

The Breviary



Alt-Keltische Kirche
Ancient Celtic Church

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Preface

Hourly prayer is a regular prayer practice of the hours. The Breviary of the Ancient Celtic Church provides four praying times per day, namely the morning (laudes), the noon (sext), the evening (vespers) and the time before bedtime (complete). The Hourly Prayer includes the Psalms and the daily reading and hymns, which can also be spoken. The order of the Psalms is based on the Benedictine Breviary. The daily readings correspond to the reading schedule of the Mass celebrations for the Sundays and weekdays of the Catholic Church. We are thus referring to the prayer and readings of the great communion of Christianity. The Benedictine Breviary schedules all 150 psalms to be read in one week. For some, this workload is not feasible in everyday work. Therefore, we have drawn up a reading plan in which the psalms are read in four weeks, i.e. about one month. But the Psalms are always read on the same day of the week and at the same hour as in Benedictine prayer, with the difference that not four, but only one psalm, is read per hour. The first Sunday of the month is the beginning of the first week and so on.

The prayers in the breviary of the Ancient Celtic Church come from the rich tradition of the Celtic, Catholic and Evangelical Churches, e.g. the Antiphonary of Bangor from the 7th century, Celtic prayers from the 5th century, the Benedictine breviary of the Irish monastery in Glenstal and the German monasteries in Münsterschwarzach and Maria Laach, as well as the Evangelical Hourly Prayer of the Evangelical St. Michael Brotherhood. The Hourly Prayer of the Ancient Celtic Church is an expression of ecumenism and the appreciation of the prayer traditions of all churches and religious communities.

Since the reading texts from the old and new testaments as well as the psalms are not included in the breviary, one also needs the Bible texts for the reading order. Ideal for this are the lectionaries of the mass, arranged according to church Sundays, as well as a psalm book. However, a Bible can also be used. The breviary can also be used without the psalms and readings in the annual circle. It offers four prayers a day for the seven days of the week and is certainly a blessing to this extent.

Best wishes

Stefan Kaiser

Church Board of the Ancient Celtic Church

Wiesbaden, 5th of December 2020

1. The Weekdays

Sunday

Vesper on the eve before Sunday

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen. Hallelujah

Psalm

Reading of psalms 66, 20, 138 or one of them in a four-weekly rhythm according to the reading schedule: W1: 66, W2: 20, W3: 138, W4: 66

After each psalm:

Honour be to the father and son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen.

Bible reading

Gospel reading according to the reading plan.

Silent Prayer

Song of Mary - Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for He has looked with favour on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.

He has mercy on those who fear Him
in every generation.

He has shown the strength of his arm,

He has scattered the proud in their conceit.

He has cast down the mighty from their thrones,

and has lifted up the humble.

He has filled the hungry with good things,
and the rich He has sent away empty.
He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever.
Amen, Alleluia.

Invocation

C: King of Peace, direct the deeds of those who rule us:

A: Help them defend the poor and needy.

C: Make us true preachers of the gospel:

A: Fill our hearts with the joy of your peace.

C: Christ, firstborn of the dead:

A: Hear the prayers of all those who call you.

(Irish prayers, Benedictine Abbey of Glenstal)

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Evening prayer

C: May your holy angels, O Christ, Son of the living God
guard our sleep, our peace, our shiny bed.
Let them reveal true visions in our sleep,
O high prince of the universe, o great king of secrets!
May no demons, no illness, no misfortune and no terrible dreams disturb our rest, our
willing, quick rest.
May our watch be holy, our work, our task, our sleep, our rest without ceasing,
without pause.
A: Amen.
(St. Patrick's Evening Song, 5th century)

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

C: The Lord bless us, keep us from evil and lead us to eternal life. A: Amen.

Complete on the eve before Sunday

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Confession of sin

After a short silence

A: I confess to God almighty,
before the whole company of heaven,
and to you, my brothers and sisters,
that I have sinned in thought, word, and deed,
and pray God almighty to have mercy on me.

C: May almighty God have mercy on your,
pardon and deliver you from all your sins
and give you time to amend your life.

A: Amen.

Psalm

Reading of psalms 15, 16, 17 or one of them in a four-weekly rhythm according to the reading schedule: W1: 15, W2: 16, W3: 17, W4: 15

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Song of Simeon - Nunc dimittis

Now, Master, you let your servant go in peace.
You have fulfilled your promise.
My own eyes have seen your salvation,
which you have prepared in the sight of all peoples.
A light to bring the Gentiles from darkness.
the glory of your people Israel.

Intercessions

According to the old church custom, names of people for whom we pray and stand up with God can be pronounced here.

Night Prayer

Let us pray:
God our Father,
you were our guiding hand and help during the day:
Stay with us during the night.
May your light shine upon us and purify our hearts,
and make them vigilant in faith,
through Jesus Christ, our Lord. Amen.
Grant us a quiet night and a good end.
Amen.

Hail Holy Queen - Salve Regina

O, holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope.
To thee do we cry,
Poor banished children of Eve.
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
Thine eyes of mercy toward us.
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Hail Mary - Ave Maria

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Beneath thy protection - Sub tuum praesidium

Beneath your compassion,
We take refuge, O Theotokos [God-bearer]:
do not despise our petitions in time of trouble:
but rescue us from dangers,
only pure, only blessed one.

Lauds

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Morning Prayer

C: Protect us this day,
O Lord, Holy Father,
almighty and eternal God,
and in your mercy and grace,
help and guide us,
illuminate our hearts
and keep our thoughts, words and works
pleasing in your eyes,
that we may do your will
and walk in the way of righteousness
all our lives.
A: Amen.
(Antiphonary of Bangor, 7th century, Prime 17)

Psalm

Reading of psalms 93, 3, 30, 147 or one of them in a four-weekly rhythm according to the reading schedule: W1: 93, W2: 3, W3: 30, W4: 147

After each psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Reading from the Old Testament according to the reading plan.

