



Rock Steady Boxing Classes

As of January 6th 2025

CLASS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
In-Person Classes MIXED Level	10:00 - 11:30 AM	N/A	10:00 - 11:30 AM	N/A	10:00 - 11:30 AM All Together HYBRID	10:00 - 11:30 AM
In-Person Classes Amped up	N/A	9:00 - 10:00 AM	N/A	9:00 - 10:00 AM	N/A	N/A
In-Person Classes Get it Done	N/A	12:15 PM - 1:15 PM	N/A	12:15 PM - 1:15 PM	N/A	N/A
Zoomers	11:00 AM - 12:00 PM	N/A	N/A	11:00 AM - 12:00 PM	10:00 - 11:00 AM All Together HYBRID	N/A

822 Petaluma Blvd. North
 Petaluma, CA 94952
 707.595.6548