



The Corner Office

The Ability to Create Calm

The Leadership Behaviour
We Consistently
Underestimate





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Great leaders
don't amplify
pressure; they
absorb it



- Calm is not passive
- Calm is a strategic leadership capability
- Calm sets the tone, stabilizes teams, and prevents emotional spiraling during uncertainty



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What calm leadership looks like



Slow the pace without losing momentum

Respond instead of reacting



Bring clarity when others spiral

Create psychological space for teams to think



What calm leadership is NOT

- It's not silence
- It's not detachment
- It's not pretending everything is fine
- It's not passive

Calm leadership is regulated presence. It is a deliberate choice to lead with steadiness, not stress.





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Where can you create more calm this week?

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