Silent Prayer

Song of Zechariah - Benedictus

Blessed be the Lord, the God of Israel.
he has come to his people and set them free.
He has raised up for us a mighty saviour,
born of the house of his servant David.
Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Highest.
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Invocation

C: Greet you, Lord, with joy and praise:
A: Let and ascend with you to the Easter light.
C: Help us to recognize your goodness in all creatures:
A: Open our hearts for your love in this world.
C: We ask for all Christian communities:
A: Increase their faith in unity and love.
(Irish prayers, Benedictine Abbey of Glenstal)

The Breast Harness of St. Patrick

C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three.
C: I bind myself this day forever to the power of faith, Christ's Incarnation,
A: his baptism in the Jordan,
C: his death on the cross for my salvation,
A: his breaking out of the closed tomb,
C: his ascent into heaven,

A: His coming on the day of the Last Judgment.
C: Christ be with me, Christ in me,
A: Christ behind me, Christ before me,
C: Christ beside me, Christ, to win me,
A: Christ to comfort and strengthen me,
C: Christ under me, Christ above me,
A: Christ in silence, Christ in danger,
C: Christ in the hearts of all who love me,
A: Christ in the mouth of the friend and the stranger.
C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three,
C: through which the whole creation was created.
A: Eternal Father, Word (+) and Spirit.
C: Praise be to the Lord of my salvation.
A: Salvation comes from Christ the Lord.

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.
A: And with your Spirit.
C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.
A: Amen.

C: Go in peace.
A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.
Amen.

Sext

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Midday Prayer

C: At the height of the day we pause. Let us lift hearts and hands up to God, who is the centre of our lives. May God, the eternal king, the imperishable and invisible, who alone is God, be honour and praise forever.

A: Amen.

(Evangelical Hourly Prayer, EMB)

Psalm

Reading of psalms 118, 136 or one of them in a four-weekly rhythm according to the reading schedule: W1: 118, W2: 136, W3: 118, W4: 136

After each psalm:

Honour be to the father and son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen.

Silent Prayer

Lord's prayer

Our Father who art in heaven,

hallowed be thy name;

thy kingdom come;

Thy will be done on earth as it is in heaven.

Give us this day our daily bread,

and forgive us our trespasses,

as we forgive those who trespass against us,

and lead us not into temptation,

but deliver us from evil.

For thine is the kingdom,

and the power, and the glory,

for ever and ever.

Amen.

Conclusion

C: Singet praise and glory.

A: Thank God, the Lord.

Second Vespers

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Psalm

Reading of psalms 113, 114, 115, 116 or one of them in a four-weekly rhythm according to the reading schedule: W1: 113, W2: 114, W3: 115, W4: 116

After each psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Gospel reading according to the reading plan.

Silent Prayer

Song of Mary - Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for He has looked with favour on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.
He has mercy on those who fear Him
in every generation.
He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.
He has filled the hungry with good things,
and the rich He has sent away empty.
He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever.
Amen, Alleluia.

Invocation

C: Christ, who suffered for your Church and died:

A: Show us the light of your resurrection, bring comfort and healing to the sick,
strengthen it by the victory of the Cross.

C: Stay with us tonight, Christ our Lord, and keep us from the dangers that threaten us.

(Irish prayers, Benedictine Abbey of Glenstal)

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Evening prayer

C: In the evenings,
we call you, O Lord,
to answer our prayers
and for the forgiveness of our sins.

A: You're going to govern forever.

C: At night we scream,
o Christ, in your praise.

Have mercy with all
who pray to you from the heart.

A: You're going to govern forever.

(Antiphonary of Bangor, 7th century, Vesper 21 & First Nocturn 22)

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

C: The Lord bless us, keep us from evil and lead us to eternal life.

A: Amen.

Complete

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Confession of sin

After a short silence

A: I confess to God almighty,
before the whole company of heaven,
and to you, my brothers and sisters,
that I have sinned in thought, word, and deed,
and pray God almighty to have mercy on me.

C: May almighty God have mercy on your,
pardon and deliver you from all your sins
and give you time to amend your life.

A: Amen.

Psalm

Reading of psalms 4, 91, 134 or one of them in a four-weekly rhythm according to the reading schedule: W1: 4, W2: 91, W3: 134, W4: 4

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Song of Simeon - Nunc dimittis

Now, Master, you let your servant go in peace.

You have fulfilled your promise.

My own eyes have seen your salvation,
which you have prepared in the sight of all peoples.

A light to bring the Gentiles from darkness.
the glory of your people Israel.

Intercessions

According to the old church custom, names of people for whom we pray and stand up with God can be pronounced here.

Night Prayer

Let us pray:
God our Father,
you were our guiding hand and help during the day:
Stay with us during the night.
May your light shine upon us and purify our hearts,
and make them vigilant in faith,
through Jesus Christ, our Lord. Amen.
Grant us a quiet night and a good end.
Amen.

Hail Holy Queen - Salve Regina

O, holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope.
To thee do we cry,
Poor banished children of Eve.
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
Thine eyes of mercy toward us.
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Hail Mary - Ave Maria

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Beneath thy protection - Sub tuum praesidium

Beneath your compassion,
We take refuge, O Theotokos [God-bearer]:
do not despise our petitions in time of trouble:
but rescue us from dangers,
only pure, only blessed one.

Monday

Lauds

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Morning Prayer

C: We pray to you, O Highest,
how the light of the sun comes out,
may the name of Christ rise
and be with us, Lord.

A: You reign forever.

