

COMPLINE

L: O God come quickly to my aid!

A: +Lord hasten to help me

Glory to the Father and to the Son and to the Holy Spirit

Now and always and unto the age of ages. Amen

Psalm 94 or Psalm 3

Psalm 94

Oh come, let us sing to the Lord!

Let us shout joyfully to the Rock of our salvation.

2 Let us come before His presence with thanksgiving;

Let us shout joyfully to Him with psalms.

3 For the Lord is the great God,

And the great King above all gods.

4 In His hand are the deep places of the earth;

The heights of the hills are His also.

5 The sea is His, for He made it;

And His hands formed the dry land.

6 Oh come, let us worship and bow down;

Let us kneel before the Lord our Maker

7 For He is our God and we are the people of His pasture, And the sheep of His hand.

Today, if you will hear His voice:

8 "Do not harden your hearts, as in the rebellion,

As in the day of trial in the wilderness,

9 When your fathers tested Me;

They tried Me, though they saw My work.

10(For forty years I was grieved with that generation,

(And said, 'It is a people who go astray in their hearts,

And they do not know My ways.'

11 So I swore in My wrath,

'They shall not enter My rest.' "

Glory to the Father and to the Son and to the Holy Spirit

Now and always and unto the age of ages. Amen

Psalm 3

Lord, how they have increased who trouble me!

Many are they who rise up against me.

2 Many are they who say of me,

"There is no help for him in God."

3 But You, O Lord, are a shield for me,

My glory and the One who lifts up my head.

4 I cried to the Lord with my voice,

And He heard me from His holy hill.

5 I lay down and slept;

I awoke, for the Lord sustained me.

6 I will not be afraid of ten thousands of people

Who have set themselves against me all around.

7(Arise, O Lord; Save me, O my God!

(For You have struck all my enemies on the cheekbone;

You have broken the teeth of the ungodly.

8 Salvation belongs to the Lord.

Your blessing is upon Your people.

Glory to the Father and to the Son and to the Holy Spirit

Now and always and unto the age of ages. Amen

Psalms (group of 3, with doxology, between the psalms, silent prayer and prostration, biblical hymns of Old and New Testaments, hymns, patristic readings and homilies.)

Last hymn of the day:

A: At the end of this day, I give you thanks,
Lord grant me to sanctify this evening and this night,
Saviour and save me!
Glory to the Father, to the Son and to the Holy Spirit.

At the end of this day, I give you glory,
O my King grant me to pass in peace this evening and this night,
Saviour God and save me!
Now and always and unto the age of ages.

At the end of this day, I sing to You, Holy God,
Grant me to live without sin this evening and tonight,
Lord God, and save me.

L: Into your hands, O Lord, I commend my spirit.

A: Into your hands, O Lord, I commend my spirit.

L: You have redeemed us, Lord, God of truth.

A: I surrender my spirit.

L: Glory to the Father, to the Son and to the Holy Spirit.

A: Into your hands, Lord, I commend my spirit.

L: Protect us, Lord, like the apple of your eye.

A: Protect us in the shadow of your wings.

+Kyrie eleison, Kyrie eleison, Kyrie eleison.

OUR FATHER

Our Father in heaven, hallowed be Your name, Your kingdom come; Your will be done on earth as in heaven. Give us today our substantial bread. Forgive us our debts as we forgive our debtors. Keep us from falling into temptation, and deliver us from the evil one; For Yours is the Kingdom, the Power and the Glory, now and ever and unto the ages of ages. Amen.

L: Praise the Lord God living and true

A: Let us always give Him praise, glory, honour, blessings and all good. Amen, Amen, Amen.

The Ballad of Our Lady

All hail O Lady of the purest love,
The sweetest virgin mother of us all.
The chosen of the heavenly Father God
And of the Son and Spirit Paraclete.

In you dwells plenitude of holy grace
You are for us the one who is all good.
Hail tabernacle, regal throne of God.
The palace of the Spirit, house of God.

In you all holy virtues abound!
O Lady; poverty, wisdom and love.
Behold your children as we right humbly,
Ask grace and strength for love to serve all well
With all my heart. Amen. Alleluia.