Grocery Shopping Assistance Volunteers Needed. Can You Help?



"As a graduate intern at Jewish Family Services of Ulster County, I have had the opportunity to participate in the Grocery Shopping Assistance program with local seniors. The experience is immensely rewarding and has a direct and immediate impact on seniors in our community. The need for shoppers is robust, but we do not

have the volunteer base to meet this demand for services. As a volunteer shopper, you make an immediate impact on those in our community and support a core mission of JFS to keep seniors living healthy and independent." Nicholas Bona. JFS Intern

For more information: Contact JFS at: (845) 338-2980

Yard and Home Maintenance Program Volunteers Needed. Can You Help?

For people 60 and above in the Ulster County area who are fiscally and physically in need of help in maintaining their yard, grounds or home - at no cost to them.

sweeping lawn mowing dusting weed-wacking cleaning small tree or brush removal furniture moving/arranging snow shoveling/removal

> For more information: Contact Jason: (845) 338-2980 jfarina.jfs.ulster@gmail.com