



MYOFUNCTIONAL THERAPY SERVICES



scheduling@speechwarrior.com

www.littlewarriorstherapy.org



Our Approach

Orofacial myofunctional disorders (OMDs) can have a **significant impact** on a **child's development**, affecting:

- Speech articulation
- Feeding and chewing efficiency
- Dental alignment and jaw growth
- Sleep quality and overall wellness

Myofunctional therapy focuses on the **muscles** of the **face, mouth, and tongue**, and how their function impacts **breathing, speech, swallowing**, and overall orofacial **development**.

At **Little Warriors**, we provide **individualized, evidence-based myofunctional therapy** to support children with oral-motor and orofacial functional challenges.

We work closely with families and, when appropriate, with **other healthcare professionals** (dentists, ENTs, orthodontists, etc.) to create a **collaborative**, comprehensive **care plan** for each child.

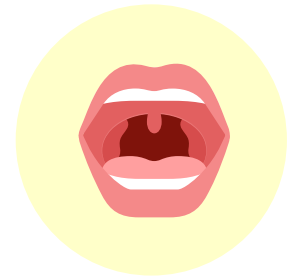
Each myofunctional therapy session is tailored to the child's individual profile, and may include:

- Exercises to improve **tongue mobility, strength**, and **coordination**
- **Breathing retraining** for nasal **respiration** and oral rest **posture**
- Activities to support age-appropriate **swallowing** and **chewing**
- **Collaboration** with other **providers** for optimal outcomes



What We Address

- **Mouth Breathing:** Encouraging proper **nasal breathing** patterns to **support** overall **health** and **oral development**.
- **Tongue Thrust:** Treating **abnormal swallowing** patterns that can interfere with **speech, feeding,** and **dental** development.
- **Low Muscle Tone: Strengthening** the oral-facial **muscles** for **improved speech** clarity, **feeding** efficiency, and resting **posture**.
- **Open Mouth Posture:** Promoting proper **lip closure** and **tongue** rest **position** to aid in facial **development** and airway **health**.
- **Oral Habit Elimination:** Addressing prolonged **thumb sucking,** **pacifier** use, or other habits that may **impact oral** structure and **function**.
- **Pre-/Post-Frenectomy Support:** Providing therapy before and after **tongue-** or **lip-tie** release to **improve** range of **motion,** oral **coordination,** and **function**.



Early Intervention Matters



Orofacial myofunctional disorders (OMDs) can have a **significant impact** on a **child's development**.

Early intervention can help prevent long-term complications and support **healthy growth, communication, and confidence**.

Contact our office for more information or to schedule an evaluation!

Little Warriors Therapy Center

99 Kinderkamack Road, Suite 308, Westwood, NJ 07675

scheduling@speechwarrior.com

(908) 787-8387 ext. 2222



Insurance Information

We are in-network with the following insurances:



Our insurance & Billing Specialist verifies the insurance benefits as they pertain to speech & language services for each and every client, ensuring they are aware of any copayments, deductible requirements, etc. before they even come in for an evaluation.

If a client is out-of-network, we will provide them with a superbill to submit to their insurance for reimbursement.

Any questions pertaining to Insurance & Billing can be emailed directly to billing@speechwarrior.com

