

Over 37,484 Eyes Treated

ABOUT US

The Vision Healthcare Foundation is a not-for-profit organisation committed to serving persons with disabilities in Pakistan. It is registered with the Securities and Exchange Commission of Pakistan (SECP) as a company under section 42 of the Companies Act 2017.

OUR MISSION

To provide high-quality, accessible, and comprehensive support services to individuals with disabilities and foster an environment of community-based Inclusive development.

OUR VISION

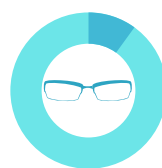
An inclusive world where persons with disabilities have equal opportunities for growth, self-actualisation, and empowerment, enabling them to contribute to community development, leaving no one behind.



TOTAL PATIENTS
18,742



SURGERIES
600



GLASSES PROVIDED
492



VISION SCREENERs TRAINED
315

Project Highlights

During the second quarter of 2025, Vision Healthcare Foundation made significant strides in improving community eye health through screening camps, surgical interventions, awareness sessions, and

clinical training programs with specialized services delivered through its own Khairun-Nisa Eye Hospital (KNEH).

Ongoing Project

- Khairunisa Eye Hospital
- Inclusive School Eye Health Program

- Optometry Internship Program
- Community Outreach Program
- Primary Eye Care Center Attock

Upcoming Projects

- CDMC
- CHC Chakki
- Farming For Health

KHAIRUN'NISA EYE HOSPITAL

Khairun'nisa Eye Hospital, managed by Vision Trust, is a leading facility dedicated to providing quality eye care services to individuals from all walks of life. Established with the vision to combat preventable blindness, the hospital offers state-of-the-art diagnostic, therapeutic, and surgical services.

Our expert ophthalmologists, optometrists, and healthcare professionals work tirelessly to ensure that every patient receives the best possible care. The hospital also plays a crucial role in Vision Trust's outreach initiatives, facilitating secondary and specialized care for identified underserved communities. Managed by **Vision Trust & Funded by K&N's Foundation**

Quarterly Progress (Apr - May - June)

Transformed over **12** thousand lives, which has enabled their families to have a bright future.

12,529

Eye Examinations

600+

Surgeries Performed



CBM International Visits Khairunisa Eye Hospital

Mr. Asfandiyar, CBM's Head of Program Quality, visited Khairunisa Eye Hospital and appreciated the high standards of care and service delivery. He also joined a field visit of the School Eye Health Screening Program, acknowledging the team's impactful work in promoting eye health among schoolchildren.



Khairunnisa Eye Hospital's Strategic Collaborations with International NGOs

Partnership with CBM International

Khairun-Nisa Eye Hospital proudly joined hands with CBM International to enhance community eye health through an Inclusive School Eye Health Screening Program. This initiative is bringing early detection, treatment and eye care awareness to school-aged children across underserved areas.

Sight Restoration Through Support from Sightsavers

With the generous support of Sightsavers, our Cataract Surgery Program is transforming lives in low-income communities.

From April to June 2025, 361 cataract cases were successfully treated at Khairun-Nisa Eye Hospital, a contribution toward ending avoidable blindness.



INCLUSIVE SCHOOL EYE HEALTH PROJECT IN COLLABORATION WITH CBM INTERNATIONAL



Achievements

Schools Covered (Vision): **42**
 Special Schools: **3**
 Madarsas: **2**
 Teachers Reached: **277**
 Trained Screeners: **84**
 Paediatric Cataract Referrals: **2**
 Assistive Devices Provided: **10**
 Hearing Screenings: **11** schools
 Children Screened: **1,124**
 Referrals: **14** with hearing issues,
34 wax cases, **2** with discharge

Highlights of Impact

- Vision Screening Completed in 42 schools, including 3 special education schools and 2 Deeni Madarsas.
- Teachers Trained: 84 out of 277 trained teachers certified as Vision Screeners.
- Community Engagement: 2 Community Awareness Sessions held with integrated screening.
- Strengthened Partnerships: Networking meetings held with Director Special Education and DG Health Karachi.
- School Eye Health Working Group formed; chaired by Provincial Coordinator, with Vision Trust as Secretariat.
- Assistive Devices Distributed: 10 mobility aids provided to children with disabilities.
- Referrals: 2 paediatric cataract cases referred to Khairun-Nisa Eye Hospital; surgeries scheduled for July.
- Hearing Screening conducted in 11 schools, 1,124 children screened, 50 referred for ENT care

Upcoming Plans

- Paediatric cataract surgeries in July
- School screening to resume post-summer break
- Semi-annual Stakeholders' Meeting
- Finalisation of RARE Survey
- Continued coordination through the provincial **School Eye Health Working Group**

Impact Story

Ayesha – Reclaiming Vision & Confidence

Ayesha, a 12-year-old student from Ideal Education School in Malir, struggled with blurred distance vision, constant eye strain, and headaches during near work. She found it difficult to read the blackboard and concentrate in class – a problem that had begun affecting her confidence and academic performance.

Through a school screening under the Inclusive Eye Health Program, she was diagnosed with latent hyperopia. After a detailed cycloplegic refraction at Khairun-Nisa Eye Hospital, she was prescribed corrective glasses – significantly improving her visual comfort and focus in class.

("Now I can see clearly... studying has become easier.")



OPTOMETRY INTERNSHIP PROGRAM

Internship Overview

Vision Healthcare foundation's internship program welcomed 8 optometry students of year **2025** for hands-on clinical and outreach training in this batch. Over six months, interns rotated through various departments, gaining exposure to primary eye care, diagnostics, patient handling, and community services.



