



Marie Gray

CONTACT

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EXPERTISE

- Suicide Prevention
- Health Education
- Health Communication
- Needs Assessments
- Stakeholder Engagement
- Project Management
- Grant Management
- Program Development, Implementation, & Evaluation

NATIONAL CERTIFICATIONS

- Mental Health First Aid
- Question, Persuade, Refer
- Sources of Strength

MARIE GRAY M.S.

Suicide Prevention & Health Education

Mental health encompasses our emotional, psychological, and social wellbeing. The importance of our mental health is vital in navigating how we handle stress, relate to others, and make healthy choices. My goal is to educate individuals on how to increase resilience by creating positive coping skills while successfully practicing mental, emotion, and behavioral flexibility. The goal is to develop a community of aware and educated individuals to recognize signs and symptoms of mental health challenges and effectively respond in crisis situations. We often do not have control over negative events in our lives, however, how we choose to respond defines our resilience.

WORK EXPERIENCE

GLS SUICIDE PREV. GRANT MANAGER 2022 - Current

Washington State University - Dept. of Health Education

- System and state wide suicide prevention programming education for all 6 campuses.
- Relationship and project management.
- Program implementation and evaluation.
- Expert resource for the WSU system including local behavioral health crisis response services.
- Data collection, reporting, and quality improvement.
- Develop and implement suicide prevention and health education initiatives to integrate awareness, prevention, and mental health promotion.

YOUTH SUICIDE PREV. COORDINATOR 2023 - Current

Idaho Department of Education

- Data collection and management.
- Facilitate evidence-based suicide prevention trainings in elementary and post-secondary settings.
- Provide postvention support to school districts in Regions 1 and 2.
- Project coordination, program implementation, and delivery of supporting educational materials.

GRADUATE HEALTH LIAISON 2020-2022

Washington State University - Department of Health Promotion

- Serve on committees and working groups as a representative of the WSU Graduate School.
- Apply public health practices to support graduate and professional students around mental health, violence prevention, and substance use prevention.
- Perform research, assessment, and evaluation.

EDUCATION

Washington State University

2022

Masters in Prevention Science

Eastern Washington University

2017

Bachelors of Science: Psychology

- Certification: Suicide Prevention, Treatment, & Management
- Certification: Disability Studies