November PAAC Kollege

Infants: 15 Minutes a Day (5-5-5); Toddlers: 30 Minutes a Day (10-10-10); Preschoolers: 30 Minutes a Day (10-10-10)

Infants

Routinely sing the song "We Know the Sounds of the Alphabet" to your infant.

Week 1	**Materials for Month:** Outline Silhouette black-and-white cards; Visual cards for Self-words, body parts, colors, shapes, Red Dot, animal picture cards, movable letters, and We Know the Sounds of the Alphabet; paper, cardstock, index cards, black marker. Nursey Rhymes
	Birth to 3 Months (Awakening): Outline of Black and White cards. Show square, circle, triangle, banana, foot Show and say the word rapidly, using one picture card per day, several times a day. Repeat for the next two weeks. Conversational turns: Have a dialogue with the infant. Wait for the baby to respond
	4 to 7 Months (Sedentary): self-words (names, family members, etc.); body parts; colors; shapes (circle, square, triangle, rectangle, pentagon, rhombus, trapezoid, hexagon). Count
	8 Months to 12 Months (Creeping Machine): Letter sounds, clap for word chunks(syllables), count 1-10; animal names match photos, Conversational turns
Week 2	**Birth to 3 Months (Awakening**): Sing "We Know the Sounds of the Alphabet." Shuffle picture cards and repeat last week's words. Add the words cup, spoon, fish, cat, tree, elephant, and window. Have conversational turns throughout the day. Have the child feel different textures: bumpy, smooth, cold, soft, hard, and fuzzy
	4 to 7 Months (Sedentary): Show shapes, color cards, and numbers 1-5. Practice recognizing shapes. Show one finger and say "one." Use a different finger and say "one." Repeat for two, three, four, and five. Show pictures of farm animals. Use red dots to represent quantities. Talk about each animal. This is a great receptive learning opportunity. Make it a joyous time
	8 to 12 Months (The Creeping Machine): Write the number on the back of each red dot card. Say "one" and show one red dot. Repeat for each red dot card quickly. Practice sharps, colors, and alphabet sounds, and read board books
Week 3	**Birth to 3 Months (Awakening):** eye, mouth, butterfly, bird, flower, scissors, spider. Shuffle the cards. Practice.
	4 to 7 Months (Sedentary): Red Dots 1 to 5. Shuffle all the cards: Add Food cards. Show and say shapes and colors.
	8 to 12 Months (The Creeping Machine): Review and practice saying and singing the alphabet sounds, count numbers 1-10, colors, shapes, and Red Dots. Rhyming words
Week 4	**WEEK 4:** Review and Practice weeks 1-3.
	Opportunities for Learning: Bath Time – Diaper Table – In the Car – At the Playground/Park – During Family Visits; In the bathtub (three or four rubber letters)

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Younger Toddlers

Learn and practice the song "We Know the Sounds of the Alphabet."

Week 1	**Materials for Month:** Index cards; alphabet cards; plastic, wood, or magnetic letters; black marker; crayons; paper; scissors; counters
	Reading: Place letters on the floor. Say a sound and ask the child to find the letter. Reverse the roles. The child says the sound and the parent finds the letter. Show and say, five sets of rhyming words: tot, lot; bat, hat; let, jet; pit, fit; cut, hut. Practice saying one word and the child says the rhyming word. Review/Say the sounds of words: it, is, if, at.
	Math: Learn and practice 13 shapes: heart, star, crescent, oval, circle, square, rectangle, triangle, diamond (rhombus), trapezoid, pentagon, hexagon, octagon.
	Knowledge Enhancement: Turkey facts: Male turkey are called toms and females are called hens. Depending on what is happening, they have either more or less blood flowing to their head and neck. This results in the head and neck changing colors - white, red, or blue. Farm turkeys are too heavy to fly.
Week 2	**Reading:** Show the letters t, o, t. Say the sound of each letter. Tell the child to say the sounds. Tell the child you will make a word. Say t-o-t slowly and then say the word. Do the same for a-t. Only spend a short time blending letter sounds to make the two words.
	Math: Count the shapes. Ask, "What shape has 5 sides, 8 sides, three sides, 4 sides?"
	Knowledge Enhancement: Explain the holiday, Thanksgiving. What is the turkey waddle? What colors are turkeys? Talk about why the turkey is talked about at Thanksgiving.
Week 3	**Reading:** Place the letters: a, t, o, h, l, f, s, in the bath water. Stick them on the tub and say the sound of each letter. Ask the child to say the sounds of the letters i-t. Practice saying the sounds of all the letters from week one and two. Make the sessions short.
	Math: Count the shoes in the room. Name the colors of the shoes. Which of the shoes have tongues? Count the shoes with tongues.
	Knowledge Enhancement: Trace the child's hand and make a hand turkey. Have fun.
Week 4	**Reading:** Write the letters practiced this week. Use large letters. Write the following words on individual index cards: tot, at, if, it, is, bat, hat, tot, cut, hut, jet, let, hut. Place the words around the room. Say the sound of i-t. Ask the child to find the word. Play a game finding these words while practicing the sounds of the alphabet during the day. Also, review week one. Have the child lead, playing rhyming words with you. In 5 seconds say as many words as you can that rhyme with cat. See if the child can say as many as he or she can that rhyme with cat. Practice during the weekend.
	Math: Say:1 plus 1 equals 2, 1 plus 2 equals 3, 1 plus 4 equals 5. Use counters to demonstrate.
	Knowledge Enhancement: Talk about Thanksgiving and how different families celebrate the holiday. Enjoy extended holiday time learning with your child.

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Older Toddlers

Learn and practice the song "We Know the Sounds of the Alphabet."