(Antiphony of Bangor, Prime 17)

Psalm

*Reading of psalms 100, 63, 101, 135 or one of them in a four-weekly rhythm
according to the reading schedule: W1: 100, W2: 63, W3: 101, W4: 135*

According to the Psalm:

Glory be to the Father and Son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Reading from the Old Testament according to the reading plan.

Silent Prayer

Song of Zechariah - Benedictus

Blessed be the Lord, the God of Israel.
he has come to his people and set them free.
He has raised up for us a mighty saviour,
born of the house of his servant David.
Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.

He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Highest.
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Invocation

C: Christ, eternal priest:
A: Bring our lives to the Father.
C: Lord, you are love yourself:
A: Give that we love you.
C: Give us today the fruits of the Holy Spirit:
A: Give that we become meek and good.
(Irish prayers, Benedictine Abbey of Glenstal)

The Breast Harness of St. Patrick

C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three.
C: I bind myself this day forever to the power of faith, Christ's Incarnation,
A: his baptism in the Jordan,
C: his death on the cross for my salvation,
A: his breaking out of the closed tomb,
C: his ascent into heaven,
A: His coming on the day of the Last Judgment.
C: Christ be with me, Christ in me,
A: Christ behind me, Christ before me,
C: Christ beside me, Christ, to win me,
A: Christ to comfort and strengthen me,
C: Christ under me, Christ above me,
A: Christ in silence, Christ in danger,
C: Christ in the hearts of all who love me,
A: Christ in the mouth of the friend and the stranger.
C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three,
C: through which the whole creation was created.
A: Eternal Father, Word (+) and Spirit.
C: Praise be to the Lord of my salvation.
A: Salvation comes from Christ the Lord.

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Sext

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen. Hallelujah

Midday Prayer

C: At the height of the day we pause. Let us lift hearts and hands up to God, who is the centre of our lives.

Lord our God let us stand before you in the midst of the daily work.

Set us up that we seek the One, that we do what is necessary.

Let us walk before your eyes.

A: Amen.

(Evangelical Hourly Prayer, EMG)

Psalm

Reading of psalms 25, 120, 121, 122 or one of them in a four-weekly rhythm according to the reading schedule: W1: 25, W2: 120, W3: 121, W4: 122

After each psalm:

Glory be to the Father and Son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen.

Silent Prayer

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Conclusion

C: Singet praise and glory.
A: Thank God, the Lord.

Vesper

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Psalm

Reading of psalms 33, 61, 28, 48 or one of them in a four-weekly rhythm according to the reading schedule: W1: 33, W2: 61, W3: 28, W4: 48

After each psalm:

Glory be to the Father and Son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Gospel reading according to the reading plan.

Silent Prayer

Song of Mary - Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for He has looked with favour on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.
He has mercy on those who fear Him
in every generation.
He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.
He has filled the hungry with good things,
and the rich He has sent away empty.
He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever.
Amen, Alleluia.

Invocation

C: Lord Jesus, give that the whole world will be redeemed:
A: Bring to all men the knowledge of the truth.
C: Lord, stand with the poor and the weak in your goodness:
A: Help them through your consolation.
C: Lord, bring healing to the sick, and food and drink to the hungry and thirsty.
(Irish prayers, Benedictine Abbey of Glenstal)

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,

but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Evening prayer

C: Let our evening prayers rise up to your ears, O divine majesty,
and let your blessing come down upon us, O Lord,
how we put our hope in you.

A: You live and rule with your Son and the Holy Spirit, the one God, now and
forever.

(Antiphonary of Bangor, Vesper 31)

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a
straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Complete

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Confession of sin

After a short silence

A: I confess to God almighty,
before the whole company of heaven,
and to you, my brothers and sisters,
that I have sinned in thought, word, and deed,
and pray God almighty to have mercy on me.
C: May almighty God have mercy on your,
pardon and deliver you from all your sins
and give you time to amend your life.
A: Amen.

Psalm

Reading of Psalm 34.

After the Psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Song of Simeon - Nunc dimittis

Now, Master, you let your servant go in peace.
You have fulfilled your promise.
My own eyes have seen your salvation,
which you have prepared in the sight of all peoples.
A light to bring the Gentiles from darkness.
the glory of your people Israel.

Intercessions

*According to the old church custom, names of people for whom we pray and stand up
with God can be pronounced here.*

Night Prayer

Let us pray:
God our Father,
you were our guiding hand and help during the day:
Stay with us during the night.
May your light shine upon us and purify our hearts,
and make them vigilant in faith,
through Jesus Christ, our Lord. Amen.
Grant us a quiet night and a good end.
Amen.

Hail Holy Queen - Salve Regina

O, holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope.
To thee do we cry,

Poor banished children of Eve.
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
Thine eyes of mercy toward us.
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Hail Mary - Ave Maria

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Beneath thy protection - Sub tuum praesidium

Beneath your compassion,
We take refuge, O Theotokos [God-bearer]:
do not despise our petitions in time of trouble:
but rescue us from dangers,
only pure, only blessed one.

Tuesday

Lauds

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Morning Prayer

C: O God, save all
who praise you as three,
and confess and sing to you as one
with sacred hymns.

A: You rule forever.

(Antiphonary of Bangor, Prime 24)

Psalm

Reading of psalms 98, 90, 65, 117 or one of them in a four-weekly rhythm according to the reading schedule: W1: 98, W2: 90, W3: 65, W4: 117

After each psalm:

Glory be to the Father and Son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Reading from the Old Testament according to the reading plan.

Silent Prayer

Song of Zechariah - Benedictus

Blessed be the Lord, the God of Israel.
he has come to his people and set them free.
He has raised up for us a mighty saviour,
born of the house of his servant David.
Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.

He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Highest.
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Invocation

C: O Lord, our love for you is fixed in us today:

A: Lord, lead us to the truth.

