

GAD-7

The Generalized Anxiety Disorder is an assessment to identify the level of anxiety you have recently experienced. The findings will be discussed with you at the first session. The findings provide a platform to discuss your recent experiences as you feel comfortable sharing.

Please click on the URL link **OR** you can use the QR code to complete the assessment. You only have to choose one option.

https://www.surveymonkey.com/r/GAD-7_NYCCC

