


January 2025

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			New Years Day	2	3	4
			CLOSED		What's Shakin 11:30 AM	
5	6	7	8	9	10	11
	Support Group Mtgs 11:30 PD & Caregivers					
12	13	14	15	16	17	18
					Holiday Party 11:00 AM	
19	20	21	22	23	24	25
	Support Group Meeting 11:30				Meditation/Yoga 11:00 AM	
26	27	28	29	30	31	
					Friday Lunch Mi Pueblo 11:30 AM	
		<p>Happy New Year! Do you have a goal? If not, let's make one!</p>				