C: We mourn your plight tonight:

A: Hear our concerns and hopes.

C: Lord Jesus, we ask for all who suffer:

A: Show them your pity through us.

(Irish prayers, Benedictine Abbey of Glenstal)

The Breast Harness of St. Patrick

C: Today I bind myself to the strong name of the Trinity,

A: I call the same one, the three in one and one in three.

C: I bind myself this day forever to the power of faith, Christ's Incarnation,

A: his baptism in the Jordan,

C: his death on the cross for my salvation,

A: his breaking out of the closed tomb,

C: his ascent into heaven,

A: His coming on the day of the Last Judgment.

C: Christ be with me, Christ in me,

A: Christ behind me, Christ before me,

C: Christ beside me, Christ, to win me,

A: Christ to comfort and strengthen me,

C: Christ under me, Christ above me,

A: Christ in silence, Christ in danger,

C: Christ in the hearts of all who love me,

A: Christ in the mouth of the friend and the stranger.

C: Today I bind myself to the strong name of the Trinity,

A: I call the same one, the three in one and one in three,

C: through which the whole creation was created.

A: Eternal Father, Word (+) and Spirit.

C: Praise be to the Lord of my salvation.

A: Salvation comes from Christ the Lord.

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Sext

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Midday Prayer

C: At the height of the day we pause. Let us lift hearts and hands up to God, who is the centre of our lives.

Lord our God let us stand before you in the midst of the daily work.

Set us up that we seek the One, that we do what is necessary.

Let us walk before your eyes.

A: Amen.

(Evangelical Hourly Prayer, EMG)

Psalm

Reading of psalms 42/43, 123, 124, 125 or one of them in a four-weekly rhythm according to the reading schedule: W1: 42/43, W2: 123, W3: 124, W4: 125

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Silent Prayer

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Conclusion

C: Singet praise and glory.
A: Thank God, the Lord.

Vesper

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Psalm

Reading of psalms 75, 140, 26, 145 or one of them in a four-weekly rhythm according to the reading schedule: W1: 75, W2: 140, W3: 26, W4: 145

After each psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Gospel reading according to the reading plan.

Silent Prayer

Song of Mary - Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for He has looked with favour on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.
He has mercy on those who fear Him
in every generation.
He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.
He has filled the hungry with good things,
and the rich He has sent away empty.
He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever.
Amen, Alleluia.

Invocation

C: At the end of the day we thank, O Lord:
A: Glory be to you, our God.
C: Teach us to do what you like:
A: Help find you in what we do.
C: Lord, give us the heavenly bread:
A: Guide us with the light of your word.
(Irish prayers, Benedictine Abbey of Glenstal)

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Evening prayer

C: As the time of day turns and the night falls upon us, let us pray for the mercy of God, that we may grow in our divine knowledge and renounce the works of darkness.

A: You reign as a God, now and forever.

(Antiphony of Bangor, 7th century, First Nocturn 33)

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Complete

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen. Hallelujah

Confession of sin

After a short silence

A: I confess to God almighty,
before the whole company of heaven,
and to you, my brothers and sisters,

that I have sinned in thought, word, and deed,
and pray God almighty to have mercy on me.

C: May almighty God have mercy on your,
pardon and deliver you from all your sins
and give you time to amend your life.

A: Amen.

Psalm

Reading of Psalm 139.

After the Psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Song of Simeon - Nunc dimittis

Now, Master, you let your servant go in peace.
You have fulfilled your promise.
My own eyes have seen your salvation,
which you have prepared in the sight of all peoples.
A light to bring the Gentiles from darkness.
the glory of your people Israel.

Intercessions

*According to the old church custom, names of people for whom we pray and stand up
with God can be pronounced here.*

Night Prayer

Let us pray:
God our Father,
you were our guiding hand and help during the day:
Stay with us during the night.
May your light shine upon us and purify our hearts,
and make them vigilant in faith,
through Jesus Christ, our Lord. Amen.
Grant us a quiet night and a good end.
Amen.

Hail Holy Queen - Salve Regina

O, holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope.
To thee do we cry,
Poor banished children of Eve.
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.

Turn then, most gracious advocate,
Thine eyes of mercy toward us.
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Hail Mary - Ave Maria

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Beneath thy protection - Sub tuum praesidium

Beneath your compassion,
We take refuge, O Theotokos [God-bearer]:
do not despise our petitions in time of trouble:
but rescue us from dangers,
only pure, only blessed one.

Wednesday

Lauds

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Morning Prayer

C: O God, to which you have driven back the darkness
and light assigned for the day,

Pour over your servants
the coming of true light.

A: You rule forever.

(Antiphonary of Bangor, Matins 26)

Psalm

Reading of psalms 97, 36, 57, 149 or one of them in a four-weekly rhythm according to the reading schedule: W1: 97, W2: 36, W3: 57, W4: 149

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Reading from the Old Testament according to the reading plan.

Silent Prayer

Song of Zechariah - Benedictus

Blessed be the Lord, the God of Israel,
he has come to his people and set them free.

He has raised up for us a mighty saviour,
born of the house of his servant David.

Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.

He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Highest,
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Invocation

C: Lord Jesus, let the love of the Holy Spirit dwell in us:
A: We consecrate our hearts to you
C: Help all Christians to follow your call:
A: They may be a light for the world.
C: Bless all religious communities:
A: Give them your gifts.
(Irish prayers, Benedictine Abbey of Glenstal)

The Breast Harness of St. Patrick

C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three.
C: I bind myself this day forever to the power of faith, Christ's Incarnation,
A: his baptism in the Jordan,
C: his death on the cross for my salvation,
A: his breaking out of the closed tomb,
C: his ascent into heaven,
A: His coming on the day of the Last Judgment.
C: Christ be with me, Christ in me,
A: Christ behind me, Christ before me,
C: Christ beside me, Christ, to win me,
A: Christ to comfort and strengthen me,
C: Christ under me, Christ above me,
A: Christ in silence, Christ in danger,
C: Christ in the hearts of all who love me,
A: Christ in the mouth of the friend and the stranger.
C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three,
C: through which the whole creation was created.
A: Eternal Father, Word (+) and Spirit.
C: Praise be to the Lord of my salvation.
A: Salvation comes from Christ the Lord.

