



# Mammography Specialists

14651 S. Bascom Ave., Suite 210, Los Gatos, CA 95032  
18525 Sutter Blvd., Suite 260, Morgan Hill, CA 95037

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## REQUEST FOR BREAST IMAGING AND BONE MINERAL DENSITY

Patient: \_\_\_\_\_ Patient Pregnant?  Yes  No

DOB: \_\_\_\_\_ Tel #: \_\_\_\_\_ Breast Implants?  Yes  No

Date: \_\_\_\_\_ Prior Mammo Year: \_\_\_\_\_ Location: \_\_\_\_\_ Tax ID # 77-0328113

**Please bring this form to your appointment.**

Date: \_\_\_\_\_ Time: \_\_\_\_\_

### ROUTINE SCREENING DIGITAL 3-D TOMOSYNTHESIS LOW DOSE 2-D

- Patients with NO symptoms or lumps  
No recent breast imaging abnormality.
- High Risk Factors  
Personal or family history of breast cancer  
Dense breasts on mammogram
- ULTRASOUND SCREENING  3D

### SPECIAL PROCEDURES

- R  L Wire Localization for Biopsy
- R  L Stereotactic Core Biopsy
- R  L Ultrasound Core Biopsy
- R  L Cystic Lesion Aspiration/Biopsy
- R  L Ductogram
- Second Opinion Case Review
- Patient Consultation with Radiologist

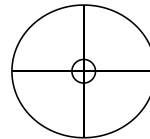
### DIAGNOSTIC DIGITAL

MAP  
ON  
BACK

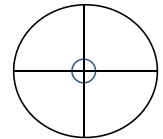
- R  L Dx Study (U/S if indicated)
- R  L Lump
- R  L Pain
- R  L Nipple Lesion or Discharge
- R  L Abnormal Breast Exam
- R  L Abnormal Radiology Report
- R  L Additional Views
- R  L 6 Month Follow-up
- R  L ULTRASOUND - Palpable  3D

Mark Site(s) of Diagnostic Concern

Right



Left



## REQUEST FOR BONE MINERAL DENSITY:DXA

**BMD/DXA EXAM(s)** = Please check

- Standard Exam: L-Spine, Dual Hip
- VFA (Vertebral Fracture Assessment)
- Forearm (radius) BMD

**Code (Required)** = Please check

- Osteopenia/Osteoporosis
- Estrogen Deficient
- Preventative Screening

Additional Clinical Information: \_\_\_\_\_

Physician Name/Tel.# (Please Print): \_\_\_\_\_

Physician Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Cc: \_\_\_\_\_

## PATIENT INSTRUCTIONS

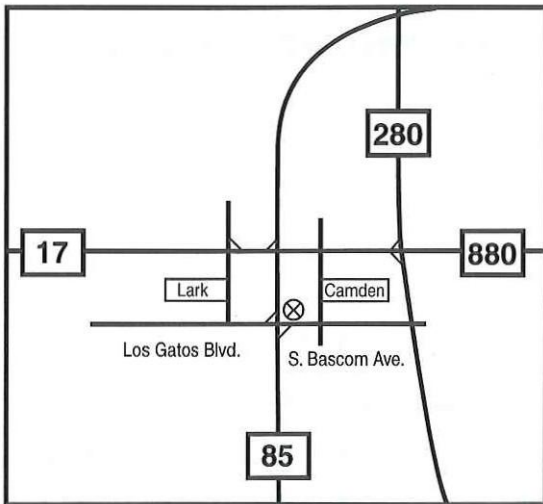
1. Request your old mammogram films be picked up by you or sent to us. This will allow us to quickly compare them to your new films. Your results may be delayed if we are still waiting for your old films to arrive.
2. Do not wear deodorants or powders on the day of your appointment. This is especially true for the under arms and under the breasts. They may show up on your X-ray and may require you to return for repeat images.
3. Wear comfortable clothing such as a 2 piece outfit which you can quickly change. You will be asked to remove all clothing from the waist up and replace it with a loose fitting upper gown we provide.
4. Schedule your mammogram appointment shortly after your menstrual period to minimize any discomfort. If you have tender breasts, avoid caffeine for 2 days prior to your appointment. If you have very tender breasts, consider taking an analgesic such as Tylenol before your exam.
5. Please avoid bringing children to the clinic, as they will not be able to accompany you into the x-ray room.

### PATIENT INSTRUCTIONS FOR BONE DENSITOMETRY (DXA)

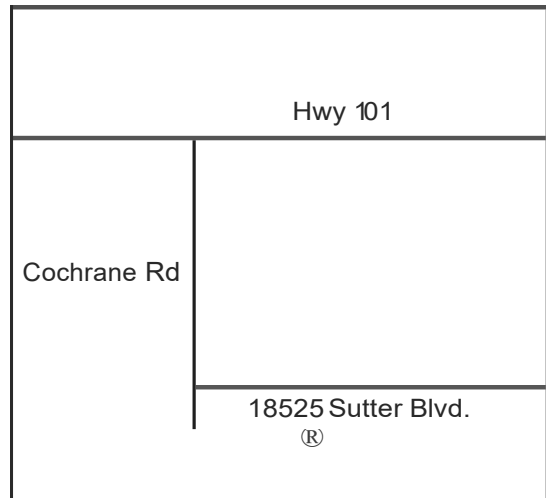
Please wear loose clothing free of buckles, buttons, snaps and zippers. NO Jeans. NO underwire bras, Elastic waistbands and sport bra are recommended. A DXA cannot be done if you have been given oral barium or contrast within 5 days. It also cannot be done if you have intravenous or contrast material for x-ray test in the last day. You should not have a DXA exam if you are pregnant.

## DIRECTIONS

### Los Gatos Office



### Morgan Hill Office



*Please arrive at the office 15 minutes prior to your appointment time.*

*We reserve the right to charge for appointments canceled or broken without 24 hours advance notice.*

*Patients arriving ten minutes late may need to be rescheduled. We do our best to serve you.*

### **Mammography Specialists Medical Corp.**

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