



Rock Steady Boxing Classes

Starting August 1st, 2023

CLASS	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
In-Person Classes	10:00 - 11:30 AM	10:00 - 11:30 AM	1:30 10:00 - 11:30 AM	10:00 - 11:30 AM	10:00 - 11:30 AM All Together HYBRID	10:00 - 11:30 AM
Zoomers	11:30 AM - 12:30 PM	N/A	11:30 AM - 12:30 PM	N/A	10:00 - 11:00 AM All Together HYBRID	N/A
All Together In Studio + Zoom	N/A	N/A	N/A	N/A	*NOTE: Different start times on Fridays for in-persona and Zoom	N/A

Zoom Code: 8733312236

Password: gloveup20

822 Petaluma Blvd. North

Petaluma, CA 94952

707.595.6548