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Sext

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Midday Prayer

C: At the height of the day we pause. Let us lift hearts and hands up to God, who is the centre of our lives.

Lord our God let us stand before you in the midst of the daily work.

Set us up that we seek the One, that we do what is necessary.

Let us walk before your eyes.

A: Amen.

(Evangelical Hourly Prayer, EMG)

Psalm

Reading of psalms 44, 126, 127, 128 or one of them in a four-weekly rhythm according to the reading schedule: W1: 44, W2: 126, W3: 127, W4: 128

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Silent Prayer

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Conclusion

C: Singet praise and glory.
A: Thank God, the Lord.

Vesper

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Psalm

Reading of psalms 103, 86, 85, 87 or one of them in a four-weekly rhythm according to the reading schedule: W1: 103, W2: 86, W3: 85, W4: 87

After each psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Gospel reading according to the reading plan.

Silent Prayer

Song of Mary - Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for He has looked with favour on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.
He has mercy on those who fear Him
in every generation.
He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.
He has filled the hungry with good things,
and the rich He has sent away empty.
He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever.
Amen, Alleluia.

Invocation

C: Lord, remember all those who lead a Christian life:

A: Show them the light of your face.

C: Protect all who serve you in church offices:

A: Give them the power of the Holy Ghost.

C: Fill the heart of your people with joy and peace:

A: Hear all their needs.

(Irish prayers, Benedictine Abbey of Glenstal)

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Evening prayer

C: Our God, God of all souls, we worship you and pray that we can safely endure through our solemn night watch, just as you turn the darkness into light, change our sins, as the sun shines at noon.

A: Saviour of the world, with whom the Father lives and reigns with the Holy Spirit, forever and ever. Amen.

(Antiphonary of Bangor, according to Psalm 143)

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Complete

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen. Hallelujah

Confession of sin

After a short silence

A: I confess to God almighty,
before the whole company of heaven,
and to you, my brothers and sisters,
that I have sinned in thought, word, and deed,

and pray God almighty to have mercy on me.

C: May almighty God have mercy on your,
pardon and deliver you from all your sins
and give you time to amend your life.

A: Amen.

Psalm

Reading of psalms 32, 62, 133 or one of them in a four-weekly rhythm according to the reading schedule: W1: 32, W2: 62, W3: 133, W4: 32

After each psalm:

Honour be to the father and son *

and the Holy Spirit

As in the beginning, so now and all the time *

and for eternity. Amen.

Song of Simeon - Nunc dimittis

Now, Master, you let your servant go in peace.

You have fulfilled your promise.

My own eyes have seen your salvation,

which you have prepared in the sight of all peoples.

A light to bring the Gentiles from darkness.

the glory of your people Israel.

Intercessions

According to the old church custom, names of people for whom we pray and stand up with God can be pronounced here.

Night Prayer

Let us pray:

God our Father,

you were our guiding hand and help during the day:

Stay with us during the night.

May your light shine upon us and purify our hearts,

and make them vigilant in faith,

through Jesus Christ, our Lord. Amen.

Grant us a quiet night and a good end.

Amen.

Hail Holy Queen - Salve Regina

O, holy Queen, Mother of Mercy,

Hail our life, our sweetness and our hope.

To thee do we cry,

Poor banished children of Eve.

To thee do we send up our sighs,

Mourning and weeping in this vale of tears.

Turn then, most gracious advocate,
Thine eyes of mercy toward us.
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Hail Mary - Ave Maria

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Beneath thy protection - Sub tuum praesidium

Beneath your compassion,
We take refuge, O Theotokos [God-bearer]:
do not despise our petitions in time of trouble:
but rescue us from dangers,
only pure, only blessed one.

Thursday

Lauds

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Morning Prayer

C: Oh Lord,

hear us as we pray to you.

We thank you,

Oh Lord, our God,

for you have redeemed us with your holy blood

and you give your kind help

in response to the first prayers and prayers we bring to you.

A: You govern with the Father and the Holy Spirit,

a God, now and forever. Amen.

(Antiphonary of Bangor, Prime 27)

Psalm

Reading of psalms 47, 76, 5, 148 or one of them in a four-weekly rhythm according to the reading schedule: W1: 47, W2: 76, W3: 5, W4: 148

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Reading from the Old Testament according to the reading plan.

Silent Prayer

Song of Zechariah - Benedictus

Blessed be the Lord, the God of Israel.

he has come to his people and set them free.

He has raised up for us a mighty saviour,

born of the house of his servant David.
Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Highest.
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Invocation

C: We thank you, Lord, for coming into this world:
A: Let our eyes always be on you today.
C: Direct our thoughts and words:
A: Teach us to know your will and act on it.
C: Be with us, Lord, when we approach our daily duties:
A: Help us recognize you in our work.
(Irish prayers, Benedictine Abbey of Glenstal)

The Breast Harness of St. Patrick

C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three.
C: I bind myself this day forever to the power of faith, Christ's Incarnation,
A: his baptism in the Jordan,
C: his death on the cross for my salvation,
A: his breaking out of the closed tomb,
C: his ascent into heaven,
A: His coming on the day of the Last Judgment.
C: Christ be with me, Christ in me,
A: Christ behind me, Christ before me,
C: Christ beside me, Christ, to win me,
A: Christ to comfort and strengthen me,
C: Christ under me, Christ above me,
A: Christ in silence, Christ in danger,
C: Christ in the hearts of all who love me,
A: Christ in the mouth of the friend and the stranger.
C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three,

C: through which the whole creation was created.