Intern Spotlights

- Hira Mansoor identified signs of diabetic retinopathy during a camp visit
- Reema & Shari independently conducted vision screenings in schools
- Madeeha Zaib successfully managed full patient refraction with confidence
- Sajid Ali documented 60+ patient records with accuracy



Key Achievements

- Community and school-based vision screening camps were effectively assisted and managed.
- Refraction and primary eye care were independently performed during high patient load conditions.
- Critical cases, such as diabetic retinopathy, suspicious optic disc changes, and severe conjunctivitis, were identified and referred appropriately.
- Proficiency was gained in clinical skills including OCT interpretation, tonometry, biometry, slit lamp, and fundus examination.
- Pediatric and elderly patients were handled with empathy, calmness, and professionalism.

The internship is shaping confident, compassionate, and skilled eye care professionals. We are proud to support the next generation in advancing inclusive vision care.



COMMUNITY HEALTH CENTER- ATTOCK

Introduction:

In September 2024, the Vision Healthcare Foundation (VHCF) initiated a strategic plan to launch a School Health Screening Program aimed at identifying and addressing vision problems among children, particularly in Attock and other underprivileged regions. This initiative was part of a broader vision to strengthen community-based eye care services. Furthermore, on October 15, 2024, the organization made significant progress by procuring essential ophthalmic equipment to support these initiatives and improve service delivery across its programs.

HIGHLIGHTS

PROGRESS

Eye Screening And Health Checkups:

👤 Children Screened for Oral hygiene, BMI, and vision: 3,750

👓 Prescription Glasses Provided: 389

🏥 Cataract Surgeries Facilitated: 2

🔍 Cycloplegic/Fundus Referrals: 22

🏫 Schools Covered: 10 Government Schools,

🏠 2 Orphanages,

🕌 4 Madrasas

📍 Total Sites Reached: 17

Gender Distribution:

♂ Male: 1,950

♀ Female: 1,800



Capacity Building Awareness

- Teachers Trained in Eye Health: 25
- Participants in Awareness Sessions: 500
- Health Promotion Materials Distributed: 1,000
- Health Staff Trained: 13

Clinical Services at Primary Eye Care Centre

- Total Patients Served: 223
- Children: 28
- Adults: 104
- Persons with Disabilities: 4

Future Plans

Plans are underway to establish a Fully functional in-house OT in alignment with WHO standards, to ensure safe and quality surgical services within our facilities.

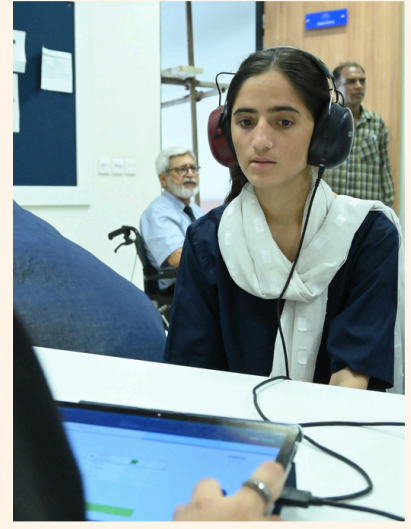
We are also focusing on strengthening BHUs and RHCs in Attock district with the support of the Punjab government by training of LHVs and LHWs in primary eyecare to enhance outreach and service delivery.

NEWS & EVENTS

EYECARE AT WORKPLACE (GOOD CORE SOFTWARE HOUSE)



On June 3rd, 2025, VHCF in collaboration with Good Core Software House at FTC, organized an Eye Awareness & Check-up Camp for employees. A total of 36 individuals received comprehensive screenings, with 8 undergoing refraction tests. Four were prescribed medical treatment, and one was referred for specialized funduscopy promoting early detection and preventive eye care.



Health Checkup Camp Empowers Young Minds

On June 4th, 2025, Vision Trust held a vision and hearing screening camp at Madarsa Maqsood-ul-Uloom, Surjani Town. 150 students received eye screenings, with 33 prescribed glasses and 1 referred. Hearing check-ups were done for 98 students, identifying 6 for further support—promoting inclusive student health and learning.



Health, Vision, and Awareness Under One Roof

On June 27th, 2025, VHCF collaborated with Hunar Foundation to host a free health screening camp, offering services in dermatology, BMI, physiotherapy, and diabetology. VHCF led specialized eye and hearing screenings, distributed 54 glasses, and conducted awareness sessions to emphasize the importance of early detection and preventive health.

BRINGING VISION TO UNDERSERVED COMMUNITIES



On April 13th, 2025, VHCF held a free eye care camp in Gazdarabad, Karachi, reaching 330 patients. 81 were referred for cataract treatment, 101 received prescriptions, and 16 were given free glasses and drops on-site. The camp reflected VHCF's mission to make eye care accessible and restore dignity through better vision.

STRATEGIC MILESTONE: FORMATION OF PROVINCIAL SCHOOL HEALTH WORKING GROUP

On June 26th, 2025, a planning session:

was held at Royal Inn Hotel to establish the Provincial School Health Working Group. The session outlined roles, responsibilities, and membership criteria, emphasizing a holistic approach to school health beyond just eye care. Future meeting plans and a biennial review of secretariat arrangements were discussed. The meeting concluded with a collective commitment to strengthening school health services across the province.





YOUR SUPPORT BRINGS AFFORDABLE, ACCESSIBLE EYE CARE TO THOSE WHO NEED IT MOST

For Zakat

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