear, and shall trust in the LORD.

Psalm 27:2–3 When the wicked, *even* mine enemies and my foes, came upon me to eat up my flesh, they stumbled and fell. Though an host should encamp against me, my heart shall not fear: though war should rise against me, in this *will* I *be* confident.

Psalm 144:1–2 Blessed *be* the LORD my strength, which teacheth my hands to war, *and* my fingers to fight: My goodness, and my fortress; my high tower, and my deliverer; my shield, and *he* in whom I trust; who subdueth my people under me.

Psalm 18:28–30 For thou wilt light my candle: the LORD my God will enlighten my darkness. For by thee I have run through a troop; and by my God have I leaped over a wall. *As for* God, his way *is* perfect: the word of the LORD is tried: he *is* a buckler to all those that trust in him. For who *is* God save the LORD? or who *is* a rock save our God?

Isaiah 58:14 Then shalt thou delight thyself in the LORD; and I will cause thee to ride upon the high places of the earth, and feed thee with the heritage of Jacob thy father: for the mouth of the LORD hath spoken *it*.

100 POINT – SUMMIT

Psalm 61:1–8 Hear my cry, O God; attend unto my prayer. From the end of the earth will I cry unto thee, when my heart is overwhelmed: lead me to the rock *that* is higher than I. For thou hast been a shelter for me, *and* a strong tower from the enemy. I will abide in thy tabernacle for ever: I will trust in the covert of thy wings. Selah. For thou, O God, hast heard my vows: thou hast given *me* the heritage of those that fear thy name. Thou wilt prolong the king's life: *and* his years as many generations. He shall abide before God for ever: O prepare mercy and truth, *which* may preserve him. So will I sing praise unto thy name for ever, that I may daily perform my vows.

Psalm 121:1–8 I will lift up mine eyes unto the hills, from whence cometh my help. My help *cometh* from the LORD, which made heaven and earth. He will not suffer thy foot to be moved: he that keepeth thee will not slumber. Behold, he that

keepeth Israel shall neither slumber nor sleep. The LORD *is* thy keeper: the LORD *is* thy shade upon thy right hand. The sun shall not smite thee by day, nor the moon by night. The LORD shall preserve thee from all evil: he shall preserve thy soul. The LORD shall preserve thy going out and thy coming in from this time forth, and even for evermore.

Isaiah 40:28–31 Hast thou not known? hast thou not heard, *that* the everlasting God, the LORD, the Creator of the ends of the earth, fainteth not, neither is weary? *there is* no searching of his understanding. He giveth power to the faint; and to *them that have* no might he increaseth strength. Even the youths shall faint and be weary, and the young men shall utterly fall: But they that wait upon the LORD shall renew *their* strength; they shall mount up with wings as eagles; they shall run, and not be weary; *and* they shall walk, and not faint.

Psalms 3:1-8 LORD, how are they increased that trouble me! many *are* they that rise up against me. Many *there be* which say of my soul, *There is* no help for him in God. Selah. But thou, O LORD, *art* a shield for me; my glory, and the lifter up of mine head. I cried unto the LORD with my voice, and he heard me out of his holy hill. Selah. I laid me down and slept; I awaked; for the LORD sustained me. I will not be afraid of ten thousands of people, that have set *themselves* against me round about. Arise, O LORD; save me, O my God: for thou hast smitten all mine enemies *upon* the cheek bone; thou hast broken the teeth of the ungodly. Salvation *belongeth* unto the LORD: thy blessing *is* upon thy people. Selah.