A: Eternal Father, Word (+) and Spirit.

C: Praise be to the Lord of my salvation.

A: Salvation comes from Christ the Lord.

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Sext

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Midday Prayer

C: At the height of the day we pause. Let us lift hearts and hands up to God, who is the centre of our lives.

Lord our God let us stand before you in the midst of the daily work.

Set us up that we seek the One, that we do what is necessary.

Let us walk before your eyes.

A: Amen.

(Evangelical Hourly Prayer, EMG)

Psalm

Reading of psalms 55, 129, 130, 131 or one of them in a four-weekly rhythm according to the reading schedule: W1: 55, W2: 129, W3: 130, W4: 131

After each psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Silent Prayer

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Conclusion

C: Singet praise and glory.
A: Thank God, the Lord.

Vesper

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Psalm

Reading of psalms 111, 23, 84, 40 or one of them in a four-weekly rhythm according to the reading schedule: W1: 111, W2: 23, W3: 84, W4: 40

After each psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Gospel reading according to the reading plan.

Silent Prayer

Song of Mary - Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for He has looked with favour on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.
He has mercy on those who fear Him
in every generation.
He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.
He has filled the hungry with good things,
and the rich He has sent away empty.
He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever.
Amen, Alleluia.

Invocation

C: Lord, you have redeemed us from the slavery of sin:

A: Give us the freedom of your children.

C: Show the way to all who seek your light:

A: Give that they are committed to the truth.

C: We remember the widows and orphans:

A: Comfort them in your love.

(Irish prayers, Benedictine Abbey of Glenstal)

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;

thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Evening prayer

C: Lord, you have surrounded your people at night like a pillar of fire to protect them from the plans of Pharaoh and his commanders.

Also send us your Holy Spirit from your flaming, jewel-adorned and awe-inspiring throne to take care of your people.

Defend us that night with the shield of faith, lest we fear the horrors of the night.

A: You rule forever and ever. Amen.

(Antiphonary of Bangor, blessing the candles)

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Complete

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Confession of sin

After a short silence

A: I confess to God almighty,
before the whole company of heaven,
and to you, my brothers and sisters,
that I have sinned in thought, word, and deed,
and pray God almighty to have mercy on me.

C: May almighty God have mercy on your,
pardon and deliver you from all your sins
and give you time to amend your life.

A: Amen.

Psalm

Reading of psalm 102.

After the psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Song of Simeon - Nunc dimittis

Now, Master, you let your servant go in peace.
You have fulfilled your promise.
My own eyes have seen your salvation,
which you have prepared in the sight of all peoples.
A light to bring the Gentiles from darkness.
the glory of your people Israel.

Intercessions

*According to the old church custom, names of people for whom we pray and stand up
with God can be pronounced here.*

Night Prayer

Let us pray:
God our Father,
you were our guiding hand and help during the day:
Stay with us during the night.
May your light shine upon us and purify our hearts,
and make them vigilant in faith,
through Jesus Christ, our Lord. Amen.
Grant us a quiet night and a good end.
Amen.

Hail Holy Queen - Salve Regina

O, holy Queen, Mother of Mercy,
Hail our life, our sweetness and our hope.
To thee do we cry,
Poor banished children of Eve.
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
Thine eyes of mercy toward us.
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Hail Mary - Ave Maria

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Beneath thy protection - Sub tuum praesidium

Beneath your compassion,
We take refuge, O Theotokos [God-bearer]:
do not despise our petitions in time of trouble:
but rescue us from dangers,
only pure, only blessed one.

Friday

Lauds

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Morning Prayer

C: Oh Lord, you are the light in the darkness,
Creator of all elements,
Forgiveness of our sins.

Oh Lord, may your great mercy be upon us
because we seek you with all our hearts.

We hear of Your Majesty, O Lord, in the morning.

Clear out our sins, for nothing is hidden from you.

A: He who lives and governs, a God, now and forever. Amen.

(Antiphonary of Bangor, morning 38)

Psalm

Reading of psalms 96, 143, 64, 146 or one of them in a four-weekly rhythm according to the reading schedule: W1: 96, W2: 143, W3: 64, W4: 146

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Reading from the Old Testament according to the reading plan.

Silent Prayer

Song of Zechariah - Benedictus

Blessed be the Lord, the God of Israel.
he has come to his people and set them free.
He has raised up for us a mighty saviour,
born of the house of his servant David.

Through his holy prophets he promised of old
that he would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Highest.
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Invocation

C: Lord, you have redeemed us through your sacrifice:
A: Help us live according to your new eternal covenant.
C: We accept this new day as a gift from you:
A: Let's follow you in new fresh life.
C: You have redeemed us through the water and blood that flows out of your side:
A: Spread the light of the Spirit over us.
(Irish prayers, Benedictine Abbey of Glenstal)

The Breast Harness of St. Patrick

C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three.
C: I bind myself this day forever to the power of faith, Christ's Incarnation,
A: his baptism in the Jordan,
C: his death on the cross for my salvation,
A: his breaking out of the closed tomb,
C: his ascent into heaven,
A: His coming on the day of the Last Judgment.
C: Christ be with me, Christ in me,
A: Christ behind me, Christ before me,
C: Christ beside me, Christ, to win me,
A: Christ to comfort and strengthen me,
C: Christ under me, Christ above me,
A: Christ in silence, Christ in danger,
C: Christ in the hearts of all who love me,
A: Christ in the mouth of the friend and the stranger.
C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three,
C: through which the whole creation was created.

