

Relief for Caregivers

Volunteers Needed. REST Program



This program trains volunteers to provide temporary short-term relief for caregivers. The idea is to provide overworked caregivers with a little free time to do errands or go to

appointments or shopping or anything that they need to give them a break from the strains associated with being an in-home caregiver.

If you are interested in this program, please contact our
REST Program Coordinator:

Judith Bromley:

(845) 338-2980

or

(845) 559-5656