## **Drivers to Medical Appointments** Volunteers Needed. Neighbor-to-Neighbor



Are you a licensed driver, insured, vaccinated and in good standing - who would like to assist seniors in getting to their necessary medical appointments? For more information on how to be part of our Neighbor-to-Neighbor Team:

## Contact JFS at: (845) 338-2980

## **Relief for Caregivers** Volunteers Needed. REST Program



This program trains volunteers to provide temporary short-term relief for caregivers. The idea is to provide overworked caregivers with a little free time to do errands or go to appointments or shopping or anything that they need to give them a break from the strains associated with being an in-home caregiver.

If you are interested in this program, please contact

our REST program coordinator: Contact Judith Bromley at: (845) 338-2980 or (845) 559-5656