A: Eternal Father, Word (+) and Spirit.
C: Praise be to the Lord of my salvation.
A: Salvation comes from Christ the Lord.

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.
A: And with your Spirit.
C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.
A: Amen.

C: Go in peace.
A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.
Amen.

Sext

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Midday Prayer

C: At the height of the day we pause. Let us lift hearts and hands up to God, who is the centre of our lives.
Lord our God let us stand before you in the midst of the daily work.
Set us up that we seek the One, that we do what is necessary.
Let us walk before your eyes.
A: Amen.
(Evangelical Hourly Prayer, EMG)

Psalm

Reading of psalms 22, 11, 12, 13 or one of them in a four-weekly rhythm according to the reading schedule: W1: 22, W2: 11, W3: 12, W4: 13

After each psalm:

Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Silent Prayer

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Conclusion

C: Singet praise and glory.
A: Thank God, the Lord.

Vesper

Opening

C: Oh God, come to my aid.
A: Lord, hurry to help me.
Honour be to the father and son *
and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Psalm

*Reading of psalms 144, 141, 142, 27 or one of them in a four-weekly rhythm
according to the reading schedule: W1: 144, W2: 141, W3: 142, W4: 27*

After each psalm:

Honour be to the father and son *

and the Holy Spirit
As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Gospel reading according to the reading plan.

Silent Prayer

Song of Mary - Magnificat

My soul proclaims the greatness of the Lord,
my spirit rejoices in God my Saviour,
for He has looked with favour on His humble servant.
From this day all generations will call me blessed,
the Almighty has done great things for me,
and holy is His Name.
He has mercy on those who fear Him
in every generation.
He has shown the strength of his arm,
He has scattered the proud in their conceit.
He has cast down the mighty from their thrones,
and has lifted up the humble.
He has filled the hungry with good things,
and the rich He has sent away empty.
He has come to the help of His servant Israel
for He has remembered his promise of mercy,
the promise He made to our fathers,
to Abraham and his children for ever.
Glory to the Father, and to the Son, and to the Holy Spirit,
as it was in the beginning, is now, and will be for ever.
Amen, Alleluia.

Invocation

C: The angel comforts you in the hour of your suffering:
A: Comfort all those who die.
C: Lord Jesus, you have taken upon you the torments of the Cross:
A: Teach us to honour your sacred sufferings.
C: Christ, your side was pierced by a lance:
A: Show us the treasure of your love.
(Irish prayers, Benedictine Abbey of Glenstal)

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.

Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Evening prayer

C: Great peace is for those who love your law; nothing can make them stumble.
(Psalm 119:165)

Oh Lord, Heavenly King, always let your peace remain in our hearts, so that we do not have to fear the horrors of the night.

A: For you live and rule with the Father and the Holy Spirit, the one God, now and ever. Amen.

(Antiphony of Bangor, Celebration of Peace 34b)

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Complete

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Confession of sin

After a short silence

A: I confess to God almighty,
before the whole company of heaven,
and to you, my brothers and sisters,
that I have sinned in thought, word, and deed,
and pray God almighty to have mercy on me.

C: May almighty God have mercy on your,
pardon and deliver you from all your sins
and give you time to amend your life.

A: Amen.

Psalm

Reading of psalms 31.

After the psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Song of Simeon - Nunc dimittis

Now, Master, you let your servant go in peace.
You have fulfilled your promise.
My own eyes have seen your salvation,
which you have prepared in the sight of all peoples.
A light to bring the Gentiles from darkness.
the glory of your people Israel.

Intercessions

*According to the old church custom, names of people for whom we pray and stand up
with God can be pronounced here.*

Night Prayer

Let us pray:
God our Father,
you were our guiding hand and help during the day:
Stay with us during the night.
May your light shine upon us and purify our hearts,
and make them vigilant in faith,
through Jesus Christ, our Lord. Amen.
Grant us a quiet night and a good end.
Amen.

Hail Holy Queen - Salve Regina

O, holy Queen, Mother of Mercy,

Hail our life, our sweetness and our hope.
To thee do we cry,
Poor banished children of Eve.
To thee do we send up our sighs,
Mourning and weeping in this vale of tears.
Turn then, most gracious advocate,
Thine eyes of mercy toward us.
And after this our exile,
Show unto us the blessed fruit of thy womb, Jesus.
O clement, O loving,
O sweet Virgin Mary.

Hail Mary - Ave Maria

Hail Mary, full of grace,
the Lord is with thee.
Blessed art thou amongst women,
and blessed is the fruit of thy womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death. Amen.

Beneath thy protection - Sub tuum praesidium

Beneath your compassion,
We take refuge, O Theotokos [God-bearer]:
do not despise our petitions in time of trouble:
but rescue us from dangers,
only pure, only blessed one.

Saturday

Lauds

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Morning Prayer

C: You are our hope and salvation.

You are our life and our strength.

You are our helper in need.

You are our lifelong protector in all things,
God of Israel.

A: He lives and governs, a God, now and forever. Amen.

(Antiphonary of Bangor, morning 39, 59)

Psalm

Reading of psalms 99, 51, 92, 150 or one of them in a four-weekly rhythm according to the reading schedule: W1: 99, W2: 51, W3: 92, W4: 150

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Bible reading

Reading from the Old Testament according to the reading plan.

Silent Prayer

Song of Zechariah - Benedictus

Blessed be the Lord, the God of Israel.
he has come to his people and set them free.
He has raised up for us a mighty saviour,
born of the house of his servant David.
Through his holy prophets he promised of old
that he would save us from our enemies,

from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.
This was the oath he swore to our father Abraham:
to set us free from the hands of our enemies,
free to worship him without fear,
holy and righteous in his sight all the days of our life.
You, my child, shall be called the prophet of the Highest.
for you will go before the Lord to prepare his way,
to give his people knowledge of salvation
by the forgiveness of their sins.
In the tender compassion of our God
the dawn from on high shall break upon us,
to shine on those who dwell in darkness and the shadow of death,
and to guide our feet into the way of peace.

