



# Bereavement Support Groups

*Grief can be a hard  
and painful process,*

*but you don't  
have to go it alone.*

*We know about the  
loss of loved ones*

*and our free*

*bereavement*

*groups provide a*

*safe place with*

*caring people who*

*understand*

*and get it.*

Each group will be conducted by Telephone or Zoom. The Group Leader will provide you with the number or the link once you have signed up for a meeting.

**Every 1st & 3rd Monday each Month  
4:30 PM**

**Telephone Conference with Donna Weintraub**

**Every 2nd & 4th Thursday each Month  
1:00 PM**

**Zoom Conference with Judith Bromley**

**Contact: Judith Bromley MS, RN  
1-845-559-5656  
judithbromley417@gmail.com**



sponsored by  
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