Week 1	**Materials for Month:** Index cards, cardstock, paper, red and black marker, red dot cards, alphabet cards, magnetic letters, counters, visual cards; Action word cards: jumping, walking, running, laughing, drinking
	Reading: Learn and know the sounds of the alphabet. Say the short sounds of a, e, I, o, u. Say A for alligator, E for eggs, I for iguana, O for otter, U for up; Practice blending: at, bat, fat; it, sit, hit; pat, pit, is, it
	Math: Practice red dots by showing the dots rapidly visually and auditorily. Learn to recognize the dots shown. Without counting each dot. Shuffle the visual cards daily (5 seconds)..
	Knowledge Enhancement: Explain Day-Light Saving Time and the return to Standard Time. In addition to talking about the time change also talk about the changes of the trees.
Week 2	**Reading:** Practice saying words beginning with a, e, i, o, u: A -ant, alligator, apple, arrow, astronaut, axe; E-egg, elephant, elevator, echo, elf, elbow; I- igloo, iguana, ill, infant, itch, inch; O- octopus, otter, ox, odd, October, octagon; U- up, us, under, umbrella, uncle, ugly
	Math: Using counters, demonstrate three plus two. Tell the child three things and two things total five things. Use male shoes and female shoes to make five shoes. Flatware (Forks and spoons) can also be used.
	Knowledge Enhancement: Vocabulary: Clap the syllables as you say the word, deciduous (trees shed leaves in the fall/autumn). Evergreen trees remain green all year. Point out the trees around your home that are deciduous and evergreen.
Week 3	**Reading:** Show and say five action words. Exaggerate the beginning sound of each action word: jumping, walking, running, laughing, drinking. Match a letter with the action words.
	Math: Show a number 1-5. Ask the child to match a numeral to the number of dots shown. (Two red dots-number 2, etc.) Have the child name five or more insects.
	Knowledge Enhancement: Talk about different kinds of trees -- Maple, Oak, Gingko, Birch, Elm, Sycamore, fruit and nut trees. Find photos and compare the shape of the leaves. Make it fun. Talk. about how the trees in your neighborhood are changing.
Week 4	**Reading:** Practice blending words: sit, hit, if, at, it, sat, lit, pit, cat, bat, fat, let, did, mat. Make rhyming words for fun: it and sit; sat and bat; fat and cat; pit and sit; lit and bit;
	Math: Know number 1 to 100. Practice daily. Count by 2s, and 5s.
	Knowledge Enhancement: Thanksgiving vegetables: Sweet potatoes, green beans, white potatoes, carrots, corn, collar green, kale, cabbage. Which plant grows under or above ground?
Week 5	**Reading:** Say, 'ank' and 'ink' to the child. Show the words Thank and Think. Talk about what is the same and different in the two words. What does each word mean?
	Math: Count backward 25 to 1. Count the doors in the home. Practice identifying 13 shapes: heart, star, crescent, circle, oval, square, triangle, rectangle, pentagon, hexagon, octagon, diamond (rhombus), trapezoid
	Knowledge Enhancement: Thanksgiving is made up of two words. What are the two words? Share other compound words (e.g., hotdog, cupcake, baseball, tiptoe) and ask the child for the two words that each contains.

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Preschoolers

Learn and practice the song "We Know the Sounds of the Alphabet."

Week 1	**Materials for Month:** Index cards, sight words cards, quantities red dot cards, red and black markers, movable letters, ten frame
	Reading: Review the sounds of the alphabet. Practice and say sight words: the, of, and, a, to, in, is, you, that, it, he, was, for, on, are, as, with, his, they, I, at, be, this, have, from
	Math: Quantities with a Ten frame: A rectangle divided onto rows of five equal boxes, making 2 by 5 grid that holds up to ten dots. Visual helper for number sense building. Begin on the top row with one dot continuing to five dots. Place the sixth dot on the bottom.
	Knowledge Enhancement: Learn the names and leaf shapes of trees that shed leaves (**deciduous**) - Maple, Oak, Sycamore, Elm, Ginkgo, Poplar, Cherry, Apple, Peach.
Week 2	**Reading:** Practice the names and sounds of the alphabet. **Blends** bl, cl, fl, gl, pl (black, clip, flip, glad, plant; Br, cr, dr, fr, gr, pr - brown, crown, drown, frown; **Diggy (digraph) sounds:** ch, sh, th, wh, ph (chop, thank, whip, ship phone)
	Math: Learn and practice visualizing quantities – red dots and ten frame. Show three dot cards quickly. Ask the child to say or show you how many dots they saw. Practice quick flash of dot cards and ask for quick response. Practice this activity daily for quick response. Ten frame: Practice 10 dots, remove two dots and ask how many are left, etc.
	Knowledge Enhancement: Talk about trees. Trees are **perennials** with a trunk, upper branches, and roots. Roots are an underground network that **stabilizes** the tree and **absorbs** water and **nutrients.** Tree rings are yearly growth rings inside the trunk.
Weeks 3 and 4	**Reading:** Practice Blends and Diggy sounds and words. Learn and recognize 25 sight words. Place five words in different places around the home for daily practice. Make Thanksgiving the 25 Sight Word Day Parade. Have family members join in for the happy day! Diggy (Digraph) Sounds Practice: ch, sh, wh, th, ph – Think of words that begin with the Diggy sounds that rhyme: chick-thick, shack-whack, chat-that.
	Math: Count 1 to 100. Count by 2s, 5s, and 10s.
	Knowledge Enhancement: Use conversational turns to talk about fall and the Thanksgiving holiday. What do you like about this time of year? What about this time of year does your child like? Are there Thanksgiving traditions or activities (holiday dinner, parades, football games, etc.) that are especially meaningful to you? to your child?