Invocation

C: Lord Jesus, through your mother's prayers:
A: Lead and protect your church.
C: Mary received the Word in faith:
A: Open our hearts to your will.
C: Mary stood at the cross with hope:
A: Through their prayers, our hope strengthens.
(Irish prayers, Benedictine Abbey of Glenstal)

The Breast Harness of St. Patrick

C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three.
C: I bind myself this day forever to the power of faith, Christ's Incarnation,
A: his baptism in the Jordan,
C: his death on the cross for my salvation,
A: his breaking out of the closed tomb,
C: his ascent into heaven,
A: His coming on the day of the Last Judgment.
C: Christ be with me, Christ in me,
A: Christ behind me, Christ before me,
C: Christ beside me, Christ, to win me,
A: Christ to comfort and strengthen me,
C: Christ under me, Christ above me,
A: Christ in silence, Christ in danger,
C: Christ in the hearts of all who love me,
A: Christ in the mouth of the friend and the stranger.
C: Today I bind myself to the strong name of the Trinity,
A: I call the same one, the three in one and one in three,
C: through which the whole creation was created.
A: Eternal Father, Word (+) and Spirit.
C: Praise be to the Lord of my salvation.

A: Salvation comes from Christ the Lord.

Conclusion

When a priest or deacon presides over the celebration:

C: May the Lord be with you.

A: And with your Spirit.

C: Bless you the Almighty God, + the Father and the Son and the Holy Spirit.

A: Amen.

C: Go in peace.

A: Thank God, the Lord.

If no priest or deacon presides over the celebration:

St. Columba's Prayer

A: My dearest Lord, be a bright flame before me, be a leading star above me, be a straight way under me, be a kind shepherd behind me, today and for all eternity.

Amen.

Sext

Opening

C: Oh God, come to my aid.

A: Lord, hurry to help me.

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen. Hallelujah

Midday Prayer

C: At the height of the day we pause. Let us lift hearts and hands up to God, who is the centre of our lives.

Lord our God let us stand before you in the midst of the daily work.

Set us up that we seek the One, that we do what is necessary.

Let us walk before your eyes.

A: Amen.

(Evangelical Hourly Prayer, EMG)

Psalm

Reading of psalms 35, 52, 14, 54 or one of them in a four-weekly rhythm according to the reading schedule: W1: 35, W2: 52, W3: 14, W4: 54

After each psalm:

Honour be to the father and son *
and the Holy Spirit

As in the beginning, so now and all the time *
and for eternity. Amen.

Silent Prayer

Lord's prayer

Our Father who art in heaven,
hallowed be thy name;
thy kingdom come;
Thy will be done on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us,
and lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory,
for ever and ever.
Amen.

Conclusion

C: Singet praise and glory.
A: Thank God, the Lord.

2. Reading plans

Reading Plan of the Psalms

Reading plan of the Psalms for a week

	Lauds	Sext	Vesper	Complete
Saturday			66, 20, 138	15, 16, 17,
Sunday	93, 3, 30, 147	118, 136	113, 114, 115, 116	4, 91, 134
Monday	100, 63, 101, 135	25, 120, 121, 122	33, 61, 28, 48	34
Tuesday	98, 90, 65, 117	42/43, 123, 124, 125	75, 140, 26, 145	139
Wednesday	97, 36, 57, 149	44, 126, 127, 128	103, 86, 85, 87	32, 62, 133
Thursday	47, 76, 5, 148	55, 129, 130, 131	111, 23, 84, 40	102
Friday	96, 143, 64, 146	22, 11, 12, 13	144, 141, 142, 27	31
Saturday	99, 51, 92, 150	35, 52, 14, 54		

Reading schedule of psalms for one month (4 weeks)

Week 1	Lauds	Sext	Vesper	Complete
Saturday			66	15
Sunday	93	118	113	4
Monday	100	25	33	34
Tuesday	98	42/43	75	139
Wednesday	97	44	103	32
Thursday	47	55	111	102
Friday	96	22	144	31
Saturday	99	35		

Week 2	Lauds	Sext	Vesper	Complete
Saturday			20	16
Sunday	3	136	114	91
Monday	63	120	61	34
Tuesday	90	123	140	139
Wednesday	36	126	86	62
Thursday	76	129	23	102
Friday	143	11	141	31
Saturday	51	52		

Week 3	Lauds	Sext	Vesper	Complete
Saturday			138	17
Sunday	30	118	115	134
Monday	101	121	28	34
Tuesday	65	124	26	139
Wednesday	57	127	85	133
Thursday	5	130	84	102
Friday	64	12	142	31
Saturday	92	14		

Week 4	Lauds	Sext	Vesper	Complete
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Saturday			66	15
Sunday	147	136	116	4
Monday	135	122	48	34
Tuesday	117	125	145	139
Wednesday	149	128	87	32
Thursday	148	131	40	102
Friday	146	13	27	31
Saturday	150	54		

Reading Years of Catholic Mass

Services

Reading schedule for The Mass celebrations on Sundays (A, B, C) and working days (I, II)

Reading year A I: 2017, 2023, 2029, 2035, 2041, 2047, 2053

Reading year B II: 2018, 2024, 2030, 2036, 2042, 2048, 2054

Reading year C I: 2019, 2025, 2031, 2037, 2043, 2049, 2055

Reading year A II: 2020, 2026, 2032, 2038, 2044, 2050, 2056

Reading year B I: 2021, 2027, 2033, 2039, 2045, 2051, 2057

Reading year C II: 2016, 2022, 2028, 2034, 2040, 2046, 2052, 2058