

WEEK FOUR OF LENT

Walking in the
Light

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*Midway through Lent, we
remember.*

*God does not shame us
into change.*

He invites us into light.





*Again Jesus spoke to them, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life."
John 8:12*





*Light reveals —
but it also heals.*





*Nothing brought into God's
presence
is beyond redemption.*





Sit quietly for five minutes.

*Pray:
"Search me, O God."
(Psalm 139)*

*If something surfaces,
simply offer it.*





*What is in the light
can be transformed by
love.*





Lord,

*Nothing is hidden from you
and still I try to hide. Lord
give me courage to allow
you to reveal the darkness
within me so it can be brought
into your healing light and
there I can be whole.*

Amen

